

**MOUNTAINEER REGIONAL SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**

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**MRSCNA Minutes
July 11-12, 2015**

OFFICERS:

Chair: Erica P.

Vice-Chair: Kay M.

Secretary: Beverly R.

Treasurer: Hossai O.

Treasurer II: Candie B.

RSD/RD: Kristina C.

RSD/RD Alt: Brandon C.

SUBCOMMITTEE CHAIRS:

Convention: Sharon F.

Literature: Vacant

PR: Cooper B.

H&I: Joe B.

P&A: Kay M.

Finance: Candie B.

Phone Line: Barbara W.

Web Servant: Shayne M.

REGIONAL COMMITTEE MEMBERS:

NCASCNA: Trevor N.

Alt: Mike B.

AFASCNA: Butch D.

Alt: Destini W.

NANA: Greg Y.

Alt: Vacant

METRO ASR: Stacy B.

Alt ASR: Donn C.

MANA: Cooper B.

Alt: vacant

GTO: Tom M.

Alt: Miles C.

FANA: Ryan S.

Alt: Jimmy C.

UPANA: Matt K.

Alt: Chris Y.

JAFASCNA: Diane T.

Alt: vacant

GMANA: Barbara W.

Alt.: Pam T.

SCURA: Eric L.

Alt: Vacant

MRSCNA MINUTES
07/11/2015 – 07/12/2015

- Erica T. opened with prayer.
- Jimmy C. read Traditions
- Brandon C. read Concepts

Secretary's Report: Beverly R. read the minutes. Left out H&I report. Added. Approved.

Treasurer's Report: Erica P. gave report.

OLD BUSINESS

MOTION 04-15-01

MAKER: PR

MOTION: PR subcommittee requests up to \$1500 for the printing and placement of a billboard for four 4-week periods in Raleigh or Mercer County.

INTENT: Raise awareness of NA

RATIONALE: A lot of people will see it.

RESULT: Tabled to areas.

AREA REPORTS/RCM/ASR: Nine (9) areas represented.

GMANA:

The Greater Morgantown Area of Narcotics Anonymous, i.e. GMANA, says Hello. We have ten meetings and eight groups in our area. Our group formats range from pick a stick topic, Just for Today, open discussion, literature study, speaker and newcomer meeting. One of our groups had an addict from the Adolescent unit at Chestnut Ridge join their home group.

Miracles at Woodburn have moved to Chit Wood building for the summer due to renovations at Woodburn. They will move back in August, 2015. Old Bugaboos will be moving their Monday and Thursday meeting to a new place yet to be determined.

We had 8 anniversaries this past three months: 2 – 1 yr., 3 – 3yrs, 1 – 4 yr, 1 – 29 yr, and 1 - 34 yr. We extend our congratulation to our members for picking up their key tags and Keep Coming Back, We Need You. We also had "The Home Group" celebrate 26 yrs of service.

We have nominations for our 6th month service positions for Vice-Chair, Secretary, RCM-Alt and possibly Literature and Activities chairpersons.

Our area will possibly have an Area Picnic and one of our groups is planning a group picnic for August.

Subcommittees:

PR: We had a PR workshop where our regional PR chairperson shared his experience, strength and hope on doing PR work. There were approximately 8 – 10 addicts interested. We decided to have a flyer day on July 25th. We also discussed talking to billboard companies about cost of a digital billboard in Morgantown. We will be looking into health fairs, presentations to professionals and round table discussions in the community. PR will be putting Literature racks in our public library and possibly probation office.

H&I: Our DDU needs support.

Literature: We are planning a literature committee to be up and running by the first of the year. This committee will be taking orders from groups and selling our literature at our ASC. We decided to begin funding this committee with monies from our Spaghetti Dinner and will have a set aside in our treasury. We are very please to say our area is starting a "set aside" for regional donation. We have a donation today for \$100.00 due partially to the success of our spaghetti dinner.

We will be having our annual Area Inventory on July 25 from 2:30 to 4:30.

Thanks for letting us serve.

Pam T and Barbara W.

P.S. I would like to say this is my last Regional as RCM. I want to thank the Region for it support in making the transition smooth for our new area. I want to also thank the Region for begin the great entity it is. We do great work here. Love you all.

SCURA:

Hello again from SCURA. We are still carrying the message in southern WV. We have meetings in Madison, Man, Oceana, and Gilbert. We have 5 home groups and 9 meetings. We no longer have a meeting in McDowell County. We'd like to thank FANA for investigating this for us. We also are very appreciative of the donation of Basic Texts from Appalachian Foothills area. We had to cancel the picnic we were planning for September due to lack of participation. The Go To Any Lengths Group has a home group member celebrating 17 years on 08/20/2015. I think that's it.

Gratefully,

Eric L.

NCASCNA:

Greetings from the North Central Area. Over the last quarter our area has grown by one group. The "It Works if You Work It" Group meets Thursdays at 7pm at the Parrish Hall of St. Patrick's Catholic Church, 204 Furbee Ave, Mannington, WV 26582. This brings the total meetings in the NC Area to 15 meetings. All of our meetings are open, non-smoking, and wheelchair accessible.

Upcoming activities are as follows:

NCASCNA Annual Picnic

August 1, 2015 beginning at 11:00am with a speaker at
1:00pm, WaveTek Pool - East Marion Pavilion 4

35 City View Terrace, Fairmont, WV 26554

Freedom Through Surrender Annual Picnic
August 15, 2015 beginning 4pm, food 5pm, speaker 7pm
John Manchin Senior Helath Care Center
401 Guffey St, Fairmont, WV 26554

We currently have 3 H&I commitments:

1. Fairmont Regional Medical Center, Psychiatric Ward 2B in Fairmont, WV
Sundays at 6pm
2. Bob May's Recovery Center in Clarksburg, WV Thursdays at 7pm
3. Pruntytown Correctional Center, Pruntytown, WV at 7pm.

The panel leader for Pruntytown has failed to report on the status of the meeting for many months and a motion has recently been submitted for his removal. We have not yet made any decisions on the matter and no member has expressed any willingness to serve as a panel leader at this time. All other H&I meetings are going well.

The PI subcommittee has completed a phonline workshop on 6-13-15 and the updated information on volunteers has been submitted to the Regional Phonline vice-chair. Our PI Chair has provided addresses for PR mailings to the Rgional PR Chairperson.

Our Area has contributed (\$439.58) to the region.

In service,
Mike B.

GTOASCNA:

Greetings from GTO! Things are going well in our area. We currently have 24 homegroups in our area, most of which are actively participating in the service structure. We had one homegroup, WINA (Women In NA), close its doors since the last regional service.

We held elections for most of our service positions in June and welcome the opportunity to have a fresh batch of members be of service in our area.

As always, H&I is still going strong in GTO. We currently have panels at Pinecrest, Riverpark Adult, Riverpark Long-Term Adolescent, Riverpark Short-term adolescent, Western Regional Jail (females), St. Mary's, Lifehouse Farm, and Pressley Ridge. We have a total of 8 weekly H&I meetings and 1 monthly meeting. New officers and panel leaders were elected in June.

Our Activities subcommittee recently held our annual campout at East Lynn Lake in Wayne County. Despite some rough weather, the event was a great success. No other future functions have been planned as of yet. There is a possibility there we be a picnic before the next region. If so, there will likely be an event flyer posted to the area and regional websites.

Our PR subcommittee is actively reaching out to the community each month. A flyer day was held in June and another is planned for July 11, 2015.

Although new officers was elected in June, the subcommittee is still in need of members with the willingness to serve as Schedule Day Coordinator and Web Servant Alt.

Our new Policy Subcommittee is currently reviewing the ASC minutes from the last three years to look for situations that indicate where our policy may need to be revised. Due to lack of member attendance, the subcommittee meeting time has been changed to accommodate members who are interested in participating.

Grateful to be part of the Mountaineer Region,
Tom M, GTO RCM

MVASCNA:

Greetings from the Metro Area of Narcotics Anonymous. We continue to grow and carry the message to the still suffering addict with 11 home groups and 18 meetings per week. Our Area Service Committee has been full of newer members the past few months and we couldn't be happier.

Our H&I panels continue to meet weekly at Highland Hospital Detox Unit and Thomas Memorial Behavioral Health. We typically also meet biweekly at South Central Regional Jail and the Charleston Work Release Center, though, due to the Work Release Center changing locations recently, we haven't been able to go in for several weeks. We are looking into bringing an H&I presentation back to the Tiger Morton Juvenile Facility, but so far, this hasn't been confirmed.

Our PI subcommittee is now meeting separately from our Area Service Body and other subcommittees. Our most recent flyer day was held July 11, 2015 with addicts hanging flyers all over the Charleston Area. Public Information also now has an email account to conduct regular correspondence with newspapers, periodicals, etc.

Our Activities Committee recently held our annual picnic at Shawnee Park. There was plenty of food and fellowship and tons of fun with swimming, volleyball, and flag football. Be on the lookout for changes made to our activities this year for there has been talk of a complete revamp of several of them.

We have a \$100.00 donation to the Region.
Grateful to Serve, Stacy B. – Metro ASR

NANA:

Greetings from N.A.N.A. Our Area is well. We currently have 6 member groups with 4 of them active in the A.S.C. We held our annual campout over Memorial Day weekend. Attendance was a little light this year, but, thanks to the generous spirit of those present, the auction pretty much paid for the event and the potluck dinner on Sunday was abundant, interesting, and delicious. We had an H&I workshop that was interesting and informative. We tried a new format. It needs some work, but is off to a good start. During the planning stage, when we decided to have a pot-luck on Sunday, one member suggested that we ask people to "bring their best pot". We did NOT put that on the flyer. Our Area Picnic will be held on 7-26-15 at the Hurricane Wave Park. It starts at 12 Noon. We will eat around 12:30 and clean up at 6:00. Side dishes, desserts, and auction items would be appreciated. We'll be providing hamburgers and hot dogs.

We held elections in June. We elected Alisha P. as secretary, Rose G. as treasurer, and Greg Y. as R.C.M. Chair, Vice-Chair, and R.C.M.-Alt. Positions remain open. We have no donation at this time.

Yours in Service, Greg Y.

FANA:

Greetings from FANA! We currently have no new meetings but have maintained all the meetings on the present schedule.

The Beckley groups are having a flyer day on Saturday, July 18 @ 2:30 with support from other groups in area. Princeton & Bluefield groups are setting the dates for their immediate areas.

As far as Public Relations goes, Jimmy C has maintained contact with the 3 Television stations and our PSA's continue to be aired. He has also been in recent contact with Lamar Billboards and we have all the information needed to bring to the PR subcommittee.

Our area picnic has been scheduled for Saturday August 29th, starting about 11am at Pipestem State Park. In lieu of a speaker meeting, we will be having a gratitude meeting and other activities following lunch. We will send flyer to the web servant.

Grateful to serve,
Ryan S. RCM
Jimmy C. RCM Alt.

MANA:

We are very excited about our upcoming camp out. We are starting on Wednesday for the first time, and we'll open discussion meetings the first two nights. On Friday night we will have our official welcome meeting and have a speaker on Saturday night. The Regional Phoneline chair has agreed to do a workshop on Saturday afternoon, and there will be tye-dyeing. The always delicious pot luck dinner is Saturday evening. Hope to see everyone there. We have no donation this quarter. We continue to take an H&I meeting into the Anthony Correctional Center and continue to hold joint ASC meetings with FANA to share services.
Cooper

AFASCNA:

Dear Family,

Greetings from Appyland... The Appalachian Foothills Area Service Committee is alive and well in the Mid Ohio Valley. We currently have 8 home groups and 14 meetings a week. There is a new meeting in Harrisville, WV on Mondays at 7pm at the Ritchie County Public Library. The Phoenix Recovery Group has recently closed its Saturday night meeting, it may be possible to reopen at a later date.

We recently hosted our annual 4th of July Freedom Day Blast at Mountwood Park, which was again a huge success and well attended. Thank you to those that

came out to support us and hear a powerful message delivered by Nick L, from the GTO Area. The We All Belong Group also hosted its annual Grateful Olympics at City Park in Parkersburg, WV on June 14th.

We have recently collapsed our subcommittees into one Local Service Board, in hopes to get newer members interested in service and to spread the work out equally among all members. So far it has worked out extremely well! The recently formed LSB have been busy with all kinds of planning for future events. We formed an ad hoc committee who met to restructure policy.

We have a few members celebrating anniversaries this month, Stephanie B will be celebrating 1 year at the Phoenix Recovery Group, and Emily J. will be celebrating 1 year at Right to live. Last night an addict named Barb M celebrated 38years at Friday Night Freedom.

The Area will also be hosting its annual Fall Campout at Forked Run State Park September 18th-20th. Plans are also in motion for a Service Learning Day in the fall as well. More will be revealed.

We have no needs at this time.

In Loving Service,
Butch D.

UPANA: Absent.

JAFASCNA: Absent.

Open Sharing Session:

GMANA again asked for direction regarding an issue of using/selling drugs at one of our meetings. A therapist from Chestnut Ridge Hospital approached a member and asked what to do about it because the clients at the hospital didn't know who to talk to. This was brought to the RSC for input.

We had some basic training on consensus-based decision making. Thanks everyone who participated.

Area Motion:

MOTION: 07-15-03

MAKER: NANA

MOTION: We move to change the date of the spring convention to the first weekend in May.

INTENT: To leave time between the convention and the areas' summer activities, so we don't overtax the often limited financial resources and available leisure time of our members.

RATIONALE: We discussed with members from 4 areas the idea of moving our campout a later weekend. It was pointed out that it would only crowd the next activity.

RESULT: Referred to convention subcommittee.

SUBCOMMITTEE REPORTS:

Combined PR/Phone line/H&I/ Web Servant Subcommittee report:

We opened with a prayer and heard the Webservant's report and then went into Phoneline and H&I. See reports from those trusted servants. We developed a policy regarding non-affiliated meetings and sent a motion to new business. We decided we were not ready to develop a policy for areas that had not attended RSC for more than two quarters regarding listing their meetings on the regional schedules. A member volunteered to reach out to an area that has been absent for some time. The dvd's have been distributed to tv stations in the region with mixed results. AFA needs something to prove we have the rights to the information on the dvd's because the tv station wouldn't accept it without it. We suggested getting a copy of the FIPT. Another tv station wanted HD dvd's. We are looking into it. Some stations are playing them, and we highly recommend that each area continue to check back with every station that has one because many organizations submit psa's and stations aren't always good about playing them all. We had an update on getting a billboard in Raleigh Co. We can have one printed and put up for 24 weeks for \$1500. We requested that our motion from last time be voted on in new business. The committee was in favor of it. A member has requested a PR presentation for the Governor's Task Force on Substance Abuse and contacted that body by email. We are awaiting a response. We held elections, and the first time that I am aware of we have chairs and vice chairs for Phoneline, H&I, and PR. Jim C is the PR vice chair, and I will continue as chair for at least two more quarters. We will have a work group at the MANA camp out Sunday morning at 10am regarding the inventory/.structure/.policy of PR, Phoneline, H&I, and the Webservant. Everyone is welcome. We will discuss the NAWS database and radio psa's next time.

Your servant, Cooper

Phoneline: This quarter I have a report. Thanks to the support of Mike B., Brandon C. and Kristyn G. who walked me through an understanding of OneBox. Since our last quarter, names have been entered into the excel sheet for UPANA and Metro Areas. If any other areas have names to be listed, please give them to me before the end of the RSC or e-mail them to me at bewhite@hughes.net. If you gave me a list of names from your area and I did not enter the names, please remind me again and/or give me the names again via RSC or e-mail.

I had one addict who had been on the rotation for phone calls let me know that he had not been receiving any. When I checked the rotation list, I found that he had been taken off. He is now put back into the rotation. If other addicts are experiencing this problem, please let me know.

I am handing out a list of names for phone line. Please check the names and let me know who needs to be added and who needs to be taken off. If an addict relapses, please let the phone line chairperson know so that addicts name can be taken off the phone line call list.

It is in Phone line policy that addicts on the call list have at least one training a year. I see that many addicts have not been trained for two or more years.

Does this policy need to be changed? I propose that we let the addicts on the phone line call list be aware of policy regarding phone line training. I am asking for experience strength and hope in this area of training, etc.

Policy also reads that addicts who are on the phone line list have a working knowledge of the Twelve Steps and Traditions of NA. What does this mean? I propose that addicts who are on the phone line have a sponsor and a home group, are working with said sponsor in attaining a working knowledge of the Twelve Steps and Twelve Traditions of NA and have at least one year clean. I don't think we do anyone any good especially NA in letting an addict answer phone calls for NA who are not willing to participate in the process of recovery. Warm bodies and long lists do not make a phone line.

Thank you for letting me serve.

Barbara W.

Web Report

Nothing much to report this quarter. All is well with the web page. Doing the usual a few meeting changes and the activities page.

Shayne M Web Servant

H&I

We have been busy with the efforts to insure that an addict that contacted us will have access to literature. Of course you all know that we received a letter from a federal camp for men and they had requested a start –up kit in order to have a meeting. This sub-committee approved \$50 for that need. We have sent that amount of literature along with four (4) [Basic Text](#) to the facility in which we received the request. We also provided a guide for institutional meetings and we sent this literature to the person that would be able to put this literature into the library so that all the inmates at this site will have access to it. We felt the need to reach out to the institution as a whole as to one individuals request. We also will keep in mind the need for [Basic Text](#) at the camps that are connected to the FCI s with the Federal Bureau of Prisons.

In Loving Service,

Joe B. H&I chairperson

Convention Subcommittee:

We met a little late after dinner. We discussed the advantages and disadvantages of moving the Convention to the first week of May instead of the third week of May. This discussion will continue in Policy Sub-Committee. We also discussed the issue of trying to transmit the Friday and Saturday speakers from the Dining Hall to Assembly Hall. Right now we are violating Fire Codes. After a little discussion we decided to have 2 extra speakers on Friday and Saturday Nights. An extra Speaker on Sunday was discussed but would cause additional problems with set up and takedown. As of right now we have two additional speakers and will see if a Sunday speaker will even be necessary.

We voted on and approved the following speakers for the Fall Convention:

Friday Assembly Hall Kristina R. from Huntington WV

Friday Dining Hall Sharon F. from Bluefield WV

Saturday Assembly Hall Betsy R. Cuyahoga Falls OH
Saturday Dining Hall Alice C. Bainbridge PA
Sunday Assembly Hall Jeff E. Cincinnati OH

We also have two Alternates:
Cooper B. Lewisburg WV
Natasha S. Columbus OH

We also discussed Name Badges with Lanyards. Kristina C. will be looking further into prices and options.

The name of the Spring Convention will be All Will Be Well. I'm hoping we can get some good artwork for that.

We discussed topics for the discussion meetings for the fall and due to a late start we decided to use the same topics we used for the Spring Convention.

Money Motions are as follows:

Refreshments \$700.00

Merchandise \$7000.00

Registration \$500.00

Audio \$200.00

We also elected new Officers

Allen L Chair

Joe B withdrew his nomination for Vice Chair

Greg Y. Vice-Chair

Registration: Kristina C

Registration Vice: Destini W.

Refreshment: Brittany

Ref Vice: Wes R.

Audio Chair: Kevin

Audio Vice: Jason N

Merchandise : Beverly R

Merchandise Vice Sarah P.

Sorry to be a little late.

Allen L. Convention Chair

Audio Report for Convention subcommittee:

We had a great time with the new piece of equipment that was provided through the approval of \$100 for the new recorder. We also received a new piece of equipment through the donation of one of our members who wished to remain anonymous. Both of these recorders will hopefully bring us into the new millennium or at least a little more tech friendly. We have every bit of faith that the new Chairperson will figure it all out. We also were able to obtain another \$100 dollars in

CD's and we sold well over 200 at the event. As usual we are trying to do more each time we come together. I am sincerely grateful for the last two years of service in this position and will be available in any capacity that I can in order to better serve this body.

Sunday 07/12/2015 – 9 RCM/ASRs present

Discussed area motion 07-15-03 as it was inadvertently left out in convention subcommittee. Sent to new business.

RD/RDA Report:

Since we last met in April the Delegate team has participated in our Regional Convention as well as two conference calls with the Autonomy Zonal Forum. The Regional Forum was fairly well attended with about 16 active participants. We discussed the history of Zones in NA and the roles they currently play. We then had our participants break up into groups in order for them to fill out a worksheet to assist us in gathering information about how participating members see the future role of Zones in NA. It was a very productive workshop and it seemed like our participants were very interested and enthusiastic. All gathered information was forwarded to NAWS.

For this Spring Convention we decided to try something new and to host a workshop in addition to the Regional Forum in order to utilize the training and information we have received at various services conferences in the past year. We decided to have a workshop on "Welcoming All Members." Only a few people showed up during the allotted time and we spent some one-on-one time with those members to show them how they can do this IDT with their homegroups and gave them materials to do so. We are not sure that we will do this again in the Fall as it was a trial thing this time and there did not seem to be much interest. Something we have discussed between the two of us is perhaps utilizing the Regional Forum time to do these workshops in the non-CAR/Conference years.

There were two conference calls with the AZF since our last RSC. The first one did not really go as planned as we were trying out some new technology via the internet/computer. We ended up spending most of our time working out the bugs and deciding if this was something we wanted to try to utilize in the future. The second conference call had to do with discussing a secretary position within the AZF. Several participants, including us, submitted proposals for the expectations and qualifications of an AZF secretary. The group was able to come to a consensus about what the position will look like, but were unable to come to a consensus about whether or not this will be a completely volunteer position with absolutely no travel reimbursement or if we will find a way to reimburse the person for travel expenses. This will be discussed at a later date and we would love to hear your input. Here is the current information on the position:

The secretary:

- will prepare the minutes of the AZF and distribute them electronically within two weeks of the meeting.
- will maintain and update the AZF contact list

- Send to every person on our contact list an electronic version of the minutes within two weeks following the meeting/teleconference.
- will send an approved copy of the January and July AZF minutes which include the teleconference minutes to NAWA within four weeks.
- will maintain and update AZF archives.
- will record accurate minutes using the template provided.
- will include all written submissions to the meeting such as reports.

Qualifications

- All candidates should have the following:
- A working knowledge of the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous
- Willingness to serve
- Willingness to give time and resources necessary to fulfill duties required
- Previous Zonal participation (may be waived)
- will have a minimum of 5 years clean time
- shall be elected every two years. The commitment may not be held for more than 2 consecutive terms

The Traditions Book Project is still ongoing. The material for Traditions 7-10 is ready for review and input until August 31st and the material for Traditions 11 & 12 is ready for review and input through September 30th.

We will be attending the July Zonal Forum on July 25th in the Eastern PA Region.

In Loving Service:
 Kristina C., RD
 Brandon C., AD

P&A Subcommittee:

Old Business:

- Barb will put together a packet for newcomers in response to the inventory goal of improving mentoring to newcomers to RSC.
- The RSC Vice Chair will write a draft addendum to RSC Policy reflecting the decision to have the secretary's new responsibility for filling and providing the packet of information to newcomers (appended to minutes)
- The RSC Vice Chair will write a draft addendum to RSC Policy adding "introductions" to the order of the day (appended to minutes)
- Cooper will get a blown up copy of the CBDM flow chart and ask for reimbursement next quarter
- There was mixed reaction to the question to newcomers about how welcoming we were this weekend.
- We successfully completed the training in CBDM during the July meeting; policy change recommendation: add this to the order of the day for every July. (appended to minutes)

New Business:

Policy change recommendation: The P&A Subcommittee Chair will be responsible for writing draft addendums for all policy changes recommended by the P&A committee; these addendums will be presented to the RSC for approval in New Business throughout the year, and incorporated into the Regional Policy each July. (draft addendum appended to minutes)

Inventory – It was agreed by the committee that the Inventory Goals relating to the RSC as a whole and the officers of the RSC would be reviewed and acted upon in the P&A Committee.

- RSC Relationship with Areas/Groups Goals
 - Better explaining what we do and the good things we do
 - 2 conventions a year
 - Bill boards
 - Ship literature to areas and groups
 - PSCs
 - Fund delegates to World Service Conference, Zonal meetings, and other events which are necessary in the execution of their Regional Delegate duties.
 - We are transparent in our decision making; our committee and subcommittees are open and anyone can vote in subcommittees
 - Regional minutes are distributed to each area
 - We offer financial and guiding support to areas and groups
 - Strategies to attract new people to RSC
 - When reporting on regional business, give only enough info to raise questions among area and group members; don't bore them with tedium.
 - Be nice to each other
 - Continue to support the areas and groups financially and through mentoring
 - Place a poster on an easel at conventions showing where the money goes – perhaps a pie chart.
 - Perhaps add this to treasurer's duties when we get to Treasurer inventory
 - Make an announcement at the welcome meeting or other opportunities explaining where the poster is and what it represents
- RSC Relationship with zone and NAWs goals
 - Making the connection between what happens on these levels of service and/or RSC, ASC, groups, and individual members
 - The poster showing where the money goes (mentioned in the previous inventory item) will accomplish some of this.

- There was less support for holding a service learning workshop (outside of convention) than there was during the inventory process.
- Information flow – sharing of minutes is important, but sponsorship is the key; if each RSC member shares with their sponsees and their sponsor about our Zone and NAWS, we will inform, literally, hundreds of recovering addicts in MRSCNA.

RSC Positions

- Regional Chair Goals
 - Attend all RSC functions
 - Change policy to reflect that the Regional Chair is expected to attend all 4 quarterly meetings of the RSC and the March bi-annual alternating CAR/Inventory meeting
 - RSC Vice Chair will submit a policy addendum at the next P&A committee meeting for approval (appended to minutes)
 - Better facilitation
 - Change policy to reflect that the Chair position is a 2 year commitment
 - RSC Vice Chair will submit an policy addendum at the next P&A committee meeting for approval (appended to minutes)

When time ran out, the committee decided to start with the next goal (Regional Vice Chair) next region in October.

Submitted by:
Kay McCoy, Committee Chair

Finance Subcommittee:

23,266.49 Beginning Balance 7/12/15
 23,266.49
-2,500.00 Prudent Reserve
 20,766.49

Area Donations

100.00	Metro	Donation
66.00	Metro	Schedules
439.58	North Central	Donation
23.00	North Central	Schedules
100.00	(Barbra)	Donation
<u>30.00</u>	<u>GTO</u>	<u>Donation</u>
758.58	Total	

20,766.49
 + 758.58
 21,525.07

	21,525.07	
–	249.00	Secretary and Ink Expense
–	8400.00	Motions (Convention)
–	1500.00	Bill Board
–	778.80	RD Expense
–	235.76	Name-tags/Banners
–	400.00	Onebox/Frontier
–	1941.71	Cedar Lakes (last springs convention)
–	778.80	RD Expense
–	<u>1250.00</u>	<u>NAWS Donation</u>
	5,991.00	

Literature Subcommittee: Inactive

NEW BUSINESS

MOTION 04-15-01

MAKER: PR

MOTION: PR subcommittee requests up to \$1500 for the printing and placement of a billboard for four 4-week periods in Raleigh or Mercer County.

INTENT: Raise awareness of NA

RATIONALE: A lot of people will see it.

RESULT: Passed.

MOTION 07-15-01

MAKER: PR

MOTION: Strike paragraph 3, section II- Membership page 2 and add to policy: Meetings not affiliated with areas are encouraged to contact the nearest area service committee or RSC directly on a quarterly basis so that phone line and meeting schedules can be updated.

INTENT: Clarify policy

RATIONALE:

RESULT: Carried by consensus

MOTION 07-15-02

MAKER: Convention

MOTION: Money motion to put on fall convention.

Audio: \$200

Registration: \$500

Merchandise: \$7000

Refreshments: \$700

INTENT: To put on the convention.

RATIONALE:

RESULT: Carried by consensus.

MOTION: 07-15-03

MAKER: NANA

MOTION: We move to change the date of the spring convention to the first weekend in May.

INTENT: To leave time between the convention and the areas' summer activities, so we don't overtax the often limited financial resources and available leisure time of our members.

RATIONALE: We discussed with members from 4 areas the idea of moving our campout a later weekend. It was pointed out that it would only crowd the next activity.

RESULT: Carried by consensus.

MOTION 07-15-04

MAKER: Finance

MOTION: NAWS donation of \$1250.00

INTENT:

RATIONALE:

RESULT: Carried by consensus.

ELECTIONS:

Chair – Kay M.

V. Chair – Nick L.

Secretary – Beverly R.

Treasurer I – Candie B.

Treasure II – Krystin G.

NAWS DONATION: \$1250

NEXT REGIONAL SERVICE: 10/03-10/04/2015

Open forum.

Closed with prayer.

Gratefully submitted,

Beverly R. Secretary

FIRST QUARTER AGENDA

It is strongly suggested that all RCMs and Subcommittee Chairpersons attend all of the subcommittee meetings during RSC.

ORDER OF THE DAY

10/03/2015 – 10/04/2015

Opening at Noon

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Introductions

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report
Old Business
Area Reports
Open Sharing Session
New Area Motions/Proposals
Sub-committees
Convention Sub-Committee
PR Subcommittee
 Phoneline
 H&I
 PR

****Will break from 5-6:30 p.m. for dinner and then resume subcommittees.***

6:30 PM

Resume PR subcommittee if needed
P&A subcommittee if time permits

The subcommittees may continue into Sunday if needed.

REOPEN AT 9 A.M. SUNDAY, 10/04/2015

Representative Report:

1. Regional Delegate (RD).
2. Regional Delegate Alternate (RD-Alt.)

Sub-committees

 P&A (if not held Saturday evening)

 Finance

New Business

NAWS Donation

Set Agenda for Next RSC Meeting

Open Forum

Announcements

Closing Prayer

Treasurer's Report

4/1/15-7/1/15

*updated information added to original report

(Expenses)		(Beginning Balance	4751.95)
7-Apr	Frontier	94.74	
13-Apr	mailings/copies	164.35	
13-Apr	schedules	405.00	
13-Apr	RD supplies/expenses	67.84	
13-Apr	Secretary expenses	200.00	
13-Apr	audio/recording device/H&I	250.00	
21-Apr	service charge (Bank fee)	4.00	
21-Apr	Secretary expenses	200.00	(marked twice only happened once)
29-Apr	convention supplies	100.00	
1-May	Onebox	79.95	
4-May	bracelents (convention)	457.50	
4-May	PR literature and copies	71.44	
8-May	Frontier	95.19	
13-May	refreshments	700.00	
14-May	Glenn's(convention merchandise)	5279.95	
15-May	Paypal	4.95	
15-May	mailroom	285.50	
15-May	convention/basic texts	120.00	
20-May	convention/literature	103.25	
21-May	NAWS donation	1250.00	

(Deposits)

11-Apr	Freedom Area	150.00
11-Apr	Lewisburg Group -MANA	400.00
11-Apr	Metro Area	300.00
11-Apr	North Central Area	585.70
11-Apr	NANAANA	150.00
11-Apr	schedules	97.88
18-Apr	deposit-convention	16545.00

New Balance as of 6/1/15

23,266.49

**April 2015 ADDENDUM TO THE
MOUNTAINEER REGIONAL SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS
STATEMENT OF POLICY AND PROCEDURE (April 2, 2014)**

To modify:

Section III, B. Meeting Format.

1. Meetings shall be conducted by the following format:
 - a. Opening
 - b. Reading of the Twelve Traditions of NA
 - c. Reading of the Twelve Concepts for NA Service
 - d. Introductions
 - e. Secretary's Report (Reading of the Minutes from preceding RSC)
 - f. Treasurer I Report
 - g. Old Business
 - h. Area Reports
 - i. Open sharing session ("Consensus-Based Decision Making" training each July)
 - j. New Area Motions/Proposals
 - k. Subcommittee Business
 - l. Representative Report
 1. Regional Delegate (RD)
 2. Regional Delegate Alternate (RD-Alt.)
 - m. Subcommittee business (if needed)
 - n. Finance
 - o. New Business
 - p. NAWS Donation
 - q. Set Agenda for Next RSC Meeting
 - r. Open Forum
 - s. Announcements
 - t. Closing Prayer

Add to:

SECTION VI: TRUSTED SERVANTS, C. Secretary

The Secretary shall maintain and distribute to newcomers the RSC Introductory Packet.

**July 2015 ADDENDUM TO THE
MOUNTAINEER REGIONAL SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS
STATEMENT OF POLICY AND PROCEDURE (April 2, 2014)**

Add to:

SECTION VII: SUBCOMMITTEES, A. Policy and Administration (P&A)

The subcommittee chair will be responsible for writing draft addendums for all policy changes recommended by the P&A committee; these addendums will be presented to the RSC for approval in New Business throughout the year, and incorporated into the Regional Policy each July.

Add to:

SECTION VI: TRUSTED SERVANTS, A. Chairperson

(at the beginning of the paragraph)

The Chairperson is expected to serve a term of two years.

(at the end of the paragraph)

The Regional Chairperson is expected to attend all 4 quarterly meetings of the RSC and the March bi-annually alternating CAR/Inventory meeting.

Add to: