

**MOUNTAINEER REGIONAL SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**
PO Box 2381
Morgantown, WV-2381
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Helpline: 304-344-4442
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MRSCNA Minutes
July 16-17, 2022

OFFICERS:

Chair: Frank P.
Vice-Chair: Vacant
Secretary: Donna C
Treasurer: Kay M.
Treasurer II: Vacant
RSD/RD: Dana S.
RSD/RD Alt: Vacant

SUBCOMMITTEE CHAIRS:

Convention: Cooper B.
Literature: Inactive
PR: Sarah P.
H&I: Jess F.
P&A: Vacant
Finance: Kay M.
Phone Line:
Web Servant: Kay M.
Web Servant II: Chris G.

REGIONAL COMMITTEE MEMBERS:

NCASCNA:
Alt:
AFASCNA: Garrett N.
Alt:
NANA: Amanda C.
Alt: Grey Y.
METRO ASR: Daniel M.
Alt ASR: Krista W.
MANA: Sarah P.
Alt: Cooper B.
GTO: Cassie C.
Alt: Brandon J.
FANA: RD C.
Alt:
UPANA:
Alt:
GMANA: Angela K.
Alt:

MRSCNA OFFICER LIST

Chairperson

Frank P.
pensulefrank@gmail.com
304-516-1415

Vice Chairperson

Vacant

Treasurer

Kay M.
Krmit_1999@yahoo.com
304-661-3832

Treasurer II

Secretary

Donna C.
Colemandonna619@gmail.com
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RD

Dana S.
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RDA

Vacant

SUBCOMMITTEE CHAIRS

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Convention Chair

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Phone Line Chair

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ronnie.dael@gmail.com
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RCM AND RCM ALTS

AFASCNA

Garrett N.
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Alt.

METRO

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Alt.

GTOASCNA

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Alt.

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NANA

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Alt.

Greg Y.
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304-989-1493

NORTH CENTRAL WVASCNA

Alt.

FREEDOM AREA (FANA)

RD. C
ronnie.dael@gmail.com
304-228-0704

Alt.

UNLIMITED POSSIBILITIES

Alt.

GMANA

Angela K.
akurog@gmail.com
304-619-2644

Alt.

Those in attendance to the MRSCNA meeting for July 16-17, 2022

- | | |
|-----------------------------|------------------------------------|
| 1. Angela K. -GMANA RCM | 7. Jess F.- H&I Chair |
| 2. Daniel M. -Metro ASR | 8. Greg Y. – NANA RCM/Conv. Vice |
| 3. Dwayne B. – Conv. Audio | 9. Dana S- RD |
| 4. Frank P. –Chair | 10. Kay M.- Web Servant, Treasurer |
| 5. Donna C. – RSC Secretary | 11. Garrett N.- AFASCNA RCM |
| 6. RD C.- FANA ASR | 12. Cassie C-GTO RCM, Conv. Merch |

MRSCNA Minutes
July 16-17, 2022

- Opened with Prayer
- Twelve Traditions read
- Twelve Concepts read
- 5 of 9 RCM's/ASR's attended

Introductions

Secretary's Report:

April 2022 RSC minutes were read and accepted by the body.

Treasurer Report:

Treasurer's Report

4th Quarter 2021.2022

April 2 - July 15

Beginning Balance	14,921.22	
INCOME		
Donations MANA	550.00	2-Apr
Greater Morgantown	182.75	2-Apr
Appalachian Foothills	200.00	2-Apr
Metro Valley	100.00	2-Apr
FANA	300.00	2-Apr
MANA	600.00	11-Jul
Total Donations	1,932.75	
Reimbursements		
Metro Valley (insurance)	36.00	2-Apr
Frontier Refund	76.41	28-Apr
YouTube refund	5.28	13-May
Conv Refresh reimbursement	52.96	24-May
Total Reimbursements	170.65	

Convention		
Friday Deposit	7,450.00	29-Apr
Venmo Registration	60.00	2-May
Pay Anywhere deposit	245.24	2-May
Pay Anywhere deposit	4,197.26	2-May
Pay Anywhere deposit	5,527.04	2-May
Saturday Deposit	6,990.00	2-May
Sunday deposit	483.00	24-May
Total Convention	24,952.54	

TOTAL INCOME 27,055.94

EXPENDITURES

Administrative

Zoom	16.04	22-Apr	automatic debit
Bank Service Charge	4.00	21-Apr	automatic debit
for coffeepot	150.00	17-Jun	Ck#1069 Donna C
Bank Service Charge	4.00	23-May	automatic debit
Zoom	16.04	23-May	automatic debit
Bank Service Charge	4.00	22-Jun	automatic debit
Zoom	16.04	22-Jun	automatic debit
Annual Report (Sec of State)	25.00	24-Jun	Debit
PO Box Rent	70.00	1-Jul	Ck #1073 Annually
Total Administrative	305.12		

Convention

Refreshments	500.00	14-Apr	Kevin E Venmo
Registration	630.00	14-Apr	Donna C
SQ Brand Yourself (Merch)	3,321.46	27-Apr	debit
Audio	41.74	2-May	Dwayne B
WalMart	7.19	30-Apr	receipt books
Merchandise	195.39	2-May	Venmo to Cassie C
Cedar Lakes	2,720.00	28-May	debit card
Total Convention	7,415.78		

PR

H&I	153.74	4-Apr	Ck #1067 Jess F
Google YouTube	179.78	4-Apr	automatic debit
Greenbrier Printing	198.00	1-Apr	Debit schedules
Lamar	4,141.00	28-Apr	debit 3 months
OneBox	95.09	2-May	automatic debit
Google YouTube	139.48	2-May	automatic debit
IPs for PR mailings	74.13	28-May	Ck #1072

OneBox	95.09	31-May	automatic debit
Google YouTube	216.52	3-Jun	automatic debit
OneBox	95.09	1-Jul	automatic debit
PostNet	264.50	15-Jul	debit
GoDaddy web server	256.67	15-Jul	automatic debit
GoDaddy domain name	45.30	15-Jul	automatic debit
Total PR	5,954.39		

RD

Total RD 0.00

NAWS Donation 0.00

TOTAL EXPENDITURES 13,675.29

Seed money for convention	400.00	
Total debits from checking	14,075.29	
Ending Balance	27,901.87	15-Jul
Bank Balance	27,901.87	15-Jul
difference	0.00	

Prudent Reserve 15,002.37 in savings not included in the checking account balance

Old Business:

Nominations/Electrics

- Chair: Frank P.
- Vice Chair:
- RD: Dana S.
- RD Alt:
- Treasurer: Kay M.
- Treasurer II:
- Secretary: Donna C.

PROPOSAL#: 04-22-1P

MAKER: PR

PROPOSAL: to spend a small amount of money on materials, up to \$200, to purchase and send PR info to physical addresses

INTENT: to carry the message to reach professionals

RATIONALE: the body requested this avenue to carry the body's conscience and perform duties

RESULT: Passed

PROPOSAL#: 04-22-2P

MAKER: PR

PROPOSAL: to make the basic text available for download in pdf form on the website

INTENT: carry the message

RATIONALE:

RESULT: Failed

PROPOSAL#: 04-22-3P

MAKER: PR

PROPOSAL: spend up to \$1200 per month on billboards with one time cost of \$400 to setup

INTENT: carry the message and noticeable to public

RATIONALE: billboards are seen by thousands, if we have funds its an effective way to attract people

RESULT: Passed

PROPOSAL#: 04-22-4P

MAKER: PR

PROPOSAL: to transfer the regional phonenumber from Onebox to Yap

INTENT: to utilize a phone line system that is written by addicts for addicts to integrate with the BMLT and to carry the message at a cost of less than \$30 a month.

RATIONALE: cost is less; system can be updated to fix specific regional needs; an area contact person can be trained to manage that areas volunteers. The region will have more control. Appears to be easier to manage than Onebox.

RESULT: Passed

PROPOSAL#: 04-22-5P

MAKER: Chair

PROPOSAL: to get a coffee pot and the fixins (sugar and creamer, cups) no more than \$150

INTENT: to keep trusted servants awake and alert during RSC business

RATIONALE: to be able to get RSC business accomplished so that we can carry the message and more of it

RESULT: Passed

Area Reports:

NANA:

NANA Area Report 7-22

Our Area is well. We held elections and managed to fill all positions.

The NANA Area Picnic will happen on Sun. 8/14/22 @ The Valley Park

(Wave Pool) In Teays Valley, Shelter 4. To help set up come at 10AM. To

help clean up stay until 4PM. We plan to eat around Noon with a

speaker from the GTO Area to follow. We'll be cooking hamburgers and

hot dogs. Feel free to bring sides, desserts, and beverages. The Wave

Pool is not included.

We have no donation at this time.

Grateful to Serve,

Greg Y.

NCWVASCNA:

No Report Submitted

GTO:

No Report Submitted

METRO:

The Metro Valley Area now has 11 active home groups with the opening of the West Side Serenity group on Sundays at 6:30. Also with Charleston Central group opening back up, we are all back to in person meetings. Our Area Service Committee meets the 4th Sunday of each month. We currently have 2 H&I commitments. We are working on plans for a campout in Kanawha State Forest in September or early October. Our only needs are schedules for H&I and we have a humble donation.

In loving service,
Daniel M. ASR

UPANA:

No Report Submitted

FANA:

Homegroups/Meetings: currently 9 Homegroups and 15 meetings

- | | | |
|-------------------------|--------------|---|
| 1. Addict to Addict | Oak Hill | 1 |
| 2. DRC | Beckley | 1 |
| 3. Gratefully Dedicated | Fayetteville | 1 |
| 4. High On Life | Beckley | 3 |
| 5. Miracles Do Happen | Rainelle | 1 |
| 6. The Other Homegroup | Beckley | 1 |
| 7. Primary Purpose | Beckley | 1 |
| 8. Uphill Journey | Summersville | 3 |
| 9. Welcome Home | Bluefield | 3 |

15 TOTAL MEETINGS (+2 Zoom Meetings)

EVENTS:

Annual Picnic and Fundraiser August 20, 2022 @11:00 a.m.
BELL POINT PARK, 701 MILLER AVE, HINTON WV 25951
Food, Fellowship, cornhole tournament, auction, 2 speakers.

No Donation at this time.
RD

GMANA:

RSC Report July 2022

Area Name: GMANA

RSM: Angela K.

Donation: \$0

Report: GMANA has approximately 17 homegroups.

Our annual picnic celebrating the 40th anniversary of the first Morgantown meeting is August 7th at 2pm

at Pavilion 3 at Camp Muffly in Morgantown. There will be food, kickball, pie fundraiser, and speaker.

Fight, Flight, or Float annual unity float with NCANA will be July 23 rd at 11 am at Valley Falls State Park in

Fairmont. There will be food, a speaker at 11:30 with the float following.

GMANA has two proposals:

A. That the MRSCNA provide a fully participating zoom option for areas who attend region and live

outside the immediate location where Region is held. Intent is to make Region more inclusive

and save money on travel expenses for RCMS.

B. GMANA would like to request that the regional service be condensed into 1 day to save on hotel costs for our RCMS

MANA:

RCM report July 2022

Mountain Area

Our Area Service Committee meets on the 4th Saturday every month in person. We have 3 homegroups and one unaffiliated group in our area with a meeting 6 days per week. We have had a few celebrations since last region; a 7 year and an 18 year in April. We have 8 IP racks in our community and a local area schedule we put in the racks. Our area participated in National PR week. We have a sign we hung in town and set up a table on June 11th.

We are in favor of changing to YAP, as well as adding a PDF of the Basic Text on our regional website. Our 31st annual Campout at Sherwood Lake in Neola WV is scheduled for August 3rd -7th. We have a donation of \$600.

Thanks for letting me serve,
Sarah P (RCM)

AFASCNA:

AFASCNA Report 07/16/2022

The Appalachian Foothills Area of Narcotics Anonymous is doing well. Another meeting closed due to lack of attendance, so we now have 7 home groups in the area. Some meetings attendance has been significantly large, some has been very small. We are having an event on 07/23/2022 from 4p to 8p at the Parkersburg City Park called the Freedom Day Blast and there will be a cookout and a speaker and a dance. H&I currently goes into one facility – Camden Clark Memorial Hospital. As an area, we have no needs at this time. We do not have a donation.

Grateful to serve,
Garrett N.

JAFASC:

Inactive

Open Sharing

New Area Motions and Proposals:

PROPOSAL#: 07-22-P1

MAKER: GMANA

PROPOSAL: Request that the Regional Service be condensed into 1 day to save on hotel costs for our RCMs

INTENT: To save money for our RCMs travel expenses

RATIONALE: Concept II: GMANA is spending over \$800.00/year to send RCMs

RESULT: See Proposal#: 07-22-P8 in P & A

PROPOSAL#: 07-22-P2

MAKER: GMANA

PROPOSAL: That the MRSCNA provide a fully participating Zoom option

INTENT:

RATIONALE:

RESULT: See Proposal#: 07-22-P8 in P & A

Subcommittee Reports:

PR UMBRELLA:

MRSCNA PR report July 2022

PR Chair Sarah P

1. **Conferences** (that I know of):

- WV NASW conference- May 2022- virtual –Sarah P & Cooper B attended a panel
- Appalachian Addiction & Prescription Drug Abuse Conference- Sept 22-24, 2022-Mariott in Morgantown
- West Virginia Counseling Association- WVCA Fall Conference November 3-5, 2022- Days Hotel in Flatwoods, WV
- West Virginia Association of Alcoholism and Drug Abuse Counselors (WVAADC), 2022 Annual Conference August 30, 31, & September 1 West Virginia School of Osteopathic Medicine (WVSOM) in Lewisburg
- WV State medical Association Summit (November 13-15, The Greenbrier-WSS) no registration info yet, emailed for info, no response
- Peer Recovery Support Specialists- was announced in June for 2022 (virtual)
Emailing them MRSCNA convention info
- Family medicine annual conference (Hilton Doubletree, Huntington Nov 11-13, 2022)- nonprofit exhibitor \$300
- WV OMA 120th Annual CME Conference (November 3-6, 2022, Greenbrier hotel) -Exhibitor\$1500

Recovery Month Sept

YouTube PSA

Promoted on March 14th. On until July 11th (Second run). Total 31,066 views

Billboards –

Contract for 4 boards for 3 months- attached

PR mailing -Requested each area bring a list of contacts and mailing addresses

- Sent mailings for the contacts I had received which included 3 IPs, business card, regional schedule, and letter. Cost one stamp plus 1 ounce stamp. I have additional supplies.

Phoneline

- Proposal to replace Onebox with Yap
- Received a call from a lawyer of a \$2000 donation from a will, returned call no answer 678-982-2071.
- Received a call from a disability group having an event in Ripley that weekend. The contact is Diane Moss, who said we have presented before, 304-428-0365
- 240 Calls in past 3 months. Picked up in May and June and declined this month

Website

- Proposal- Free basic text on website

Schedules printed

H & I:

H&I purchased the IPs recommended by World Service and passed them out to the areas. We have responded to the letters from jails that were received and have mailed materials for h&i meetings to two different areas. Last region, 80 Basic Texts were donated for jails and institutions, and I am working to find a way to disperse them to the various places in the region. Grateful to serve,
Jess F

Web Page:

Web Servant Report
July 16, 2022

Over the past quarter your web servant has kept the web page plug-ins up to date which keeps the web page functioning, added events and flyers, and kept the meetings up to date as requested.

In Regional Old Business, the Yap Proposal was approved by the RCMs/ASRs after having been sent back to Areas. Your Web Servant will work with Richard S from CARNA to install Yap which will replace OneBox and will work with the Basic Meeting List Toolbox to provide meeting information to addicts and connect addicts to a live person when that is desired.

Venmo account: Be sure to list your group or area in the comments when making donations to region

As always, please remember to send your requests for the web servant to the mountaineer.region.web@gmail.com. RCMs please make sure the following two items are completed:

1. PLEASE check your area's meeting schedule frequently and let me know of any changes. It is really easy to pull out your area's meetings:
 - a. ***just bring up the web page, scroll down to the meeting list and click on the area tab; choose your area, and voila! There are your meetings.***
2. Also, PLEASE, look at the printed schedule you received today:
 - a. I'd like to make sure that all the information is showing up on the printed version;
 - b. Zoom information and in person meetings will all fit if it is in the right place on the BMLT. I need to know if your information is not correct on the printed version

Truly grateful to serve,
Kay M
Web Servant

Nominations for elections:

PR chair- none
PR vice chair- none
H&I- Jess F
H&I VC- Daniel M
Phoneline chair- Ron C
Webservant 1- Kay M
Webservant 2- Chris G

CONVENTION:

Convention Committee Report 7-22

We confirmed all of the nominations for the Committee servants. We have booked with Cedar Lakes the weekend of 6/2,3,4/23 for the Spring Convention.

We agreed to have topics related to the basics (Home Groups, Sponsorship, Service, Higher Power and Abstinence) added to the Convention Program.

We will continue to use the Dining Hall for a 2nd Speaker Meeting on Fri. & Sat.

The artwork for Fall '22 & Spring '23 have been approved.

The name of the Spring '23 Convention is "Lifeboat in a Sea of Isolation". That decision was based on some very popular artwork we received.

Indigent packages are now called newcomer packages.

One of the card readers stopped working. We are ordering 2 more so we have a spare. They cost about \$30 each.

The merchandise budget was increased by \$1000 to allow for inflation and to keep from selling out entirely, also, toward that same end it was suggested we get some plain short -sleeved XL & M t-shirts in a few popular colors. That way if all of the "fancier" items sell out nobody needs to leave empty handed. The budget for Cedar Lakes was increased by \$500 to allow for higher costs.

We had too few resumes to choose speakers. We will do that via ZOOM on 8/13/22 @ 10AM. The meeting ID is 304 372 3722 (no password).

Grateful to serve, Greg Y.

Speakers for Fall 2022 Convention:

Angela M

Joy F

John S

Cassidy T

Mary I

Alternates will be:

Jesse W

Mary D

Convention Subcommittee Election Nominations:

Chair: Cooper B.

Vice: Greg Y.

Merch Chair: Garrett N.

Merch Vice: Brandon J.

Reg Chair: Donna C.

Reg Vice: Daniel M.

Refresh Chair: Brittany O.

Refresh Vice:

Audio Chair: Dewayne B.

Audio 1: Jerome

Audio 2: Erica P.

Secretary: April P.

RD Report:

NA WSC 2022 Regional Delegate Report

CAR/CAT Results:

Motion 1. Continuation of the suspension of Article 5 Section 3 of FIPT Operational Rules with the suspension expiring at close of WSC 2023.

(Our Vote was NO {2-yes, 1-no, 4-abstentions})

Final Tally was 107-yes 1-no 4-present/not voting

***Motion passed**

Motion 2. To extend terms of the WSC elected positions for the two (2) Human Resource Panel members set to expire in 2022 to 2023.
(Our vote Yes {4-yes; 3- abstentions})

Final Tally was 115 Yes, 0-No, 1-Abstention

***Motion passed**

Motion 3. To extend the terms of the 3 elected positions on the World Board currently set to expire in 2022 to 2023
(Our vote: Yes {4-yes, 3-abstentions})

Final Tally was 117 yes, 0-no Unanimous

Motion Passed

Motion 4. To approve **“A Spiritual Principal a Day”** publication as ‘Fellowship Approved recovery literature

(Our vote: No [3-Yes, 1-no, 3-abstentions])

Final Tally was 109-Yes, 2-no, 1-abstentions (RD’s only)

Motion Passed

[side note: Zonal Delegate separate vote was 5-0 in favor]

End of Voting Process

**** Personal Note:** This (above) process took up a day and a half due to a long pointless debate over minutiae about whether or not a WB member could make a friendly amendment to a motion during a meeting of the entire WSC only to clarify the said motions’ intent to be congruent to the motion itself after it has already been presented to the membership at large, and voted on from group level, to area level, and to regional level prior to us being doing the business of WSC.

It truly became one of those momentary things that occasionally come up in doing service that can make service work actually feel uncomfortably dis-Unified and mentally and emotionally trivializes our goals and makes one question within oneself the point of why myself or anyone else wants to voluntarily do this work. Should it extend into a long term habit it becomes difficult to find service volunteers. I’ve been in a few of those service bodies-even here in this room, and I’m so blessed & truly Grateful YOU Folks currently in This Room are doing the work of Our Region with love and respect for our common

good and are of the mind and motivation toward service motivated in the Goal of helping one more addict in our neighborhood to find recovery.

Fortunately, within a half hour or so of day 2 common sense and rational loving hearts prevailed and we moved on. The friendly amendment was withdrawn, and a consensus that the intent was in reality clear enough to make it clear that what we'd all voted on back home matched the intent, we voted, it passed, and we moved on unified once more.

Continuing to Discussion topics:

Our remaining hours of that remaining day and those next weekend days during our Spring Convention were full conference and smaller breakout group discussions on the following topics:

** (I'm presenting a short version of the topics, but breakdown notes compiled from recordings and notes will be digitally distributed with c. d. e. f. g. my digital report.)

**** See "Future of the WSC Report to Conference Participants "(Attachment)

1. Pros & Cons of Moving to a 3-Year Cycle of WSC rather than the current 2-Year Cycle.
 - A. How do we get work done in a timely manner.
 - B. How can Zonal Forums be more fully used?
 - C. Can we use Annual or bi-annual WSC Digital meetings?
2. Opt-In Funding.
 - A. Ideas stemming from the fact that many Regions are funding their own RD's to WSC.
 - B. Any Region requesting Funding would receive it rather than regions opting out.
3. How can we use the time between meetings more effectively?
4. What needs to be or benefits from being discussed at an in-person conference and what can be done virtually?
5. Who 'Needs to attend the in-person meetings in the future?

Who could attend virtually?

We had a couple of information presentations which I didn't download basically because they were in PowerPoint Presentation form and because one was presented by non-English speaking folks who were interpreted well, but my discussion of their presentation would do no justice and be un-interesting at best to the Committee.

Briefly, however, the subject discussed was intended to get **us** discussing & addressing gaps in our fellowship development and outreach and how we might develop a better strategy to fulfill closing the gaps.

Next a gentleman discussed his regions' mode of mentoring their future service people teaching positional responsibilities for any position from GSRs to RCMs, Regional Officers, Committee memberships, RDs, etc. the process begins with sponsorship

modeling service as desirable for enhancing ones own recovery processes, and recruitment of members showing promise into a sort of pre-training in things like “Guide to Local Service “, “12 Concepts for NA Service “, “Guide to World Services in NA”, etc. We may think about developing some sort of mentoring program and attracting service people from our home group members if we wanted to get rotating service members rather than doing all the jobs ourselves until we burn out.

Lastly, it would appear that the Iranian Region has decided to withdraw from NAWS. I’ve attached some communication between WB and Iran folks and I know that more will be revealed in time.

It’s an honor and privilege to serve our region and I thank you for the opportunity. You folks make service enjoyable, and I try expressing that whenever the opportunity presents itself when I’m associating with our membership outside our service body. Just wanted to let each of you know that.

Dana S.
Regional Delegate
MRSCNA

RDA Report:

No Report Submitted

P&A:

No Report Submitted

FINANCE:

See Appendix:
Finance Template

Treasurer's Report

See Appendix:

Treasurer Report

YTD report

Finance Subcommittee Report

See Appendix:

Finance Template

The completed Finance Template in the Appendix shows the progress of discussion during the committee meeting. The balance coming into Regional Service is the starting balance, standard quarterly expenses are subtracted; donations and reimbursements are added. Already encumbered money is subtracted. Money proposals are listed and totaled, then subtracted to determine if there is money to cover those proposals; we decided not to support the WV OMA Conference or the Addiction Professionals Conference as the cost was prohibitive. During discussion, we reviewed the Regional Policy to determine if there are other money items to be considered. There were not. The bottom line was that if the recommended proposals passed and all bills and expenses were paid, we will still have over \$1,000 left over. The committee recommended the money motions be sent on to the RSC for consideration.

It was decided to do the annual financial audit of the treasurer's books and bank account in October this year as the books will be transferred to the new treasurer at the October Region. The audit requires 3 officers (including the Chair and not the treasurer) to review the books. The member who had shown willingness to be nominated for Treasurer II requested to have her name withdrawn. RD C. from FANA showed willingness to take over as Treasurer I in October, and his resume is included in the minutes.

New Business:

PROPOSAL#: 07-22-P1

MAKER: GMANA

PROPOSAL: Request that the Regional service be condensed into 1 day to save on hotel costs for our RCMs

INTENT: to save money for our RCMs travel expenses

RATIONALE: Concept II: GMANA is spending over \$800/year to send RCMs

RESULT: FAILED

PROPOSAL#: 07-22-P2

MAKER: GMANA

PROPOSAL: That the MRSCNA provide a fully participating Zoom option for areas who attend Region and live outside the immediate location where region is held.

INTENT: To make regional meeting inclusive and save money on travel expenses for RCMs

RATIONALE: Concept II: GMANA is spending over \$800/year to send 2 representatives to each meeting, money that can be spent on our primary purpose.

RESULT: FAILED

PROPOSAL#: 07-22-P3

MAKER: PR

PROPOSAL: Vendor display at the WV Association of Alcohol and Drug Abuse Counselors. Cost = \$500 reserve by 8/1/22. Conference is Aug. 30-Sept. 1

INTENT: to share the message of NA to the professionals who work w/ addicts in a therapeutic setting

RATIONALE: so that addicts don't die; so that professionals may consider NA a solution for people looking for recovery

RESULT: PASSED

PROPOSAL#: 07-22-P4

MAKER: PR

PROPOSAL: Requesting \$300 to attend Family Medical Conference in Huntington Nov 11-13

INTENT: To provide information about NA to medical professionals in our region to further the NA message.

RATIONALE: Medical professionals are in a prime place to provide information to suffering addicts and provide a point of contact for new members.

RESULT: PASSED

PROPOSAL#: 07-22-P5

MAKER: PR

PROPOSAL: For \$150 to attend counseling conference in Flatwoods Nov 3-5

INTENT: To reach mental health professionals & provide information about NA

RATIONALE: Mental health professionals provide an important referral point when interacting with addicts, and can provide information to attract new members.

RESULT: PASSED

PROPOSAL#: 07-22-P6

MAKER: PR

PROPOSAL: Vendor Display at the WV OMA 120th Annual Conference November 3-6, 2022. Greenbriar Hotel, White Sulphur Springs. Cost = \$1500.00

INTENT: To share the message of NA with professionals who work with addicts in a medical setting

RATIONALE: so that addicts don't die; so that professionals may consider NA as a solution for people struggling w/ addiction or looking for recovery.

RESULT: FAILED

PROPOSAL#: 07-22-P7

MAKER: PR

PROPOSAL: Extend the billboard contract with 3 billboards for an additional 6 months cost: \$6930.00

INTENT: to share the message of NA w/the public, professionals, and addicts and give a specific way for contact

RATIONALE: so addicts don't die

RESULT: PASSED

PROPOSAL#: 07-22-P8

MAKER: P&A

PROPOSAL: Streamline the way regional service committee meets. Saturday regional service would remain in person in the normal location. The Sunday regional service meeting could relocate to Zoom only so that individuals that travel do not need to stay overnight and incur additional expenses.

INTENT: To make regional service more inclusive and accessible to all the areas as well as to reduce expenses incurred by areas and individuals – consolidated - proposals 7-22-P1 & 7-22-P2

RATIONALE: We need to be more efficient, economical and do something different

RESULT: Tabled to Areas

PROPOSAL#: 07-22-P9

MAKER: Convention

PROPOSAL: Money for convention \$14,310.00 that is: merchandise \$8,000.00, Registration \$630.00, Audio \$100.00, Newcomer \$2250.00, refreshments \$600.00, Cedar Lakes \$2720.00.

INTENT: To hold the fall convention

RATIONALE: To carry the message in a celebration of recovery and raise funds for NA Services

RESULT: PASSED

PROPOSAL#: 07-22-P10

MAKER: Finance

PROPOSAL: To spend up to \$358.00 to host YAP

INTENT: To enable the RSC to move our phoneline platform to YAP

RATIONALE: We approved moving the phoneline to YAP and this is a necessary expense. It will be an annual expense.

RESULT: PASSED

RSC Election Nominations:

Chair: Frank P.

Vice Chair:

Secretary: Donna C.

Treasurer 2: Ron D.

RD: Dana

RD Alt.:

NAWS DONATION: \$0

NEXT REGIONAL SERVICE: 10/1/2022-10/2/2022

July 2022 RSC Order of the Day

10/1/2022

At Cedar Lakes-Holt Lodge

Opening at 12:00pm

Reading of the Twelve Traditions of NA

Reading of the Twelve Concepts for NA Service

Introductions

Secretary's Report (Reading of the Minutes from preceding RSC)

Treasurer I Report
Old Business
Area Reports
Open Sharing Session
New Area Motions/Proposals
Convention Subcommittee
Sub-committees
PR Subcommittee
Web Page
Phoneline
H&I
PR

Will adjourn at 6:30 pm and reconvene at 9:00 am Sunday

10/2/2022

Representative Reports:
1. Regional Delegate (RD).
2. Regional Delegate Alternate (RD-Alt.)
P&A Sub-Committee
Finance
New Business
NAWS Donation
Set Agenda for Next RSC Meeting
Open Forum
Announcements
Closing Prayer

Quarterly/YTD Report
2021.2022

	1st quarter July 18 - Oct 1, 2021	2nd quarter Oct 2 - Feb 4	3rd quarter Feb 5 - April 1	4th quarter April 2 - July 15	Year to Date 2021.2022
INCOME					
Donations	3,292.31	1,317.22	1,809.21	1,932.75	8,351.49
Reimbursements		340.14	34.00	170.65	544.79
Convention		17,811.73	0.00	24,952.54	42,764.27
TOTAL INCOME	3,292.31	19,469.09	1,843.21	27,055.94	51,660.55
EXPENSES					
Administrative	60.12	3,306.96	40.08	305.12	3,712.28
Convention	7,456.16	6,715.59	3,365.23	7,415.78	24,952.76
RD	1,582.91	100.00	0.00	0.00	1,682.91
PR	794.28	1,588.42	593.76	5,954.39	8,930.85
NAWS Donation	1,500.00	0	2,000.00	0.00	3,500.00
TOTAL EXPENSES	11,393.47	11,710.97	5,999.07	13,675.29	42,778.80
quarterly Income - Expenses	-8,101.16	7,758.12	-4,155.86	13,380.65	8,881.75

Finance Subcommittee Template

Sunday, July 17, 2022

Fourth Quarter Working Balance Report

Balance Carried over from Treasurer's Report 27,901.87 Projected Quarterly Expenses 1,245.39
Available Funds 26,656.48

Donations/Reimbursements

Metro Valley 50.00 *total 50.00*

New Available Funds

Funds already approved

26,706.48

Outstanding check 9.88 Insurance in October 2,800.00

total 2,809.88

Newer Available Funds

Proposed Spending. (Money proposals)

23,896.60

Bill Boards (6 months) 6,930.00 Fall Convention Expenses 14,310.00 WVAADC conference PR
500.00 WV OMA Conference PR

Addiction Professionals PR (the Morgantown conference)

Family Medical Conference in Huntington 300.00 Counseling Conference in Flatwoods 150.00

Website for the Yap annual expense (estimate) 358

total 22,548.00

Remaining Available Funds

For Discussion

1,348.60

NAWS Donation 0.00

0.00

Final Available Funds 1,348.60

Finance Subcommittee Template

zoom SC OneBox YouTube 48.12 12 285.27 900

Mountaineer Regional Service Resume

Position: TREASURER Today's Date: 7/17/22
Name: RON D CRIMPISSELL Clean Date: 10/20/94
Address: 213 HIGHLAND ST BECKLEY ²⁵⁸⁰¹ Phone #: 304-228-0704
Do you meet the clean time requirements? YES

Area Service: GSR-ALT, GSR

Regional Service: ASR

World Service: _____

Have you been removed from a service position in the last 5 years? NO
If yes please explain. _____

Do you have the time, resources and skills necessary to complete the service position to which you may be nominated? Please explain: YES MY JOB HAS FLEXIBLE HOURS. I HANDLE FINANCES FOR A NON-PROFIT ORGANIZATION (10 YRS+)

Describe your commitment to personal recovery. MY RECOVERY IS CENTRAL TO MY LIFE: I ATTEND MEETINGS EVERY WEEK & PARTICIPATE WITH IN MY HOME GROUP AND CONTINUE TO WORK WITH A SPONSOR I'M CURRENTLY WORKING A STEP ONE AGAIN.

Mountaineer Regional Service Resume

Position: R.S.C. V. Ch. **Today's Date:** 08/13/22

Name: Gregory J. Yakubek **Clean Date:** 1/3/87

Address: 98 Scott Acres, Scott Depot, WV **Phone #:** (304)989-1493

Do you meet the clean time requirements? Yes

Group treas. 5 times, G.S.R./Alt. 2 times, G.S.R. 19 times

Area Service: Campout Ch. 2 times, A.S.R. 3 times, R.C.M. 5 times, R.C.M./Alt. 3 times V.Ch. 3 times,
Ch. 8 times

Regional Service:

Activities Coordinator, V.Ch. 2 times, Ch. 3 times, Shared Services (OH

R.S.C. with the Buckeye R.S.C.), Conv. V. Ch., Conv. Ch.

World Service: R.D./alt.

Have you been removed from a service position in the last 5 years? Never!

If yes please explain.

Do you have the time, resources and skills necessary to complete the service position to which you may be nominated? Please explain: I am now retired. I have a vehicle and a computer. After 59 service positions I have acquired some skills and, most importantly, I am not afraid to ask for help.

Describe your commitment to personal recovery. I haven't used, no matter what, since the day before my first meeting. I have a good relationship with my Higher Power and my sponsor, although I could talk to both more often. I attend, serve, and support my Home Group faithfully. I reach out to newcomers and try to carry the message in what I say and do. I serve on NA Committees. It helps me improve my poor people skills by shining a light on my defects and providing strength training for my assets. I serve society by trying to be helpful whenever the opportunity arises. These statements strike me as not entirely humble but, hey, you asked.
