### MEETING FORMAT LEGEND

- AB: Ask-Basket
- BT: Basic Text
- C: Closed
- DISC: Discussion
- IW: It Works Study
- LIT: Literature Study
- NC: No Children
- OE: Open-Ended
- PPE: Masks Required
- SPK: Speaker
- STEP: Step
- TOP: Topic
- VM: Virtual Web Meeting
- WC: Wheelchair
- W: Women
- WC ♿: Wheelchair

### ADDITIONAL HELPLINES

- Bluegrass Appalacian KY Region: 859-625-3668
- Central Atlantic Region: 800-777-1515
- Chesapeake Midwest Region: 800-587-4232
- Ohio Region: 304-344-4442
- Tri-State Region: 818-773-9999

### PHONE NUMBERS

- 24 HOUR HELPLINE NUMBER: 1-800-766-4442
- RSC PO Box 2381 Morgantown, WV 26502

### What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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