

# REGISTRATION

## CONVENTION REGISTRATION FEE

WEEKEND - \$30

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## CONVENTION REGISTRATION HOURS

### FRONT OFFICE:

**Friday:** 10 a.m. – 4:30 p.m.

### ASSEMBLY HALL:

**Friday:** 7:00 – 8:30 p.m.

**Saturday:** 9:00 – 11:00 a.m.  
1:00 – 4:30 p.m.

CREDIT CARDS ARE ACCEPTED FOR MERCHANDISE AND REGISTRATION- Discover, American Express, Visa and MasterCard

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**NO ADDICT TURNED AWAY –**  
NEWCOMER DONATIONS ACCEPTED AT REGISTRATION

# MERCHANDISE

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### JACKSON HALL:

**Friday:** 2:00 - 4:00 p.m.  
After Speaker Meeting

**Saturday:** 2:00 - 4:00 p.m.  
After Speaker Meeting

**Sunday:** After Speaker Meeting

Speaker CDs are available in Jackson Hall after Speaker Meetings

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Quiet Time is Midnight  
Vocational 1 and the Craft House will be available for after-hour activities

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CEDAR LAKES ROOM REGISTRATION AND MEAL TICKETS ARE AVAILABLE AT THE FRONT OFFICE

**ALL BUILDINGS ARE NONSMOKING AND HANDICAPPED ACCESSIBLE**

MARK YOUR CALENDARS...

***“We Saved You a Seat”***

## **Fall Convention**

Presented by the  
Mountaineer Regional Service  
Committee of Narcotics  
Anonymous

Oct. 27,28,29 -2023  
Cedar Lakes  
Ripley, WV

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## **CONTACT INFO FOR MRSCNA CONVENTION**

Cooper B. Chair (304) 661-0507  
The contacts prefer texts, please.  
Greg Y. Vice Chair (304) 989-1493  
[mountaineer.region.convention@gmail.com](mailto:mountaineer.region.convention@gmail.com)

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**Mountaineer Region Helpline**

**1-800-766-4442**

<http://www.mrscna.org/>



Presented by the

***Mountaineer Regional  
Service Committee of  
Narcotics Anonymous***

at

**Cedar Lakes  
Ripley, WV**

## **“Lifeboat in a Sea of Isolation”**

June 2-4, 2023

(Page numbers are from *A Spiritual Principal a Day*)

FRIDAY	FRIDAY	FRIDAY	FRIDAY	FRIDAY	FRIDAY
5:00 - 6:00 pm	Dinner				Dining Hall
6:00 - 6:55 pm	Welcome meeting				Assembly Hall
7:00 - 8:00 pm	Steps 8 & 9 Faith when times are tough (pg. 301) Sponsorship, caring & listening (pg. 320) Crash course in hope (p.55) Service, an expression of love & gratitude (pg. 126) Pushing through with perseverance (pg. 34)				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
8:30 pm	Speaker Meeting: Matt F. – Syracuse NY Speaker Meeting: Jesse W. – N. Chesterfield, OH				Assembly Hall Dining Hall
After Speaker	Marathon Meeting Campfire Meeting				Vocational 1 Campfire Circle
12:00 am	Our Common Effort is Recovery (pg. 56)				Craft House 1
SATURDAY	SATURDAY	SATURDAY	SATURDAY	SATURDAY	SATURDAY
6:30 am	Morning Meditation				Vocational 1
7:30 - 8:15 am	Breakfast				Dining Hall
9:00 - 10:00 am	Step 12 Steps 6 & 7 Enduring loss & reclaiming joy (pg. 173) Honest self-reflection (pg. 321) Home Group, willingness makes a difference p.123 HP, seeking connection not distraction (pg. 5)				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
10:30 - 11:30 am	Step 10 Regional Delegate Forum - WSC Willingness gets us into action (pg. 129) Staying open-minded to new ideas (pg. 292) Flexibility & relationships (pg.138) Self-acceptance & the Serenity Prayer (pg.113)				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
Noon - 1:00 pm	Lunch				Dining Hall
1:15- 2:15 pm	Step 1 Steps 4 & 5 The 12 Concepts Lifeboat in a Sea of Isolation Humility & sticking to the basics (pg. 74) LGBTQ – looking past our differences				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
2:30- 3:30 pm	Step 2 Step 11 Perseverance helps us stay (pg. 135) Home Group, unity not uniformity (pg. 108) Service, purpose & belonging (pg. 266) Empathy in hard times (pg. 127)				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
3:45- 4:45 pm	Step 3 Traditions Sponsorship, accepting another’s path (pg. 155) Keep coming back, reliability matters (pg. 60) HP, the harmony between Step 11 & Trad. 2 (pg. 98) Honesty & reality (pg. 68)				Vocational 1 Vocational 2 Assembly Hall Classroom 1 Assembly Hall Classroom 2 Craft House 1 Craft House 2
5:00 - 6:00 pm	Dinner				Dining Hall
6:45 - 8:00 pm	Recognition of States Clean-time Countdown Unity Prayer				Assembly Hall
8:30 pm	Speaker Meeting: Mary D.V. – Cincinnati, OH Speaker Meeting: Todd S. – Conshohocken, PA				Assembly Hall Dining Hall
After Speaker	Dance Marathon Meeting Campfire Meeting				Assembly Hall Vocational 1 Campfire Circle
12:00 am	Tolerance & toxic relationships (pg.133)				Craft House 1
SUNDAY	SUNDAY	SUNDAY	SUNDAY	SUNDAY	SUNDAY
6:30 am	Morning Meditation				Vocational 1
8:30 - 9:30 am	TOPIC MEETINGS Spiritual, not religious Untangling knots with the Serenity Prayer (pg. 254)				Vocational 1 Vocational 2
9:45 - 10:45 am	Brunch				Dining Hall
11 am	Speaker Meeting: Sean M. – Osprey, FL				Assembly Hall