

**MOUNTAINEER REGIONAL SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**
PO Box 2381
Morgantown, WV-2381
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Helpline: 304-344-4442
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**MRSCNA Minutes (Virtual RSC)
March 27, 2021**

OFFICERS:

Chair: Cooper B.
Vice-Chair: Frank P.
Secretary: Erica P.
Treasurer: Candie B.
Treasurer II: Vacant
RSD/RD: Vacant
RSD/RD Alt: Vacant

SUBCOMMITTEE CHAIRS:

Convention: Erica P.
Literature: Inactive
PR: Cassie C.
H&I: Jake S
P&A: Frank P
Finance: Candie B.
Phone Line: Ryan S
Web Servant: Kay M.
Web Servant II: Jake S.

REGIONAL COMMITTEE MEMBERS:

NCASCNA: Benjamin K.
Alt:
AFASCNA:
Alt:
NANA: Donna C.
Alt: Jess F.
METRO ASR: Chris G
Alt ASR:
MANA: Kay M.
Alt: Sarah P.
GTO: Cassie C.
Alt: Tiffany Y.
FANA: Jake S.
Alt: Samantha S.
UPANA:
Alt:
JAFASCNA: Butch B.
Alt:
GMANA: Rachel W.
Alt: Angela K.

MRSCNA OFFICER LIST

Chairperson

Cooper B.
cpbenedict52@gmail.com

Vice Chairperson

Frank P.
frankpensule@gmail.com

Treasurer

Candie B.
clbenedict25@yahoo.com

Treasurer II

Vacant

Secretary

Erica P.
Pauken2012@gmail.com

RD

Vacant

RDA

Vacant

SUBCOMMITTEE CHAIRS

PR Chair

Cassie C.
wvcass@gmail.com

Convention Chair

Erica P.
Pauken2012@gmail.com

Phone Line Chair

Ryan S.
Ryanstrain2013@gmail.com

H&I Chair

Jake S.
jakeroycesmith@gmail.com

Web Servant

Kay M.
Krmit_1999@yahoo.com

Web Servant II

Jake S.
jakeroycesmith@gmail.com

RCM AND RCM ALTS

AFASCNA

None Present

Alt.

METRO

Chris G.
Gerlach13.cg@gmail.com

Alt.

Daniel M.
mcperson21@hotmail.com

GTOASCNA

Cassie C.
wvcass@gmail.com

Alt.

Tiffany Y.
Tiffany.yeager19@gmail.com

MANA

Kay M.
Krmit_1999@yahoo.com

Alt.

Sarah P.
sweetpayne02@gmail.com

NANA

Donna C.
colemandonna619@gmail.com

Alt.

Jess F.
shoaldancer@gmail.com

NORTH CENTRAL WVASCNA

Benjamin K.
thesonofsun5@gmail.com

Alt.

FREEDOM AREA (FANA)

Jake S.
jakeroycesmith@gmail.com

Alt.

Samantha S.
samanthaswiney24@gmail.com

UNLIMITED POSSIBILITIES

None Present

Alt.

JAFASCNA

Butch B.
butchbutcherwv@gmail.com

Alt.

GMANA

Rachel W.
rachelk1122@gmail.com

Alt.

Angela K.
akudurog@gmail.com

Those in virtual attendance to the MRSCNA meeting for January 9, 2021

1. Shayne M. – Audio Servant
2. Cooper B. – RSC Chair
3. Jake S. – FANA RCM, H & I Chair
4. Candie B. -- Treasurer I
5. Erica M. – GSR
6. Frank P. – RSC Vice Chair
7. Donna C. - NANA RCM
8. Erica P. – RSC Secretary
9. Lynze S. – Merch Chair
10. Cassie C. – GTO RCM/PR Chair
11. Angela K. -- GMANA RCM Alt.
12. Rachel W. –GMANA RCM

- | | |
|--|--------------------------------|
| 13. Sarah P.—PR Vice Chair | 22. Phil K- Member |
| 14. Dustin J.-GSR | 23. Dewayne B. - Audio Servant |
| 15. Chris G- Metro | 24. Butch B. – JAFASC RCM |
| 16. Benjamin K- NCASCNA RCM | 25. Jess F. – NANA RCM alt. |
| 17. Samantha S.- FANA RCM Alt. | 26. Daniel M. – Metro ASR Alt. |
| 18. Ryan S.- Phoneline Chair | 27. Grey Y. – Member |
| 19. Tiffany Y.- GTO RCM Alt. | 28. Dana S.- Member |
| 20. Kevin E.- Refreshment Chair | 29. Carrie C. – Member |
| 21. Sarah P. - PR Vice Chair, RCM Alt. | |

MRSCNA Minutes (Virtual RSC)
March 27, 2021

- Opened with Prayer
- Twelve Traditions read
- Twelve Concepts read
- 8 of 10 RCM's/ASR's attended

Introductions

Secretary's Report:

January 2021 virtual RSC minutes were read and accepted by the body.

Old Business:

None

Treasurer Report:

3rd Quarterly Report 3/21

Income

Donations

Metro check#1351	\$ 100.00	
GTO check#733	\$ 600.00	
No Reservations check#107	\$ 7.50	
VENMO(3/22/21)	\$ 33.00	
No Reservations check#108	\$ 10.00	Total Donations \$
750.50		

Reimbursements \$0

Convention \$0

Total Income \$ 750.50

Expenses

Admin \$ 60.12

Convention \$ 495.00

RD \$ 0

PR \$ 4,207.38

NAWS \$

Total Expenses \$ 4762.50

Total Quarterly Income

\$ 750.50

Total Quarterly Expense

\$ 4762.50

Total \$4,012.00 Deficit

First Quarterly 10/20	Total 952.39 Surplus
Second Quarterly 01/21	Total -9,022.77 Deficit
Third Quarter 03/21	Total -4,012.00 Deficit
Year To Date	Total - 12,082.38 Deficit

Treasurer's Report 01/07/21-03/27/21

Beginning Balance \$10,709.28

Expenses

01/07	Frontier	\$ 123.57	
01/19	Mini Storage	\$ 495.00	
01/21	BB&T	\$ 4.00	
01/22	Zoom	\$ 16.04	
02/01	Onebox	\$ 95.09	
02/08	Google	\$ 210.95	
02/08	H&I/Lit	\$ 435.29	
02/09	Frontier	\$ 120.29	
02/22	Zoom	\$ 16.04	
02/22	BB&T	\$ 4.00	
03/01	Onebox	\$ 95.09	
03/10	LAMAR	\$ 2000.00	
03/10	Frontier	\$ 127.10	
03/22	Zoom	\$ 16.04	
03/22	BB&T	\$ 4.00	
03/25	LAMAR	\$ 1000.00	Total Expenses=
		\$4762.50	

Deposits

02/03	Check#1351	\$ 100.00	
02/09		\$ 600.00	
02/22	Check #107	\$ 7.50	
03/22	VENMO	\$ 33.00	
03/26	Check# 108	\$ 10.00	Total Deposits= \$
		750.50	

Book Balance \$6,697.28

Area Reports:

Dustin J. His homegroup is not on the schedule. They would like to join another area in the region. They will reach out to North Central and the web servant.

NANA:

No Report Submitted

NCWVASCNA:

No Report Submitted

GTO:

We currently have 21 meetings in person with 17 homegroups, and 3 online meeting options a week for a total of 24 meetings. H&I is currently able to go in person to one facility and is continuing to keep in contact with the others except WRJ. The subcommittee recently held a workshop via Zoom. Activities is planning the GTO campout; more will be revealed. (Since convention will be held during Memorial Day weekend another date will be chosen). PR is re-grouping and has not held any activities. The literature subcommittee is providing literature to the area. A donation to region will be divided next month due to treasurer collecting funds after ASC and not before this month. We have no needs from the region at this time.

Cassie C

METRO:

Metro area of NA currently has 9 active homegroups, every evening except Sunday. One of the two Wednesday meetings is still located on Zoom. Surrender is the Key group meets every Wednesday at 7:00 pm. They are now offering childcare on the first floor.

Our area service meets every fourth Sunday of the month at 12:30 pm on Lightner Ave in Dunbar WV.

We are back into doing H&I. We go into Highland hospital in Kanawha city every Tuesday morning at 11:00 and into Riverside treatment center every other Thursday at 7:00pm.

We have mailed a check with a humble donation.

Grateful to serve,
Chris G. ASR

UPANA:

No Report Submitted

FANA:

The Fana area is doing well. We currently are rocking 5 home groups some of which are meeting both in person and in virtual format. All of our meeting information is up to date at the region's website. We have purchased and received the literature with the 350\$ we received from MRSCNA last RSC. I have emailed a copy of the invoice to the treasurer. This is all going to be disturbed during our next ASC meeting. Speaking of ASC we are very pleased to say that we will be meeting in person for the first-time next month since the global pandemic changed all of our lives. We as an area are very excited! We are also in the works for planning our annual literature fundraiser and picnic. We usually do one of these in April and one in August. This year however we are combining these events into 1 and will be looking to have this in July, more will be revealed as details come together. Please let me know if you have any further question, we do not have a donation at this time.

Grateful to serve, Jake S

GMANA:

Regional donation is \$407

Meetings are opening up more in person but still have zoom meeting options. The website is updated for Area and Region.

We are having a virtual speaker Jam on April 3rd starting at 11am. 716 047 9589 password is recovery1

We are having an H&I learning day on April 25th at 3:30pm. 898 1390 1273

Password is 542779

H&I is in person Monday night at 7pm at Chestnut Ridge DDU. 2 people are allowed in at a time.

We are beginning zoom H&I on Thursdays at 7pm at the Center for Hope and Healing treatment center.

MANA:

Hello from the Mountain Area of Narcotics Anonymous. Our Area Service Committee meets monthly on the 4th Saturday of the month at 10:30 via Zoom. Except for today as region is scheduled at the same time. All of our five groups are open for in person meetings held inside. Three of them are hybrid, zooming the live meeting so that addicts can still attend meetings if they feel uneasy about meeting in person. Masks and social distancing are required for our in-person meetings. The schedules and ID numbers of our Zoom meetings are listed on the BMLT which can be viewed on the region's web page. The Mountain Area has two meetings on Monday and Thursday, and a meeting on Tuesday, Friday and Sunday. We have added a meeting in Union; MANA has members who attend that meeting and report that it is a strong meeting. At their request, we have listed them on the BMLT as part of our area, but so far they have not sent a GSR to ASC. Groups report meeting attendance to be variable, ranging from 3 to 10 or so in attendance. Since January, we have celebrated a 30 year, two 18 years, a two year and a one year anniversary of clean time.

MANA has literature racks in 4 locations in our communities; we have a geographical area schedule which includes MANA meetings as well as an unaffiliated group in Lewisburg, and this is what we put in our literature racks at this time. We have recently printed some regional schedules from the web page, and we may start putting them in the racks moving forward.

MANA continues to support that it might be time for NAWS to stop funding services with the sale of the basic text, and we are in favor writing a proposal to that effect and sending it to be included in the 2022 CAR. We have a question for the Vice Chair: Why are the June and July meetings scheduled inside? Our

understanding was that meeting in person was contingent on being able to meet outside on the picnic tables.

It is NEVER too soon to make plans to attend the 30th Annual Fellowship in the Forest Campout which has been scheduled for July 28 – August 1 at the group campsite at Lake Sherwood Recreation Area, Neola, WV.

Grateful to serve, Kay M., RCM

AFASCNA:

No Report Submitted

JAFASC:

No Report Submitted

Open Sharing:

Discussion regarding regional inventory and encouraging participation. Regional officers' welcome feedback for improvement. The next Regional inventory is June 5th at 11am in the Curriculum Lab.

Next RSC is July 17-18 in the Curriculum Building.

Possibly consider RSC virtual in winter months.

New Area Motions and Proposals:

None

Subcommittee Reports:

CONVENTION:

Discussion on the current status of covid19 restrictions and vaccine availability in WV and surrounding states.

Current status of Cedar Lakes:

- All guidelines have changed since MRSCNA signed the form
 - Dining is 100% capacity
 - Meeting rooms are 100% capacity if masks are worn
 - Hand sanitizer stations in every meeting space.
 - NA check-in table would be outside, and lobby would have capacity limit. Managed by NA preferably. Under 10.
 - Dorms are limited to 5 people, which NA rarely uses. Recovery houses can put 10 in dorm.
 - Assembly Hall unavailable
 - Classroom building unavailable
 - NA will be the only group there
 - Recommend a sign in sheet at each meeting
- Holt/Mountaineer are full, main is almost full. They are placing people in Lakes.

Only two dates available at Cedar Lakes in Spring/Summer 2021- April 30-May 2nd and May 28-30.

The body decided to hold the Spring 2021 convention but change the date to Memorial Day weekend May 28-30 to allow for warmer weather and outdoor facilities and additional time to vaccine availability.

Filled Convention Positions:

Vice Chair: Cooper B

Secretary: Amanda C.

Registration Vice Chair: Donna C

Audio Servant #1: Butch B

Audio Servant #2: Dewayne B

Money Motion:

\$6000 Merchandise

\$630 Registration

\$500 Refreshments

\$100 Audio

\$2250 Indigent Packages

Total: \$9480

Future Convention Dates:

Spring 2021 April 30th - May 2nd, 2021

Fall 2021 Oct. 29-31st, 2021

Spring 2022 April 29-May 1st, 2021

PR UMBRELLA:

Public Relations:

the decision to not renew billboards at this time was made. Our you tube ads were stopped in February due to policy from Google regarding ads for drug treatment. PR chair will explore options for future. Help editing a pr video spot is requested.

H&I:

Jake the current chair does not have willingness to continue and hopes someone has willingness to take over at elections. No written report submitted

Phone-line:

no formal written report from chair at this time.

154 calls to phone line

144-NA member

2-any other business

1-convention

8-PR

Web Page:

During the past quarter, Jake and I met with Richard S who is our mentor for the BMLT and the web page. We both learned some new "stuff". During the meeting, we updated the BMLT software, and, because of a glitch in the update, we lost the formatting on the printed schedule. I recreated the format, but it is not exactly what it was before. We would like to have the PR committee approve the format, or give input about what you would prefer.

As we were talking with Richard, he had a couple of random ideas that he shared with us. So completely unconnected to the web page or schedule, and just as food for thought:

- YAP is a phone line product that integrates with BMLT
<https://bmlt.app/yap/> As far as I know we are satisfied with our phone line, but I wanted to share information that was given me.
- "If we are still thinking about joining a zone, Southern Zone has their shit together."

Re: the Venmo account: Be sure to list your group or area in the comments when making donations to region

Please remember to send your requests for the web servant to the mountaineer.region.web@gmail.com. RCMs please make sure the following two items are completed:

1. PLEASE check your area's meeting schedule frequently, and let me know of any changes. It is real easy to pull out your area's meetings:
 - a. **just bring up the web page, scroll down to the meeting list and click on the area tab; choose your area, and voila! There are your meetings.**
2. Also, PLEASE **print out the schedule** and look at it in the printed format (you can look at the print version on your screen if you don't want to print it);
 - a. I'd like to make sure that all the information is showing up on the printed version;
 - b. Zoom information and in person meetings will all fit if it is in the right place on the BMLT. I need to know if your information is not correct on the printed version

I have noticed that flyers about events are frequently passed around through NA groups on Facebook, or via messaging and texting. Remember that there is a central event calendar on the web page; I don't typically put any event on the event calendar unless I am asked to do so. I don't want to assume that you want it there. If you want your event on the calendar, just send the flyer to the web servant email address (see above) and ask that it be put on the web page. Truly grateful to serve,

Kay M

RD Report:

No Report Submitted

RDA Report:

No Report Submitted

P&A:

No Report Submitted

FINANCE:

Beginning Balance \$ 6,697.28

Projected Expense

Frontier \$ 375 OneBox \$ 286 BB&T \$ 12

Zoom \$ 49 Web \$ 290

Total Projected \$1012.00

Funds After Expenses \$5685.28

Proposed Spending

Convention \$9480

Total \$-3794.72

Transfer \$6000 from Prudent Reserves

Body Discussion

Proposed Cuts-dropping LAMAR and Google Ads

Proposed Spending- convention expenses,

NAWS donation- none recommended at this time

The Chair continues to receive the bank statement for the Prudent Reserve of \$7500.00

Prudent Reserve transfer of \$6000.00 to cover convention expenses with \$1501.02 left in Prudent Reserves

Funds After Proposed Spending \$-3794.72

Funds after transfer \$2,205.28

New Business:

PROPOSAL#: 21-03-01P

MAKER: Convention

PROPOSAL:

\$6000 Merchandise

\$630 Registration

\$500 Refreshments

\$100 Audio

\$2250 Indigent Packages

Total: \$9480

INTENT: Host the Spring 2021 MRSNCA Convention

RATIONALE: Celebration of recovery

RESULT: Passed

NAWS DONATION: None

REGIONAL INVENTORY: June 5th at 11am in the Curriculum Lab Building

NEXT REGIONAL SERVICE: 7/17/2021- 7/18/2021

July 2021 RSC Order of the Day

7/17/2021

At Cedar Lakes

In Curriculum Lab Building

Opening at 11:30am

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Introductions

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report

Old Business

Area Reports

Open Sharing Session

New Area Motions/Proposals

Sub-committees

PR Subcommittee

Web Page

Phoneline

H&I

PR

Convention Subcommittee

Will adjourn at 6:30 pm and reconvene at 9:00 am Sunday

7/18/2021

In Curriculum Lab Building

Representative Reports:

1. Regional Delegate (RD).

2. Regional Delegate Alternate (RD-Alt.)

P&A Sub-Committee

Finance

New Business

NAWS Donation

Set Agenda for Next RSC Meeting

Open Forum

Announcements

Closing Prayer