

**MOUNTAINEER REGIONAL SERVICE COMMITTEE  
OF NARCOTICS ANONYMOUS**  
PO Box 2381  
Morgantown, WV-2381  
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800-766-4442

**MRSCNA Minutes (Virtual RSC)  
April 4, 2020**

**OFFICERS:**

Chair: Cooper B.  
Vice-Chair: Vacant  
Secretary: Erica P.  
Treasurer: Candie B.  
Treasurer II: Vacant  
RSD/RD: Ryan S.  
RSD/RD Alt: Frank P.

**SUBCOMMITTEE CHAIRS:**

Convention: Beverly R.  
Literature: Inactive  
PR: Sarah C.  
H&I: Jake S  
P&A: Vacant  
Finance: Candie B.  
Phone Line: Chance Y.  
Web Servant: Kay M.  
Web Maintenance: Shayne M.

**REGIONAL COMMITTEE MEMBERS:**

NCASCNA: Benjamin K  
Alt:  
AFASCNA: James B.  
Alt:  
NANA: Donna C.  
Alt: Jess F.  
METRO ASR: Sarah S.  
Alt ASR:  
MANA: Kay M.  
Alt:  
GTO: Cassie C.  
Alt: Demien B.  
FANA: Lynze S.  
Alt:  
UPANA:  
Alt:  
JAFASCNA: Shayne M.  
Alt:  
GMANA: Ryan F.  
Alt:

Those in virtual attendance to the MRSCNA meeting for April 4, 2020

- |                                  |                                   |
|----------------------------------|-----------------------------------|
| 1. Shayne M. – JAFASC RCM/Web    | 14. Lynze S. – FANA RCM           |
| 2. Ryan S. – RD                  | 15. Cassie C. – GTO RCM           |
| 3. Kay M. – MANA RCM             | 16. Amanda E. -- Member           |
| 4. Cooper B. – RSC Chair         | 17. Jess F. -- NANA RCM Alt.      |
| 5. Jake S. – Audio Vice Chair    | 18. Samantha S. --Member          |
| 6. Candie B. -- Treasurer I      | 19. Benjamin K. – NC RCM Alt.     |
| 7. Kristin A. -- Member          | 20. Celeste C. – AFA              |
| 8. Beverly R. – Convention Chair | 21. Demien B- GTO RCM Alt.        |
| 9. Frank P. – RD Alt             | 22. Ryan F. –GM RCM Alt.          |
| 10. Belinda T.-- Member          | 23. Jerrod R.—Audio Vice Chair    |
| 11. Donna C. NANA RCM            | 24. Chance Y. –Phoneline Chair    |
| 12. Erica P. – RSC Secretary     | 25. Sarah S. – PR Chair/Metro ASR |
| 13. James B. – RCM AFA           |                                   |

**MRSCNA Minutes (Virtual RSC)**  
**April 4, 2020**

- Opened with Prayer
- 9 RCM's/ASR's attended

**Treasurer Report:**

|                   |                   |             |
|-------------------|-------------------|-------------|
| Treasurers Report | 01/02/20-04/04/20 |             |
| Beginning Balance |                   | \$25,991.86 |

|          |                   |         |
|----------|-------------------|---------|
| Expenses |                   |         |
| 01/03    | MailRoom          | 400.00  |
| 01/03    | Erica P           | 84.45   |
| 01/03    | Ryan S.           | 134.32  |
| 01/05    | Jake S.           | 150.00  |
| 01/05    | Ryan S.           | 250.00  |
| 01/05    | Ryan S.           | 1092.00 |
| 01/07    | Frontier          | 120.91  |
| 01/08    | Russell W.        | 102.20  |
| 01/13    | Google Ad         | 284.21  |
| 01/16    | LAMAR             | 475.00  |
| 01/20    | NASW              | 600.00  |
| 01/21    | BB&T              | 4.00    |
| 01/31    | OneBox            | 85.17   |
| 02/01    | LAMAR             | 475.00  |
| 02/01    | I-77 Mini Storage | 495.00  |
| 02/07    | Frontier          | 117.65  |
| 02/11    | Google Ad         | 298.66  |

|       |           |        |                 |           |
|-------|-----------|--------|-----------------|-----------|
| 02/13 | LAMAR     | 950.00 |                 |           |
| 02/21 | BB&T      | 4.00   |                 |           |
| 03/02 | OneBox    | 85.17  |                 |           |
| 03/10 | Frontier  | 117.40 |                 |           |
| 03/13 | Google Ad | 307.10 |                 |           |
| 03/23 | Zoom      | 15.89  |                 |           |
| 03/23 | BB&T      | 4.00   |                 |           |
| 03/30 | OneBox    | 85.17  | Total Expenses= | -6,737.30 |

Deposits

|       |         |           |  |  |
|-------|---------|-----------|--|--|
| 01/16 | Deposit | \$1828.69 |  |  |
|-------|---------|-----------|--|--|

Donations

|                    |           |  |  |  |
|--------------------|-----------|--|--|--|
| Metro              | \$32.00   |  |  |  |
| NANAANA            | \$1000.00 |  |  |  |
| Lewisburg Group    | \$200.00  |  |  |  |
| Here and Now Group | \$15.00   |  |  |  |
| NCWVASC            | \$171.00  |  |  |  |
| GMANA              | \$200.00  |  |  |  |
| Reimbursements     |           |  |  |  |
| NCWVASC            | \$11.00   |  |  |  |
| Metro              | \$66.00   |  |  |  |
| GMANA              | \$38.50   |  |  |  |
| Audio laptop       | \$4.02    |  |  |  |
| Audio cd equip.    | \$91.06   |  |  |  |
| Cigg Buckets       | .11       |  |  |  |

|       |         |          |  |  |
|-------|---------|----------|--|--|
| 01/16 | Deposit | \$300.00 |  |  |
| 02/04 | Deposit | \$13.15  |  |  |

Reimbursements

|       |    |          |                 |          |
|-------|----|----------|-----------------|----------|
| 02/04 | RD | \$221.02 | Total Deposits= | +2362.86 |
|-------|----|----------|-----------------|----------|

**Area Reports:**

**NANA:**

No Report Submitted

**NCWVASCNA:**

No Report Submitted

**GTO:**

All is well in GTO considering our current circumstances. As of now all physical meeting have closed and all H&I panels have stopped to comply with social distancing guidelines (as well as to respect our meeting facilities preferences).

We have Virtual meetings available each day of the week. Meeting information can be found at [www.gtoana.org](http://www.gtoana.org), as well as on our regional website. We did not have area service in March due to the rapid changing situation with Covid and do not have a regional donation currently. We will discuss at our next ASC which is April 19 at 3pm. Our areas campout has been canceled and will be rescheduled.

**METRO:**

The MVASCNA (Metro Valley Area Service Committee of NA) is doing well with 11 home groups and 18 meetings per week. We have 16 open, and 1 closed, meetings that vary in formats — literature study, step study and discussion. 7 home groups have converted to virtual meetings, 2 are not meeting at all, 1 still open. We want to thank Kay for keeping up with all the fast schedule changes on the website. The H&I Subcommittee currently has 4 commitments — all of which are suspended for COVID-19. Our PI Subcommittee continues to host quarterly flyer days to distribute contact information to the Metro area. We do not have one scheduled at this time. In addition to flyer days, our current PI efforts include printing and posting bus signs with the phone line number and sending mailers to the court system and mental health providers. The Activities Subcommittee just had the chili cook-off in the beginning of March, along with a CAR workshop. Our Literature Subcommittee continues to purchase and distribute Basic Texts, at no cost, to addicts and home groups. We were not able to meet for our regular March ASC. Grateful to serve, Sarah C., ASR

**UPANA:**

No Report Submitted

**FANA:**

Freedom Area is doing as well as can be expected in these times. We still have one meeting open from what I am being told. The rest have either closed their doors and went to a digital platform or have just went on hiatus for the time being. Meetings that have closed either have put a flyer on their doors with digital meetings/phone numbers or have homegroup members to meet with anyone who would happen to show up needing a meeting.

We did have to cancel our literature fundraiser this month and were unable to have an area service last month due to the outbreak however, we are hopeful to get it together and have one via the internet this month to figure out where we go from here.

We do not have a regional donation (that is one of the things to figure out at our area service). Our tally's will be given to Ryan by the day he needs them.

In Loving service, Lynze S

**GMANA:**

Our area currently has 16 homegroups. The not High Noon group has been reinstated and is once again in good standing with our area. IT now meets on Fridays at 12pm and Saturdays at 1pm at 628 Price St. Morgantown WV 26505.

A lot has changed since the last time we met in light of recent circumstances we have had to adapt and restructure. All of our area activities are currently cancelled or on hold until further notice. Most of our meetings are virtual (current meetings IDs can be found on the GMANA website). That being said our member were not able to meet for ASC in March. I have been corresponding with our area chair Stephanie K and our secretary Mike T. We feel at this time it would be most appropriate to withhold further information about a regional donation and other area business until our area has a chance to meet again in April. We are in the process of organizing a Zoom meeting similar to the RSC meeting.

**MANA:**

Hello remotely from the Mountain Area of Narcotics Anonymous in the middle of a global pandemic. In these strange times, many addicts in the Mountain Area have expressed gratitude that we have the blueprint of recovery to help us live life on life's terms. Three of our 4 groups are using Zoom to host virtual meetings; one of our groups is closed. The schedules and ID numbers of our Zoom meetings are listed on the BMLT which can be viewed on our web page. With these changes, the Mountain Area has a meeting on Monday, Tuesday, Thursday, Friday and Sunday. And many of us have expressed enthusiasm about attending meetings outside our area while sitting on our couches.

The area has celebrated a 17 year anniversary, an 8 year anniversary, 4 one year anniversaries, and has given out several key tags for varying amounts of clean time. Two of the 4 addicts who celebrated 1 year have relapsed, and one of those died. Thus is the nature of the disease, and it puts in perspective the disappointment of one addict that there were no hugs on her anniversary due to social distancing.

MANA has been filling literature racks in 4 locations in our communities; but we have not been out to check on them this quarter due to the virus. We have talked about celebrating World PR Week in June similarly to last year with a banner and the display in the Green Space in Lewisburg. More will be revealed on that.

We met in a Zoom ASC and completed our CAR/CAT tally sheets.

At this time, we have no reason to believe we will have to cancel events in August, SO, it's never too early to save the date for the 29th Annual Fellowship in the Forest Campout August 5 – 9th.

We have a donation of \$450.

Grateful to serve, Kay M., RCM

**AFASCNA:**

10 home group's most are virtual zoom meetings. 1 is still open not sure if people are actually meeting there.

We postponed our literature fund raiser.  
We were able to do our last ASC. On zoom virtual meeting.  
I was able to get our meetings updated and send them to Kay Regional web servant.  
We have no donation at this time. In loving service James B

**JAFASC:**

No Report Submitted

**New Area Motions and Proposals:**

None

**Subcommittee Reports:**

**CONVENTION:**

Canceling convention was the main item of business this quarter. Cedar Lakes did offer to reschedule in August, however the committee chose to cancel as opposed to waiting until August. Cedar Lakes will roll all reservations to November for the fall convention. They will offer refunds to those who prefer that option. The convention topic, speakers and workshops will also roll to fall. The committee decided to address budgeting in July and how we can make alterations to funds. The committee drafted the following communication to release to the fellowship.

“With a heavy heart, the Mountaineer Regional Service Committee of NA announces the cancellation of the spring convention on May 15-17<sup>th</sup> 2020 in Ripley, WV. All reservations through Cedar Lakes will be rolled to the fall convention on Oct. 30-Nov. 1<sup>st</sup> 2020. If you prefer a refund as opposed to rolling your reservation, please contact Cedar Lakes directly at (304) 372-7860. See everyone in the fall. Stay healthy, stay connected. Hugs”

**PR UMBRELLA:**

**H&I:**

Please find attached letter from an inmate at Mount Olive requesting some literature be sent to him, and a group of inmates there. I know with the shortened agenda, this may not be at the top of the list, however I wanted to let everyone know it is out there and I think that H & I could afford to send them some literature.

Unfortunately I am going to have to inform everyone that I am going to be stepping down from my current service commitments. I am going to pass this information along to Jake so that he can handle the distribution of literature as he sees fit for H & I going forward.

**Phone-line:**

The phonenumber received 162 calls during the 1st quarter of 2020. 146 were directed to an NA member, 11 to PR, 1 to Convention, and 4 to other business. The average call duration was 3:14. The phonenumber is doing very well. We only had 5 calls go through to voicemail in which me or the Vice Chair make sure those calls are returned.

I am working on finishing an updated phonenumber list that includes the numbers of all members who work the phonenumber which is then broken down into each area they belong to. As soon as it's finished, I will attach email it so it can be attached to the minutes.

All RCMS please continue to check with your Area to make sure members information that we have is correct. If anyone is wanting to change days or times to receive calls. Also, if their number changes make sure that it is updated. Please have these members contact Chance Y or Cassie C to update any information.

I had investigated alternative phonenumber companies compared to our current resource One Box to possibly switch to if it would save us money per the body's request last RSC. Presently we are paying \$79.95 a month with One Box. I found an alternative called Mighty Call which is \$39.99 a month which would include all the same tools as One Box plus more. I am still looking into this alternative option. Hoping to have all of the details finalized by the next RSC in July.

In Loving Service, Chance Y

**Web Page:**

After the January RSC, I worked diligently to update the printable schedule template to make it as close to the old schedule as possible. Just about the time I finished that and felt so proud of the result (which is never a good idea), life on life's terms interrupted everything we do and know. In actuality the template is still perfectly intact, but we've gone from around 160 meetings listed to fewer than 120, so there is a blank panel on the printed copy. I encourage you to look at the printed version at some point and let me know what you think. [General discussion at RSC indicated consensus that we not print bulk schedules at this time; anyone can print schedules from the web page.]

Between around March 20 – March 24, I worked full time making changes to the BMLT to keep up with closing meetings and Zoom meetings. I had, by chance, or not, taken that Monday and Tuesday as vacation days and, so, was able to spend full days keeping up with changes. Just so you know, the meetings that are temporarily closed are just unpublished; all the information is still there; when we begin opening back up our physical meetings, a simple check mark will bring the meeting back into the schedule. As you hopefully have noticed, new codes were created by the BMLT gurus and magically appeared in our BMLT. There is a "temporarily closed" code and a "Virtual meeting" code. I added Zoom ID#s to the location information for the meetings that chose to use that platform. And once again I called on our informal IT guy when I crashed the site and he had it back up and running within minutes. Again, I recommend sending his area 3 basic texts every quarter or so to express appreciation for his help – which he

assures me he loves providing. [RSC agreed to the request to send basic texts to Richard S., the IT guy.]

In case you haven't heard about this, I want to alert everyone of Zoombombing! There are always people who organize to harass others and sow chaos where they can. In this case zoom presentations are interrupted by writing on the screen, pornography or other images being loaded into the meetings. Zoom has admitted that it was not prepared for the rapid growth of his user base, and did not have the kind of security in place to protect users around the globe. They have assured users they are focusing on security above all else at this time. And in another strange coincidence as I am writing this report, I received an email from Zoom sharing changes they have made to the default settings of meetings including adding a password for those who type in the zoom ID. Groups will need to consider how they want to implement these security changes. I believe that all Zoom hosts should have received this email. [General discussion in RSC included that passwords might be the way to go; send any passwords to the web email address (mountaineer.region.web@gmail.com) and I will add them to the BMLT.]

As you may suspect, I have not worked on any fine tuning of the web page other than maintaining the BMLT

Truly grateful to serve, Kay M Web Servant

**Public Relations:**

NASW conference is being rescheduled to September, we should be getting a refund for what we have already paid, we will revisit in July to see if we want to participate in the Fall Conference The three billboards would need to be renewed by May 31, the subcommittee has decided not to renew at this time, and to revisit in July to see if our needs are different at that time. Sarah will act as PR chair until July when we talk about elections.

YouTube ads are running the same at \$10 a day. Sarah will talk to Cooper about this.

Chance willing to help moving forward. Schedules won't be ordered until we start meeting again.

**RD Report:**

Hopefully this email/ report will clear up any questions concerning the Upcoming virtual 2020 WSC. First item is that I don't need your votes we will only be voting on a very few items that are as follows.

The questions that received support from two-thirds or more of Conference participants are:

- Do you support proceeding virtually with a partial WSC 2020 to decide essential business only?



- If a virtual partial WSC 2020 is approved, do you support conducting discussions and decisions on the minimum - an emergency budget and the project plans outlined in the 2020 CAT?
- If a virtual partial WSC 2020 is approved, do you support conducting discussions and decisions on the *FIPT* operational rules moratorium end date?
- If a virtual partial WSC 2020 is approved, do you support conducting Elections?
- If approved, should the partial virtual WSC 2020 be scheduled at two sessions of two hours per meeting day between 25 April and 3 May?

As you can see, I will have to deal with these questions as they arise.

The second item in that I need one tally sheet from each area on the literature survey. I have to have this submitted by the 16<sup>th</sup>! So, I need all responses by April 15<sup>th</sup> which is next Wednesday. If I don't receive one, I will go with what I have.

The third item is my schedule for the WSC 2020. See below.

### **Partial Virtual WSC Plan**

We are recommending that we convene this first partial, virtual WSC 2020 as follows:

Two sessions per day scheduled from 11 am – 1 pm and 2-4 pm Pacific Daylight Time

|                 |             |
|-----------------|-------------|
| Friday – Sunday | 24-26 April |
| Wednesday       | 29 April    |
| Saturday-Sunday | 2-3 May     |

On the closing weekend, participants will have to decide whether or not to leave WSC 2020 open until a future date (of their determination) for CAR motions, most CAT motions including seating, and other issues.

Our initial outline is:

#### **24 April Friday**

- Orientation to a virtual WSC
- Business and/or agreements needed to engage in a partial virtual WSC

#### **25 and 26 April Saturday and Sunday**

- NAWS Report
- Emergency budget and project plans
- FIPT inspection clause moratorium

These are times allotted for presentation and discussion. Polling for decisions will follow the close of the Sunday session. It will take us some time to finalize the poll and have it translated into Portuguese and Spanish. Participants will have a deadline to vote and then results will be discussed when we reconvene Wednesday.

### **29 April Wednesday**

- Polling results
- HRP report and preparation for elections

The ballot for elections will be sent out following the last Wednesday session.

### **2-3 May Saturday and Sunday**

- Recap of decisions made, announce elections results
- Where we go from here and questions emailed to the World Board during the week

We have a lot of details to work out and frame how all of this can work most effectively. For instance, we know we must address questions such as *What about members who would like to observe?* and *How are we going to handle translations?* We are working on those and other details as quickly as we can. Again, thank you for providing us with such clear direction. We expect that there may be additional decisions required before we meet. We will do our best to keep you updated.

We have had to furlough or lay off the majority of staff at the five NA World Service locations so everything will take a little more time. Thank you in advance for your patience.

The World Board will be meeting this Saturday. If you have ideas or input for us, please send them to [wb@na.org](mailto:wb@na.org).

We hope this finds everyone safe and healthy.

World Board

The fourth item is that I was able to successfully submit Cooper's nomination into the world board for the co-facilitator position. My last item is a request for reimbursement for cat printouts and or tally sheets, for a total of \$31 dollars. I'm

Attaching a spreadsheet so you can see what has been spent and what it was spent on. This sheet was mostly for me to be able to keep track of everything.

If you guys have any questions about anything feel free to message me on FB text or email.

681-220-2954, [Ryanstrain2013@gmail.com](mailto:Ryanstrain2013@gmail.com)

Grateful to serve, Ryan S.

**RDA Report:**

No Report Submitted

**New Business:**

We will revisit elections in July for RSC and subcommittees.

RD, Vice Chair, Treasure II positions need filled.

We will take nominations in July and vote in October 2020. Service resume is attached to the minutes.

No proposals

**NAWS DONATION:** None

**NEXT REGIONAL SERVICE:** 07/11/2020 – 07/12/2020

**July 2020 RSC Order of the Day**

**07/11/2020**

**At Cedar Lakes (subject to change based on COVID19)**

**Holt Lodge**

**Open at 11:30am, Lunch Break from 1:00-2:00pm**

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Introductions

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report

Old Business

Area Reports

Open Sharing Session

New Area Motions/Proposals

Sub-committees

PR Subcommittee

Convention Subcommittee

Web Page

Phoneline

H&I

PR

**Will adjourn at 6:30 pm and reconvene at 9:00 am Sunday**

**07/12/2020**

**Holt Lodge (subject to change based on COVID19)**

Representative Reports:

1. Regional Delegate (RD).
2. Regional Delegate Alternate (RD-Alt.)

P&A Sub-Committee

Finance

New Business

NAWS Donation

Set Agenda for Next RSC Meeting

Open Forum

Announcements

Closing Prayer