

**MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS**

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**MRSCNA Minutes  
October 3-4, 2015**

**OFFICERS:**

Chair: Kay M.

Vice-Chair: Eric L.

Secretary: Beverly R.

Treasurer: Candie B.

Treasurer II: Kristyn G.

RSD/RD: Kristina C.

RSD/RD Alt: Brandon C.

**SUBCOMMITTEE CHAIRS:**

Convention: Sharon F.

Literature: Vacant

PR: Cooper B.

H&I: Joe B.

P&A: Kay M.

Finance: Candie B.

Phone Line: Barbara W.

Web Servant: Shayne M.

**REGIONAL COMMITTEE MEMBERS:**

NCASCNA: Trevor N.

Alt: Mike B.

AFASCNA: Destini W.

Alt: Butch D.

NANA: Greg Y.

Alt: Vacant

METRO ASR: Stacy B.

Alt ASR: Donn C.

MANA: Cooper B.

Alt: vacant

GTO: Tom M.

Alt: Miles C.

FANA: Ryan S.

Alt: Jimmy C.

UPANA: Matt K.

Alt: Chris Y.

JAFASCNA: Diane T.

Alt: vacant

GMANA: Pam T.

Alt.: Anant V.

SCURA: Eric L.

Alt: Vacant

Those in attendance to the MRSCNA meeting for 07/11/2015 – 07/12/2015

Shayne M. - Web servant,	Chair
Allen L. – Convention vice chair	Tom M. – GTO RCM
Ryan S. – RCM Alt., FANA	Chris B. -- RCM Alt.
Joe B. – ASR, Metro, H&I Vice-Chair	Stephanie F. – Member
Kay M. –Chair	Jimmy C. – FANA RCM alt.
Cooper B. – MANA RCM, PR Chair	Kristyn G. – Treasurer II
Butch D. – RCM, AFASCNA	Greg Y. – NANA RCM
Brandon C. – RD Alt.	Denise S. – Member
Kristina C. -- RD	Emily H. – Member
Eric L. – RCM SCURNA	Jason N. -- Member
Barbara W. – Phoneline Chair	Donn C. – Metro RCM alt.
Beverly R. – Secretary	Brad W. -- Member
Destini W. – AFASCNA RCM	Alisha P. -- Member
Nick L. – Vice Chair	Pam T. – GMANA RCM
Michael B. – Registration chair	Sarah P. – Merchandise vice chair
Candie B. – Treasurer	Kevin E. – Member
Brittany O. – Convention Refreshment	Stacy B. – Metro RCM

**MRSCNA MINUTES**

10/03/2015 – 10/04/2015

- Kay M. opened with prayer.
- Butch D. read Traditions
- Eric L. read Concepts

**Secretary’s Report:** Beverly R. read the minutes. Approved.

**Open Sharing Session:** Barbara W. brought up that UPANA is struggling. What can be done to help? Discussion followed.

**Treasurer’s Report:**

Treasurer's Report	7/1/15-10/4/15	
(Expenses)		(Begining Balance 23,266.49)
1-Jul	Onebox	79.95
8-Jul	Frontier	88.16
13-Jul	Secretary Expense	249.00
13-Jul	Cedar Lakes	1941.71
13-Jul	RD Expense	778.80
13-Jul	Name tags/banners	235.76
15-Jul	Paypal	4.95

16-Jul	GoDaddy		10.38	
21-Jul	Service Charge		4.00	
23-Jul	Mailroom (printing meeting schedules)		400.00	
31-Jul	Onebox		79.95	
(Deposits)	7-Jul	Deposit	758.58	
(Expenses)				
7-Aug	Frontier		83.09	
14-Aug	Champion Industries (Mugs)		741.41	
17-Aug	Paypal		4.95	
20-Aug	BillBoard		900.00	
20-Aug	BillBoard		200.00	
21-Aug	Service Charge		4.00	
24-Aug	Naws Donation		1250.00	
31-Aug	Onebox		79.95	
(Expenses)				
9-Sep	Frontier		88.21	
15-Sep	Paypal		4.95	
21-Sep	Service		4.00	
(Deposits)	22-Sep	Deposit	100.00	
Bank Balance as of 9/30/15			16716.31	(books
show 343.65 more than bank balance)				
2-Oct	Literature		225.00	
2-Oct	Onebox		79.95	
4-Oct	Secretary Exp. and Bags		240.00	
4-Oct	CD Recorder		250.00	
4-Oct	Registration		500.00	
4-Oct	Audio Equipment		200.00	
4-Oct	Refreshments		700.00	
4-Oct	Commercial Ins.		3031.95	
	Approved expenses not spent yet		7900.00	
(Deposits)	4-Oct	NC meeting list	23.00	
	4-Oct	GTO meeting lists	13.75	
	4-Oct	Metro meeting lists	66.00	
	4-Oct	FNRGNA donation for ins.	50.00	
	4-Oct	FANA/MANA	100.00	
	4-Oct	Metro	180.00	
	4-Oct	AFASCNA	150.00	
	4-Oct	Lewisburg Group	500.00	
	4-Oct	NC	556.19	
	4-Oct	JFT Group	15.00	
	4-Oct	GMANA	80.00	
	4-Oct	Go to any lengths group	20.00	
	Total		1753.94	
New Balance as of 10/4/15			\$5343.35	
Onebox	319.80			
Frontier	259.46			
Paypal	14.85			

BB&T	12.00	
GoDaddy	10.38	
Mailroom	400.00	
Cedar Lakes	1941.71	
Nametags	235.76	
Billboard	1100.00	*200.00 Credit
Champion Ind	741.41	
Literature	205.00	
RD Exp	778.80	
Sec Exp	249.00	
Merchandise	7900.00	Approved expense not yet spent

It was discussed during the report how to come up with an easier way to report Treasure's Report. Treasurer I and II are working together to create a template that the group has been requesting. A few members have offered assistance and we are hoping to implement it in January. Thanks to everyone for you input and patience.

Treasurer has requested an audit be done at the upcoming convention. The bank's balance and the register has different totals. The treasurer believes that it is a simple error in recording.

Nothing new to report for the tax status.

The signature cards will hopefully be up dated and new bank cards will be issued. OneBox has reported that the card on file has expired. Treasurer I used her personal credit card to pay Oct. as they are not able to withdraw the amount from the checking account and must have a card on file. When the new card is issued the information will be updated with OneBox.

Thank You, Candie B

**Area Motion:**

**MOTION: 15-10-01**

**MAKER:** NANA

**MOTION:** To pay the former convention photographer \$100.00 for showing up and include a letter from the Mountaineer Region thanking him for his years of service and informing him that we will contact him if we need his services in the future.

**AMENDMENT:** \$225 (For 22, against 3, 1 abstention)

**INTENT:** To end a long-standing business relationship in an appropriate fashion.

**RESULT:** Referred to Finance. Passed in Finance and sent to New Business by consensus.

**MOTION: 15-10-02**

**MAKER:** NANA

**MOTION:** To not require badges for admission to any meetings or other convention functions.

**INTENT:** To maintain the open, welcoming atmosphere of our convention which, along with the facility itself, is why it's so popular.

**RATIONALE:** We have probably already solved the problem (over-crowded meetings) that the badge requirement addresses.

**RESULT:** WITHDRAWN BY THE MAKER

**OLD BUSINESS – None**

**AREA REPORTS/RCM/ASR:** Nine (9) areas represented.

**GMANA:**

Greetings from GMANA!

We have had a busy few months. For a new area, this is a good thing. We have 10 meetings every week and 8 home groups. Meeting formats vary. The Old Bugabbos group is now meeting at Wesley United Methodist Church at the top of High Street.

Miracles at Woodburn are now back at Woodburn Hall on the WVU campus. The meeting is now in Room 102.

Our elections for the 6 month positions are as follows; Vice Chair is Joey F. Secretary is Andrew C. RCM-Alt is Anant V. One new position was created for an activities chair, Erik K. The literature chair has been postponed until the next election cycle.

PR had a meeting at Rock Forge on Sept. 13th and they are actively working on putting together a flyer day together for October 24<sup>th</sup>. There is a planning day for the Flyer day on October 11<sup>th</sup> at 5 PM at Rock Forge. On October 24<sup>th</sup> everyone will meet at Forest Ave at 12 PM.

H&I: Our DDU needs support.

Despite the fact that the "set-aside" for a regional donation was voted down, We have an 80.00 donation today.

Our Area picnic was a success. We have some meet at an event activities coming up. On October 10th we are going to Richs Fright Farm. For information on this event, contact Erik K. at 304-290-5505.

On October 17<sup>th</sup> we are going to participate in the annual Zombie Walk in Morgantown. For information on this event, contact Candy C. at 304-685-8633. We had 2- 4year anniversaries in September and 1- 19 year anniversary in September. In October we have 2- 3year and 1-1year anniversaries.

We have postponed the Area Inventory. Since we are a new area, we are sure that improvements can always be made. We are waiting until the RCM and RCM Alt. have participated in one so that we will have clear direction.

Thank you for letting us serve,  
Pam T. and Anant V.

**AFASCNA:**

All is alive and well in the Appalachian Foothills. We currently have 8 home groups with 14 meetings a week.

We've had some pretty significant changes in the last few months with our transition from Subcommittees to the Local Service Board. This transition has been flawless and has exceeded anyone's expectations we had when we began this process. It has reduced the responsibility and work on just a few certain members, also prompting participation from newer members. It seems to be a good way to give those interested in getting involved in service a good starting point without taking on the responsibility of a chair position, and they seem to be more excited about being of service.

We recently had our second event as a Local Service Board, our Annual Fall Campout, which was a huge success, and went off without a hitch. We had more attendance and participation than in years past. We are in the process of planning a Service Learning day in November, focusing on service at the home group, LSB, and Area levels. In hopes to educated and get more newcomers involved.

We still have our H&I commitment at the Camden Clark Behavioral Health Unit, and recently had an H&I workshop so are now able to bring more members into that facility. Our LSB has been in contact with Lori Yeager Juvenile Detention Center, an employee reached out to a member wanting a meeting brought into their facility. There has been a rack placed in the facility already and one of our home groups donated some books so the inmates could have some literature. We've had some members submit the paper work for the background check and are just waiting to hear back about who is cleared to enter, before setting a meeting day and time.

We have no needs at this time.

In Loving Service,  
Destini W.

**SCURA:**

Hello again from the Southern Coalfields Unlimited Recovery Area. We continue to carry the message to the addicts in Southern WV. We have 6 home groups and 10 meetings with 3 in Madison (2 at the Boone County DRC and 1 at the New Harvest Church of the Nazarene), 3 at different locations in Gilbert, 2 in Man at Bruce McDonald Methodist, 1 at the Ocean Public Library, and our newest group at 411 Prichard Street in Williamson, WV. We have no material needs from the Region, but we could really use the support of experienced members as half of our home groups are really small and the other half are a rotation of newcomers. We are a small group of members spread out over a very large area. We are very grateful for all you have done. We were contacted by Metro ASC about restarting our campout but I have no more information on that at this time.

Grateful to serve,  
Eric L. – RCM.

**FANA:**

Greetings from FANA!

Currently we have all meetings open and no changes. At this time Summersville non affiliated meeting is still open as well. We are still partnering with MANA at our asc to increase our service efforts. We held our annual area picnic at Pipestem on August 29. It was well attended and a good time was had by all.

The billboard has been located on Robert C Byrd drive do to due to the unavailability of the location on the interstate. We feel that this has been a blessing because the current location is a heavily traveled area next to rite aid, restaurants, and the plaza mall. It was also used as a backdrop for a news story about drug addiction and we have had a lot of people comment they have viewed it. We held a successful flyer day n the Beckley area.

Grateful to serve,  
Ryan S & Jimmy C

**MVASCNA:**

Greetings from the Metro Area of Narcotics Anonymous. We continue to grow and carry the message to the still suffering addict with 10 home groups and 17 meetings per week.

Our H&I panels continue to meet weekly at Highland Hospital Detox Unit and Thomas Memorial Behavioral Health. We typically also meet biweekly at South Central Regional Jail We and are still looking into bringing an H&I presentation back to the Tiger Morton Juvenile Facility. The H&I panel for Charleston Work Release has not met in some time.

Our PI Subcommittee has been working with local radio stations to get PSAs on the air. We are also continuing to place meeting info in newspapers. We have posters circulating in the area. We currently have one at the Day Report Center and one will be going up at the parole office next month. We will be holding a flyer day on November 14<sup>th</sup> at 1PM.

Our Activities Committee is hard at work planning a totally revamped New Year's Eve function. We have decided to do away with our annual Service and Spaghetti and Chili Cook-off activities and are working on coming up with some brand new functions.

We've been having a great time at our flag football events hosted by one of our home groups, with between 25-35 addicts playing, spectating or refereeing or helping out in some other way. We still have two games left this season.

We have a \$180.00 donation to the Region.  
Grateful to Serve, Donn C. – Metro ASR Alt.

**GTOASCNA:**

Greetings Mountaineer Region!

All is well in our area. We currently have 27 homegroups! We are continuing to grow not only in numbers, but geographically as well.

Recently, there was a fire at a facility that was home to two of our groups. Both groups have since found new locations, so if anyone is planning to attend the Wednesday night Trust The Process meetings or the Saturday night Progress Not Perfection meeting, please refer to the schedule for the locations of the new facilities.

Our H&I Subcommittee recently closed the meetings at Pressley Ridge, a juvenile behavioral health center, due to repeated distractions and the consistent lack of interest shown by the clients. The subcommittee is currently discussing potential facilities to replace the meetings at Pressley Ridge. We are also currently seeking members who are able and willing to help NANA with the meeting at Western Regional Jail in Barboursville.

Our area recently created a Policy Subcommittee, which is currently researching our policy to search for ways it can be improved.

Our PR Subcommittee is consistently carrying out functions, such as Flyer Days and Schedule Days, and is also currently working on a set of specific guidelines for which to follow in regard to future PR endeavors.

Our most recent activity was our picnic held at the Barnett Center. It was a great success. Thank you to all who attended and served. Our next event will be our annual Halloween Extravaganza on Saturday, 10/17/15 at the Barnett Center. We will hold a chili cook-off, dance, bonfire, and costume contests. The fun starts at 5pm.

Thank you for allowing me to serve,  
Tom M, GTO RCM

**NANA:** Greg Y. gave verbal report.

**NCASCNA:**

Our meetings are going well. We have recently reached out to the Morgantown Area for support at the Prunytown H&I meeting. The prison has erased all records of approved members and is requesting all potential and current panel leaders fill out new applications. We plan to provide any interested nearby areas with a copy of the application. Also, we have scheduled an H&I Workshop on November 14, 2015. It will be held from 1pm - 4pm at Christmas Episcopal Church at 9th St. and Gaston Ave. in Fairmont, WV 26554. We have 15 active meetings, all meetings are open, non-smoking, and wheelchair accessible. We have 3 H&I commitments. Our quarterly donation to RSC is \$556.19

In service,  
Michael B.

**MANA:**

The Mountain Area to continues to carry the message of recovery in a number of ways. Our home groups are seeing some new faces, and we recently had some new members come down from Marlinton. They are meeting again in



Marlinton but aren't quite ready to go back on the meeting schedule. Our practice of the 7th tradition remains strong, and we have a \$500 donation for region. We continue to give away basic texts to newcomers.

Our 24th annual camp out was well attended. We had many people show up on Wednesday and stay all four nights as well as a few more coming later. We were able to cover our costs by passing the basket. We would like to thank our regional Phonline chair for coming down and putting on a training session. We did have a little rain right as we were setting out the community dinner on Saturday night, but it passed without delaying dinner too long. We are already making plans for next year.

We are still taking an H&I meeting into the Anthony Correctional Center once a month. We are also still meeting with FANA monthly to address our common areas of service. If you haven't seen the billboard yet, I can report that it is magnificent. It's on Eisenhower Dr right next to a drug store. It is truly AWESOME!!!

Grateful to serve, Cooper

**UPANA:** Absent.

**JAFASCNA:** Absent.

### **SUBCOMMITTEE REPORTS:**

#### **Convention Subcommittee:**

Greetings from your Convention,

We are gearing up for the upcoming fall Convention. We have had a few bumps in the road since the last Sub-Committee. First our Saturday Night speaker in the Dining Hall, Alice C. has informed me that she could not attend the Convention. She did not realize she would have a 6 hour drive. She attempted to find a way to fly in, but she could not work out the details. I have Contacted Natasha S. as one of our Alternates and have requested that she fill in. She is very excited.

I have also had a few calls for the Convention Chair on the Helpline. By the way, Thanks for letting me know that this was going to happen. One person called and had never been to a meeting before. I suggested she try to attend a regular meeting as this was over a month ago. I gave her Convention information along with meeting information in Ripley and Sissonville as she was in Kenna. We haven't seen her in Sissonville so hopefully she is making the Ripley Meetings.

I also had a call from an Addict in Columbus that was seeking meeting information. I found a helpline number in Columbus to give them. I don't know what became of this.

We got a little ahead of where we normally are at this time. We came up with our Spring Topics.

- Atmosphere of recovery.
- Power greater than ourselves.

- Primary purpose.
- Unconditional love.
- Atheist's recover too.
- Acceptance of ourselves.
- Resistance to change
- Facing fear.
- Forgiveness of others
- Promise of freedom.
- Honesty with self.
- Identification as addicts.
- Letting go of self obsession
- Sponsorship-Being One finding one
- Importance of being a home group member
- Service saves lives
- Healing our spirits
- 7<sup>th</sup> step prayer
- Spiritual living
- Broader the base.
- Clear NA message.
- Emotional balance and meditation

## Registration October 2015

The Chair and Vice-Chair got together recently to inventory all materials for the upcoming Fall Convention. We will need to purchase alphabet stickers, but the remainder of our sticker supply remains well stocked. We will also need to purchase the following with our current allotted budget: hand sanitizer, new markers, badges, and lanyards. We worked to design an awesome name badge on the website VistaPrint for this convention, per our discussions at the last RSC. We found that this will be the most cost effective route for printing these newly designed badges, and will purchase the lanyards in bulk from Amazon as that was the most cost effective route for that product. Please see our design as presented by Destini

(Vice Chair) and make a decision today as we need to order these ASAP so we can ensure they are here in time for the convention.

In regards to the badges:

We discussed having either a map of Cedar Lakes or the schedule printed on the back. The design Destini has for you today is with the map as their seemed to be more consensus for this instead of the schedule. We can change it to the schedule, or some generic form of the schedule, if the body so desires. To have 750 of these printed, front and back, will be \$160 total. If you choose to nix the back design then the price is \$140 total (this includes all shipping and handling). We had a promo code to save 40% off if purchased by 9/30, but were uncomfortable making the purchase without a final decision from the body. We are confident that we can still use at least a 20% off promotion at this time, but we need to make this decision today. We would like to also note that this cost includes the nice glossy finish so lamination will not be needed and they will be waterproof!

We plan to purchase 800 lanyards at a total cost of \$110 and we can use any leftovers in the Spring so this becomes very cost effective as well.

Kristina sends her regards and apologizes for having to be absent today due to having the new little one. We look forward to hearing the body's decision and serving the region. Thanks!

Kristina & Destini  
Registration Team

Thank You Allen L

### **Combined PR/Phone line/H&I/ Web Servant Subcommittee report:**

**Dear MRSCNA,**

**I regret to report that I will no longer be able to fulfill my duties as the regional H&I Vice Chair. Although it is not a very demanding position, attending the subcommittee meetings has clashed with other areas of my life each quarter. I tried to tough it out, hoping that everything would eventually smooth out, but my life has continued to become more and more hectic over the last few months and is expected to continue for a while. It would not be fair to the committee for me to remain in my position, only to later end up having to resign from the position I am being groomed for--H&I Chair. I am passing this message along to you in hopes that word will spread to other members who have willingness, in time for someone to be ready to step up at the subcommittee meeting in January. I deeply regret this decision, as I am not generally one to fail to follow through on my commitments. I apologize for any inconvenience this has posed. I am grateful for the opportunity to have served and look forward to being more involved at a later time.**

## **In Loving Service,**

**Tom M.**

### **WEB SERVANT:**

Greeting from the web guy. All is well except been quite busy lately. Guess that a good thing. That is all.

Shayne M. MRSCNA Web Servant

### **PHONE LINE:**

Thank God for service work and being willing to walk through the unknown. This month I made more progress in understanding the OneBox program. Are you area that the "list" is in numerical order not alphabetical? I finally figured that out after many many attempts to find numbers to the list and then couldn't find the name and or number I just entered.

Names from the MANA campout were listed in the OneBox program. These new/old names were not, however, updated in the master list. This task will be completed during this next quarter. I need to learn how to print out the master list of time slots with names and numbers on them. If anyone has any experience on this I would appreciate your support. It might mean entering data into a separate master list.

I am handing out volunteer lists with names. I am handing out a list of names for phone line. Please check the names and let me know who needs to be added and who needs to be taken off. If an addict relapses, please let the phone line chairperson know so that addicts name can be taken off the phone line call list.

I had one addict related that they were not getting phone calls. I checked and this addict is 5<sup>th</sup> on the list in that time slot and that is probably why they are not receiving phone calls

I understand there was a workshop at the MANA campout pertaining to issues addressed in my last report i.e. phone line training and working knowledge of the Twelve Steps and Traditions of NA.

Thanks for letting me serve  
Barbara W.

### **PR REPORT:**

We opened with prayer and heard reports from the Webservant, Phoneline chair, and H&I vice chair. In PR the chair acknowledged that he had not yet sent mailings to the officers of the court submitted last quarter by NCASCNA, and stated he would get those out soon. We reported on a conference that we attended in Charleston at the Civic Center in late September hosted by DHHR. Many thanks to our H&I chair for getting the display, setting up, and manning our booth. We spent about \$200 for literature to hand out, but there was no charge to attend. We had some literature left which we will use at upcoming events. We discussed the NAWs database and its inaccuracies. Our webservant printed out meeting info for each area, and the areas will update the information, and then

the webservant will update the NAWS database. We had a brief discussion on radio PSA's. Then we turned our attention to our new billboard which is now up on Eisenhower DR in Beckley. We got a great location at a stop light on a very busy road right next to a drug store. Many thanks to the PR vice chair for his work on this project. We discussed continuing our contract for that location for an additional 24 weeks beyond our current commitment. We also discussed asking the region for an annual budget so that we can put more billboards. Since we don't have sufficient financial information as to how much money might available for such an effort, we decided to ask region for \$1200 for another 24 weeks on our current billboard and research the cost of another one possibly in Morgantown. We sent a motion to new business for \$1200 and will talk more about this project next time.

Thanks to everyone for their efforts, Cooper

### **H&I REPORT:**

We are continuing to research contacts for the regional jails and prisons. We hope to have an update next time we meet. Tom M. has stepped down from vice chair due to over commitment. We are still waiting on word from ECCNA to see if we will be assisting them again this year to distribute Basic Text to jails and prisons in our Region.

In loving service,  
Joe B.

### **Sunday 10/04/2015 – 9 RCM/ASRs present**

#### **RD/RDA Report:**

Hello Family!

Since the last time we met in July we attended the zonal forum hosted by Eastern Pennsylvania region. During this zonal forum the body discussed the possibility of a secretary position and what that would entail. We have not yet reached consensus on exactly what this position will look like and it was discussed that we may also need a treasurer position in the future if we plan to reimburse this trusted servant for travel and supplies (the point of contention in regards to this position). We were able to agree that we need minutes, that someone needs to be responsible for that, and that there should be a consistent format. The hope is to flesh this out again during a conference call between now and January.

We actually spent most of our time discussing and planning for a future zonal events which was something that came up in the body's inventory in the past. We looked at how other zones schedule their weekends which includes a business meeting, some type of zonal event, a PR presentation to local professionals, and workshops. We recognize that if we want to move in this direction then the forum will need to be longer than its current six hour time slot and move more towards a weekend long event. The body decided to have an event next July when we are in Philadelphia in order to try this for the first time. The RD from Philadelphia was to do a conference call with the rest of the delegates to discuss details, but was unprepared when the conference call time came so we decided to hone our conference call skills during that allotted time. We will have another conference call this month. The next zonal forum is in January and we will be covering the CAR

and the CAT. We are requesting World Board participation and it will be hosted by the Free State Region.

The Annual Report from NAWs has been released and you may access it online.

We think it is important to note that the fellowship contributions for the last fiscal year totaled over \$1 million for the first time in our history. These are direct contributions from our members, areas, regions, and zones. From all of our talk about the importance of the seventh tradition and contributing to our fellowship, we think this is pretty awesome! Let's keep up the good work!

NAWS is at work on the CAR and we have our first conference participant web meeting on Saturday, December 12. There will be a PowerPoint and video accompanying the CAR again this year as well as a survey regarding recovery literature. The CAR Will be available on the November 25th. The CAT Will be available on January 25. The world service conference dates are officially April 24th through the 30th.

The deadline for us to nominate Cooper B. for the World Board is 10/31 so we hope to complete the form/information as a group today and have that submitted by the close of the RSC.

In Loving Service,  
Kristina C. (RD)  
Brandon C. (AD)

### **P&A Subcommittee:**

#### **Old Business**

We left off with the responsibilities of the Regional Chair position which were as follows:

- Regional Chair Goals
  - Attend all RSC functions
    - Change policy to reflect that the Regional Chair is expected to attend all 4 quarterly meetings of the RSC and the March bi-annual alternating CAR/Inventory meeting
    - RSC Vice Chair will submit a policy addendum at the next P&A committee meeting for approval (appended to minutes)
  - Better facilitation
    - Change policy to reflect that the Chair position is a 2 year commitment
    - RSC Vice Chair will submit an policy addendum at the next P&A committee meeting for approval (appended to minutes)

We decided to move on to the next item of business the next time we met, and would start with the responsibilities of the Regional Vice-Chair.

## **New Business**

The following are items that we discussed in New Business:

- Nick L. needs to remind Cooper B. to bring a blown up flow chart of CBDM for January
- Change clean time requirement for the vice chair to have a minimum of 2 years clean
- Change clean time requirement for the chair to have a minimum of 4 years clean
- For the secretary, it will be added to the policy that the secretary will email copies of the minutes, mail copies of the minutes as requested, and attend all RSC events
- Changing #10 in the treasurer duties to say: "The regional treasurer shall utilize a standard reporting format for quarterly and annual report. Which includes a breakdown by area of service."
- Include into policy: "Region, Zonal Forum, WSC" to the communications responsibilities of the RD; will attend zonal forum, MARLCNA, and WSC; eliminate interim and quarterly meetings; add: voting at zonal forum and WSC; change "Motions for a year" to two years; attend all RSC functions
- Forming a work group to help create a packet for new members to our RSC
- Motion from the PR subcommittee to change the letters of the responsibilities was sent to "New Business"

In Loving Service,  
-Nick L.

## **Finance Subcommittee:**

### **Finance Report**

Projected convention expenses approved last quarter

**October 4, 2015**

\$8,400 (\$500 spent thus far) = \$7,900

**End of last Quarter:** \$16,411.36

### **Donations:**

JFT Group	\$15.00
GMANA	\$80.00
North Central	\$556.19
MANA	\$500.00
Go To Any Lengths Group of NA	\$20.00
AFANA	\$150.00
Metro	\$180.00
FANA/MANA	\$100.00
Friday Night Recovery Group of NA	\$50.00
Metro – Meeting Schedules	\$66.00
GTO – Meeting Schedules	\$13.75

North Central – Meeting Schedules \$23.00

**Total Income = \$1,753.94**

**Balance After Income \$18,165.30**

**Projected Expenses for the Next Quarter:**

**Prudent Reserve: \$2,500.00**

**PR Expenses:**

Onebox \$239.85

Frontier \$267.00

Billboard \$400

Paypal \$14.85

**Secretary Expenses:**

\$220.00

**Treasury Expenses:**

BB&T Service Charge \$12.00

**Literature Expenses:**

Mailroom \$400.00

**Convention Expenses:**

\$8,400.00

**Administrative Expenses:**

Insurance \$3,031.95

**Total Expenses = \$15,485.65**

**Balance After Expenses \$2,679.65**

**Money Motions**

- \$225 to Convention Photographer (22 for, 2 against, 1 abstention)
- \$750 for additional Convention mugs (passed)
- \$20 for Convention Merchandise bags (passed)
- \$1,200 for additional 24 weeks of Billboard (passed)
- \$250 to Joe for CD Recorder for Convention (passed)

**Total for Money Motions \$2,445.00**

**Total after Expenses, Donations, and Money Motions = \$234.65**

**Literature Subcommittee:** Inactive

**NEW BUSINESS:**

**MOTION: 15-10-03**

**MAKER:** PR Workgroup

**MOTION:** That policy be modified according to the attached Proposed Addendum to Policy.

**INTENT:** To modify policy to reflect the practice (trial) of the past year.

**RATIONALE:** To allow more integrated service provision among H&I, Phone Line, PR, and the Webpage as many of the goals and activities overlap.

**RESULT:** Referred to P&A, passed in P&A and referred to New Business. Carried by



consensus in New Business.

**MOTION: 15-10-04**

**MAKER:** Convention

**MOTION:** Additional \$750 to double the amount of coffee mugs

**INTENT:** To supply convention goers the ability to purchase a mug

**RESULT:** 8 for 1 against. Passed out of finance by consensus

**MOTION: 15-10-05**

**MAKER:** Convention

**MOTION:** \$250 to purchase a CD recorder to use at our convention.

**INTENT:** To allow us to record our speaker meetings at the convention.

**RESULT:** Carried by consensus. Passed in finance by consensus.

**MOTION: 15-10-06**

**MAKER:** PR

**MOTION:** PR requests up to \$1200 to extend the contract on the billboard in Raleigh County.

**INTENT:** Raise public awareness of NA

**RATIONALE:** Keep a good thing going.

**RESULT:** Carried by consensus, passed in finance by consensus.

**MOTION: 15-10-07**

**MAKER:** Metro

**MOTION:** To compensate photographer for full amount of normal services for his cost and time wasted to our convention and not being used for his service.

**INTENT:** To do a god hospitality act from NA in WV and to protect the integrity of our region.

**RATIONALE:**

**RESULT:** Withdrawn by maker.

**NAWS DONATION: None.**

**NEXT REGIONAL SERVICE: 01/09-01/10/2016**

**ANNOUNCEMENT: The convention subcommittee will be holding a meeting on 11/21/2015 at 4 to 5 pm at the Cross Lanes United Methodist Church in Cross Lanes, WV. The Thanksgiving It Away Dinner is being held at that location at 6 pm.**

**Open forum.**

**FIRST QUARTER AGENDA**

*It is strongly suggested that all RCMs and Subcommittee Chairpersons attend all of the subcommittee meetings during RSC.*

## **ORDER OF THE DAY**

Opening at Noon

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Introductions

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report

Old Business

Area Reports

Open Sharing Session

New Area Motions/Proposals

Sub-committees

PR Subcommittee

    Phoneline

    H&I

    PR

Convention Sub-Committee

***\*Will break from 5-6:30 p.m. for dinner and then resume subcommittees.***

### **6:30 PM**

Resume PR subcommittee if needed

P&A subcommittee if time permits

***The subcommittees may continue into Sunday if needed.***

### **REOPEN AT 9 A.M. SUNDAY, 01/10/2016**

Representative Report:

1. Regional Delegate (RD).
2. Regional Delegate Alternate (RD-Alt.)

Sub-committees

    P&A (if not held Saturday evening)

    Finance

New Business

NAWS Donation

Set Agenda for Next RSC Meeting

Open Forum

Announcements

Closing Prayer

**October 2015 ADDENDUM TO THE  
MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS  
STATEMENT OF POLICY AND PROCEDURE (October 3, 2015)**

**Current Policy Reads:**

**SECTION VI: TRUSTED SERVANTS**

**A. Chairperson**

The Chairperson arranges the agenda and presides over regular MRSCNA quarterly meetings. She/He is also responsible for correspondence and maintaining regional files and archives. The Chairperson shall be the single point of accountability for mail delivery and disbursements. The Chairperson must be capable of conducting a business meeting with a firm, yet understanding hand. For this reason, it is suggested that she/he have a minimum of two (2) years continuous abstinence from all drugs.

**Changed To:**

**SECTION VI: TRUSTED SERVANTS**

**A. Chairperson**

The Chairperson arranges the agenda and presides over regular MRSCNA quarterly meetings. She/He is also responsible for correspondence and maintaining regional files and archives. The Chairperson shall be the single point of accountability for mail delivery and disbursements. The Chairperson must be capable of conducting a business meeting with a firm, yet understanding hand. For this reason, it is suggested that she/he have a minimum of four (4) years continuous abstinence from all drugs.

**July 2015 ADDENDUM TO THE  
MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS  
STATEMENT OF POLICY AND PROCEDURE (April 2, 2014)**

**Current Policy Reads:**

**SECTION VI: TRUSTED SERVANTS**

**E. Regional Delegate (RD)**

A Regional Delegate (RD) is to the Region what a GSR is to a Group and an RCM/ASR is to an Area. An RD represents and speaks for the members and groups that comprise the RSC. The primary responsibility of an RD is to work for the good of NA, providing two-way communication between the Region and the rest of NA. An RD is the fellowship's link with the World Service Conference (WSC) and the Narcotics Anonymous World Services (NAWS). The RD presents minutes of WSC and NAWS to the RSC. They attend all RSC meetings and as many ASC meetings as possible.

The RD and RD-Alt. attend the WSC and its interim meetings to take part in any decisions which affect NA. An RD serves on one or more RSC subcommittees, communicates regularly with NAWS, works closely with regional officers and subcommittees, and is a source of information and guidance in matters concerning NA's Twelve Traditions and Twelve Concepts.

Every other year the RSC elects a Regional Delegate and an alternate from among the qualified members of the Regional. An RD normally serves for a period of four (4) years, the first two (2) serving as RD Alt., becoming familiar with the position by reading all WSC correspondence and performing other representative tasks as needed. The RD-Alt. will fill in for the RD if the RD is unavailable.

In order for the RD/RD-Alt to do a good job, it is recommended that each nominee have the following qualifications:

1. A commitment to service.
2. Service experience.
3. Willingness, time, and resources necessary to serve.
4. A suggested minimum of five (5) years continuous abstinence from all drugs.
5. An in-depth knowledge of the Twelve Steps, Twelve Traditions, and Twelve Concepts.

An RD is the voice of the Region and votes the group conscience of the Region at the WSC. In order to prevent the tabling of important clarifications and motions for a year, the RD should be granted, before leaving for the WSC, a vote-of-confidence that she/he is authorized to vote their member group conscience at the WSC. An RD-Alt. should be elected from the best informed, most trusted and active members so that the needs of the Region, Narcotics Anonymous as a whole, and most importantly, the addict who still suffers are adequately served.

In the absence of the Chair and the Vice Chair, the RD shall perform the duties of the RSC Chairpersons.

### **Changed To:**

## **SECTION VI: TRUSTED SERVANTS**

### **E. Regional Delegate (RD)**

A Regional Delegate (RD) is to the Region what a GSR is to a Group and an RCM/ASR is to an Area. An RD represents and speaks for the members and groups that comprise the RSC. The primary responsibility of an RD is to work for the good of NA, providing two-way communication between the Region, Zonal Forum, World Service Conference (WSC), and the rest of NA. An RD is the fellowship's link with the WSC and the Narcotics Anonymous World Services (NAWS). The RD presents minutes of WSC and NAWS to the RSC. They attend all RSC meetings and functions, Zonal Forum, MARLCNA, WSC, and as many ASC meetings as possible.

The RD and RD-Alt. attend the Zonal Forum and WSC, and vote at zonal forum and WSC, and take part in any decisions which affect NA. An RD serves on one or more RSC subcommittees, communicates regularly with NAWS, works closely with regional officers and subcommittees, and is a source of information and guidance in matters concerning NA's Twelve Traditions and Twelve Concepts.

Every other year the RSC elects a Regional Delegate and an alternate from among the qualified members of the Regional. An RD normally serves for a period of four (4) years, the first two (2) serving as RD Alt., becoming familiar with the position by reading all WSC correspondence and performing other representative tasks as needed. The RD-Alt. will fill in for the RD if the RD is unavailable.

In order for the RD/RD-Alt to do a good job, it is recommended that each nominee have the following qualifications:

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2. Service experience.

3. Willingness, time, and resources necessary to serve.
4. A suggested minimum of five (5) years continuous abstinence from all drugs.
5. An in-depth knowledge of the Twelve Steps, Twelve Traditions, and Twelve Concepts.

An RD is the voice of the Region and votes the group conscience of the Region at the WSC. In order to prevent the tabling of important clarifications and motions for two (2) years, the RD should be granted, before leaving for the WSC, a vote-of-confidence that she/he is authorized to vote their member group conscience at the WSC. An RD-Alt. should be elected from the best informed, most trusted and active members so that the needs of the Region, Narcotics Anonymous as a whole, and most importantly, the addict who still suffers are adequately served.

In the absence of the Chair and the Vice Chair, the RD shall perform the duties of the RSC Chairpersons.

**October 2015 ADDENDUM TO THE  
MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS  
STATEMENT OF POLICY AND PROCEDURE (October 3, 2015)**

**Current Policy Reads:**

**SECTION VI: TRUSTED SERVANTS**

**C. Secretary**

The secretary keeps accurate minutes of each RSC business meeting and gathers minutes and reports for all sub-committees and RD and RDA. These minutes will be verified by the RSC chairperson prior to making copies. The secretary produces and distributes paper copies of the RSC minutes including all reports and attachments no later than four weeks following each RSC meeting. The secretary distributes RSC minutes to all RSC officers and sub-committee chairs, loner groups making reports of that RSC meeting and up to ten copies as requested to each area.

The Secretary shall maintain a notebook of all past motion forms of all adopted motions. It is suggested that the Secretary have a minimum of one year (1) continuous abstinence from all drugs.

**Changed to:**

**SECTION VI: TRUSTED SERVANTS**

**C. Secretary**

The secretary keeps accurate minutes of each RSC business meeting and gathers minutes and reports for all sub-committees and RD and RDA. These minutes will be verified by the RSC chairperson prior to making copies. The secretary produces and

distributes paper copies of the RSC minutes including all reports and attachments no later than four weeks following each RSC meeting. The secretary will be responsible for: attending all RSC functions, emailing the minutes to all RSC officers and sub-committee chairs, mail copies of the minutes as requested, and to loner groups making reports of that RSC meeting.

The Secretary shall maintain a notebook of all past motion forms of all adopted motions. It is suggested that the Secretary have a minimum of one year (1) continuous abstinence from all drugs.

**October 2015 ADDENDUM TO THE  
MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS  
STATEMENT OF POLICY AND PROCEDURE (October 3, 2014)**

**Current Policy Reads:**

**SECTION VI: TRUSTED SERVANTS**

**D. Treasurer**

The MRSCNA shall have a Treasurer I and Treasurer II, and these two positions are expected to involve a two-year commitment. The first year will be served as Treasurer II, communicating and working with Treasurer I to learn all the duties of that position. Treasurer II will also serve as Chairperson of the Finance Subcommittee (See Finance Subcommittee Policy Guidelines). The second year will be served as Treasurer I, assuming all treasurer duties and working with incoming Treasurer II.

Both Treasurer I and Treasurer II are officers of the RSC and members of the Policy and Administration Subcommittee. Additionally, Treasurer I should be a participating member in the Finance Subcommittee. Confirmation by RCMs/ASRs is needed for any person to serve in either position.

**Requirements**

1. Three (3) years of continuous abstinence from all drugs.
2. Willingness and ability (basic math skills, etc.) to fulfill position.
3. Prior NA service experience of serving as treasurer of an Area or Group.

**Duties**

1. Maintain Regional bank account.
2. Receive and record all donations and all income from regional activities.
3. Issue checks in a timely manner at the direction of the RSC, except for routine expenditures.

4. Maintain a ledger recording all income and expense transactions for the fiscal year.
5. Bring ledger sheet to each Finance Subcommittee and RSC meeting for review by all members.
6. Prepare and submit to the Secretary a written report (see Quarterly and Annual Reports) at each meeting of the RSC containing an itemized listing of income and expenses for the preceding quarter. Report is to be accepted by RCMs/ASRs.
7. Present a like annual report at the end of the fiscal year.
8. Must attend all Regional Conventions and activities to handle money at those events.
9. Responsible for having each subcommittee chairperson review the Treasurer's Report to verify the accuracy of any financial activity reported for that subcommittee.
10. The regional treasurer shall utilize a standard reporting format for quarterly and annual report.

**Changed To:**

**SECTION VI: TRUSTED SERVANTS**

**D. Treasurer**

The MRSCNA shall have a Treasurer I and Treasurer II, and these two positions are expected to involve a two-year commitment. The first year will be served as Treasurer II, communicating and working with Treasurer I to learn all the duties of that position. Treasurer II will also serve as Chairperson of the Finance Subcommittee (See Finance Subcommittee Policy Guidelines). The second year will be served as Treasurer I, assuming all treasurer duties and working with incoming Treasurer II.

Both Treasurer I and Treasurer II are officers of the RSC and members of the Policy and Administration Subcommittee. Additionally, Treasurer I should be a participating member in the Finance Subcommittee. Confirmation by RCMs/ASRs is needed for any person to serve in either position.

**Requirements**

1. Three (3) years of continuous abstinence from all drugs.
2. Willingness and ability (basic math skills, etc.) to fulfill position.
3. Prior NA service experience of serving as treasurer of an Area or Group.

**Duties**

1. Maintain Regional bank account.
2. Receive and record all donations and all income from regional activities.
3. Issue checks in a timely manner at the direction of the RSC, except for routine expenditures.
4. Maintain a ledger recording all income and expense transactions for the fiscal year.



5. Bring ledger sheet to each Finance Subcommittee and RSC meeting for review by all members.
6. Prepare and submit to the Secretary a written report (see Quarterly and Annual Reports) at each meeting of the RSC containing an itemized listing of income and expenses for the preceding quarter. Report is to be accepted by RCMs/ASRs.
7. Present a like annual report at the end of the fiscal year.
8. Must attend all Regional Conventions and activities to handle money at those events.
9. Responsible for having each subcommittee chairperson review the Treasurer's Report to verify the accuracy of any financial activity reported for that subcommittee.
10. The regional treasurer shall utilize a standard reporting format for quarterly and annual report which includes a breakdown by area of service.

**October 2015 ADDENDUM TO THE  
MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS  
STATEMENT OF POLICY AND PROCEDURE (October 3, 2015)**

**Current Policy Reads:**

**SECTION VI: TRUSTED SERVANTS**

**B. Vice-Chairperson**

The Vice-Chairperson coordinates all subcommittee functions including scheduling of meetings at MRSCNA quarterlies. In the absence of the Chairperson, the Vice-Chairperson shall perform the duties of the Chairperson. It is the responsibility of the Vice-Chairperson to contact the RCMs/ASRs no less than three (3) weeks in advance all subcommittee meetings held outside of the regional quarterly weekends. The Vice-Chairperson also serves as Chairperson of the Policy & Administration Subcommittee. It is suggested that the Vice-Chairperson have a minimum of one (1) year continuous absence from all drugs.

**Changed to:**

**B. Vice-Chairperson**

The Vice-Chairperson coordinates all subcommittee functions including scheduling of meetings at MRSCNA quarterlies. In the absence of the Chairperson, the Vice-Chairperson shall perform the duties of the Chairperson. It is the responsibility of the Vice-Chairperson to contact the RCMs/ASRs no less than three (3) weeks in advance all subcommittee meetings held outside of the regional quarterly weekends. The Vice-Chairperson also serves as Chairperson of the Policy & Administration Subcommittee. It is suggested that the Vice-Chairperson have a minimum of two (2) years continuous absence from all drugs.

