**Mountaineer Regional Service Committee**

**of Narcotics Anonymous**

PO Box 2381

Morgantown, WV-2381

Email: mountaineer.region.web@gmail.com

Helpline: 304-344-4442

800-766-4442

**MRSCNA Minutes**

**April 15-16, 2023**

**OFFICERS: REGIONAL COMMITTEE MEMBERS:**

Chair: Greg Y. NCASCNA: Shenna G.

Vice-Chair: Vacant Alt:

Secretary: Donna C AFASCNA: Garrett N.

Treasurer: R. D. C. Alt:

Treasurer II: Krista W. NANA: Jess F.

RD: Dana S. Alt:

RD Alt: Vacant METRO ASR: Daniel M.

Alt ASR:

**SUBCOMMITTEE CHAIRS:** MANA: Cooper B.

Convention: Cooper B. Alt:

Literature: Inactive GTO: Jerome C.

PR: Vacant Alt:

H&I: Jess F. FANA: Lee Lee C.

P&A: Greg Y. Alt:

Finance: Krista W. UPANA:

Phone Line: RD C. Alt:

Web Servant: Kay M. GMANA: Pam T.

Web Servant II: Chris G. Alt:

**MRSCNA OFFICER LIST**

**Chairperson**

Greg Y.

[gregfromniles@gmail.com](mailto:gregfromniles@gmail.com)

304-989-1493

**Vice Chairperson**

**Treasurer**

R. D. C.

Ronnie.dael@gmail.com

304-228-0704

**Treasurer II**

Krista W.

[Kristalee4502@gmail.com](mailto:Kristalee4502@gmail.com)

304-906-3459

**Secretary**

Donna C.

Colemandonna619@gmail.com

304-761-0611

**RD**

Dana S.

Hepmejesus@gmail.com

321-446-0130

**RDA**

Vacant

**SUBCOMMITTEE CHAIRS**

**PR Chair**

Vacant

**Convention Chair**

Cooper B.

[Cpbenedict52@gmail.com](mailto:Cpbenedict52@gmail.com)

304-661-0507

**Phone Line Chair**

RD. C

ronnie.dael@gmail.com

304-228-0704

**H&I Chair**

Jess F

shoaldancer@gmail.com

304-410-1370

**Web Servant**

Kay M.

mountaineer.region.web@gmail.com

304-661-3832

**Web Servant II**

Chris G.

mountaineer.region.web@gmail.com

304-553-8162

**RCM AND RCM ALTS**

AFASCNA **Alt.**

Garrett N.

Garrett.nunn@gmail.com

740-350-0590

METRO **Alt.**

Daniel M.

[Mcpherson21@hotmail.com](mailto:Mcpherson21@hotmail.com)

304-678-7706

GTOASCNA Alt.

Jerome C.

Jerome.hawc@gmail.com

681-360-0310

MANA Alt.

Cooper B.

cpbenedict52@gmail.com

304-661-0507

NANA Alt.

Jess F.

[shoaldancer@gmail.com](mailto:shoaldancer@gmail.com)

304-410-1370

NORTH CENTRAL WVASCNA Alt.

Shenna G.

[Sheshe05092@gmail.com](mailto:Sheshe05092@gmail.com)

681-495-2331

**FREEDOM AREA (FANA) Alt.**

LeeLee C

[Swvfh.lee@gmail.com](mailto:Swvfh.lee@gmail.com)

304-860-5535

**UNLIMITED POSSIBILITIES Alt.**

**GMANA Alt.**

Angela K.

[akurog@gmail.com](mailto:akurog@gmail.com)

304-619-2644

Those in attendance to the MRSCNA meeting for July 16-17, 2022

1. Cooper B. – Convention Chair
2. Greg Y. – Chair, Convention Vice
3. Shenna G. – NCANA RCM
4. Jess F. – NANA RCM, H&I Chair
5. Brittani H. – NANA RCM Alt.
6. Daniel M. – Metro ASR, H&I Vice, Convention Registration Vice
7. Garrett N. – AFASCNA RCM, Convention Merch. Chair
8. Krista W. – Treasurer II
9. LeeLee C.- FANA ASR
10. Ron C. – Treasurer I
11. Dana S. – R.D.
12. Donna C. – RSC Secretary, Convention Registration Chair

**MRSCNA Minutes**

**April 15-16, 2023**

* Opened with Prayer
* Twelve Traditions read
* Twelve Concepts read
* 6 of 9 RCM’s/ASR’s attended

**Introductions**

**Secretary’s Report:**

January 2023 RSC minutes were read and accepted by the body.

**Old Business:**

**PROPOSAL#:** 01-23-P1

**MAKER:** Metro

**PROPOSAL:** To change Regional mailbox from Morgantown PO Box to a Ripley PO Box

**INTENT:** To make the mail more accessible to the region from centralized location

**RATIONALE:** to better serve the Region with a centralized mailbox

**RESULT:** **FAILED**

**PROPOSAL#:** 01-23-P2

**MAKER:** Convention

**PROPOSAL:** Money for convention $15,080.00 that is: merchandise $8,000.00, Registration $630.00, Audio $600.00, Newcomer $2250.00, refreshments $600.00, Cedar Lakes $3000.00.

**INTENT:** To hold the spring convention

**RATIONALE:** To carry the message in a celebration of recovery and raise funds for NA Services, it takes money.

**RESULT:** PASSED

**RSC Election Nominations:**

**Treasurer Report:**

See Appendix:

Treasurer Report, YTD report

**Area Reports:**

**NANA:**

The Never Alone Never Again area is pleased to have added a new home group. This brings the homegroups in our area up to seven and helps us provide more meeting options. We are currently planning to have our area’s annual picnic again this year on July 30th. We will upload a flyer as soon as we have

one. We are also beginning to prepare to hold Thanksgiving it away for the first time since Covid began, and we are so excited about it! We are also please to report that our area has been taking on more PI and H&I projects, as we are trying to regroup after the last few years. We currently have no needs from

region and no donation.

Thank you for letting me serve,

Jess F

**NCWVASCNA:**

Date: 4/15/23 North Central Area of NA Report Chair: Jessica T Vice Chair: Empty Secretary: Michael -Absent RCM: Empty RCM Alt: Empty Treasurer: Sam H&I: Kristy -Absent Activities: Doug R. PR: Empty Group Attendance: 1. Home of New Beginnings-Absent o -March 30th Celebrating Sam 3 years 2. Serenity and Unity -Kati H o Still meeting on zoom with average of 4 people. Last Tuesday 28th and then inperson at Al Saints in Bridgeport. 3. Freedom Through Surrender- Jessica T o Still meeting Wed in person & zoom Fri/Sat. 4. Hell or High Water- Shenna o Attendance picking up and going well. o Announced new meet up the last Friday of each month at Bowling Alley. 5. Just for Today- Jessie Present o Meetings are going well with no new celebrations. o Celebrations in April on 6 th, 8th, 22nd 6. Never Alone Never Again- Absent. Announcements: • Activities: New addict meet up going well every Saturday 3-5pm at “The Joe” coffee shop in Fairmont with average 3-6 people. Committee is putting together a large activity at Camp Muffly with Corn Hole tournament in August. Also discussing May 20th get together at bowling alley about and discussing the next speaker jam. o H & I: H&I Workshop went well with 3 more volunteers. • Past Minutes. No new news. Still need Group Reports sent to Secretary: mancinomichael1@gmail.com • Treasurers Report: Sam o $50 donate from HG. Putting $25 to Region and $25 to activities • New Business: Shenna volunteers to be of service for RCM and Jessie Volunteers for Vice Chair-Passed • Next Area meeting April 30th: ID: 825 460 8120 Password: 143

**GTO:**

GTO Area is thriving, but attendance has been down a little. We wion’t be able to make a donation at this time. We are restructuring our finances. We’ve added 2 new homegroups.

Grateful to serve,

Jerome C.

**METRO:**

Metro Valley Area has 10 home groups in our area. We have 2 H & I commitments continuing to meet. Our Service Committee meets the 4th Sunday of each month. We are planning a picnic in June but will send details to Web Servant when finalized. We have no needs from region at this time.

Grateful To Serve,

Daniel M. ASR

**UPANA:**

No Report Submitted

**FANA:**

1. Our area currently has eight groups and fourteen meetings. Several new recovery houses have opened in our area and we’re seeing a lot of newcomers.
2. On Feb. 18th the area spent several hours in area inventory. Overall results – we’re pretty awesome! We identified areas needing attention including learning more about our groups needs and agreeing to work on zoom attendance policy for area.
3. Our annual fundraiser is scheduled for April 22nd 2023, in Fayetteville where the group Gratefully Dedicated meets. Our day includes hot dogs & snacks, four topic speakers speaking 15 minutes each from a variety of suggested topics, NA stuff auction, and a chance to pie some brave volunteers in the face!
4. No Donation this time but big $ next region.

In Service,

LeeLee C.

**GMANA:**

No report submitted

**MANA:**

The Mountain Area welcomed the Hope Dealers group of NA to our area last month. They meet Friday nights at 7 and are located at 335 7th street in Rainelle. We now have three groups and four meetings a week. We continue to publish a meeting schedule for all the groups in Greenbrier County (3 in the area and one unaffiliated group). There are now meetings every day except Sunday in the county. We also continue to maintain literature racks with IP’s and meeting schedules in at least 8 locations.  
  We have two events coming up this summer. On June 24th we welcome back the Freedom Float on the Greenbrier River. We will put in at noon from the boat launch in Caldwell and get out at Island Park in Ronceverte. Then in August we will have the 32nd annual Fellowship in the Forest Camp Out starting Wednesday the 2nd through Sunday the 6th at the group campsite at Lake Sherwood and it’s free. The site is already paid for. We will pass the basket. There is a speaker meeting Saturday night and all the usual activities like swimming, hiking, and fellowship around the campfire. Please join us for some great outdoor fun this summer.  
    In loving service, Cooper

**AFASCNA:**

The Appalachian Foothills Area of Narcotics Anonymous is surviving. We have 6 active home groups, down from 11-12 in the last 2 years. Some meetings have large attendance, some very little. H & I currently goes into one facility. We have very little participation in Area and have no events planned at this time.

Grateful to serve,

Garrett N.

**JAFASC:**

Inactive

**Open Sharing**

**New Area Proposals:**

None

**Subcommittee Reports:**

**PR UMBRELLA:**

Regional PR Committee Report 4/15/2023

Chair: Greg Y. Secretary:

Shenna G.

Area RCM Attendance:

1. FANA
2. GTO
3. Greater Morgantown
4. NANA
5. Mountain Region
6. Metro Valley
7. North Central

PR Report:

* + Greg discusses upcoming events: South Charleston’s “Spiritual Journey Towards Recovery,” the Social Workers Conference in Charleston & the “Glow Run for Recovery September 16th.
    - The NASW WV Spring CE Conference for Social Workers is an event for the region to represent NA. It is coming up May 3rd-5th. Greg will reach out to contacts to set it up as the fee is roughly $500.00. Greg states we have enough literature for the event.
  + Billboards
    - The 6 cycles we purchased will end roughly 6/26/23 before the next regional meeting. We do not currently have the specific totals for the costs, but it could be a 6% increase.
    - Discussion is had on the quality and age of the current billboards. It is suggested to renew them each year or so for quality/attention and to continue the cycle up to the next regional meeting and then readdress concerns once RCMs have discussed with their Areas.
    - The total for the last 6 cycles was roughly $5,370. A motion was made to continue 6 cycles & discuss in July/Oct.
  + Recovery Week
    - Recovery week is set to be the first week in June. As the convention is the 2nd-4th, it is suggested that the RCMs announce at the Area’s and set up events for PR to display 1-800# and give out pamphlets.
    - It is also suggested to have some kind of “Flyer Day” as an event for Recovery Week. Areas could create a flyer with the 1-800# to pass out to anyone interested or simply give out to the homegroups to post in the groups or public areas.
    - Topic discussed for Convention registration to also print out flyers for people to get while registering to take back to their areas. Cooper agrees and Registration will implement.

**Web Page:**

Web Servant Report

April 15, 2023

Over the past quarter your web servant and Web Servant II have kept the web page up to date, added events and flyers, and made necessary updates to the BMLT.

**Coordinating with Phone Line**: we are putting the member volunteers into Yap. We hope to have it ready to take the place of One Box within the next 30 days. I have sent a list of volunteers to your chair and phoneline chair; if they can print it, you can review and mark off any volunteers who are no longer clean. I will send a completed list to RSCs before we go live with the Yap. But note that these volunteers are currently in OneBox to answer calls.

**Coordinating with Convention**: Convention Committee, please review the convention web page at mrscna.org and let the web servant know any changes that need to be made in schedules, names, phone numbers. Send the web servant the flyers, agenda, registration forms as they are updated and ready for use.

**Venmo account**: Be sure to list your group or area in the comments when making donations to region.

**ASRs/RCMs** please make sure the following two items are completed:

1. PLEASE check your area’s meeting schedule frequently, and let Chris and me know of any changes. It is really easy to pull out your area’s meetings:
   1. ***just bring up the web page, scroll down to the meeting list and click on the area tab; choose your area, and voila! There are your meetings.***
2. Also, PLEASE, look at the printed schedule on the web page. Depending on your device, the method may vary a bit. But, from the home page, click on Meetings and then Print List
   1. I’d like to make sure that all the information is showing up on the printed version;
   2. Zoom information and in person meetings will all fit if it is in the right place on the BMLT. I need to know if your information is not correct on the printed version.

As always, please remember to send your requests for the web servants to the [mountaineer.region.web@gmail.com](mailto:mountaineer.region.web@gmail.com) email address.

Truly grateful to serve,

Kay M

Web Servant I

**Convention:**

Future Convention Dates:

Oct. 27-29, 2023 Fall 2023 – We Saved You A Seat

We need nominations for speakers and artwork, please bring to RSC in July

Changed Registration hours on Saturday. Did away with the 6:00-6:30, changed the earlier slot to 1:00-4:00.

Discussion about pricing merchandise, will have someone making shirts at convention.

Will have some NA information flyers at registration.

**RD Report**:

No Report Submitted

**RDA Report:**

No Report Submitted - vacant

**P&A:**

We agreed by consensus to add the reading of the Preamble, after we read the Concepts.

**FINANCE:**

**Finance Subcommittee Report**

See Appendix:

Treasurer Report

YTD Report

Finance Template

**New Business:**

**PROPOSAL#:** 04-23-P1

**MAKER:** PR

**PROPOSAL:** To attend the NASW conference at a cost of up to $600.00

**INTENT:** To raise awareness of NA as a resource

**RATIONALE:**

**RESULT:** PASS

**PROPOSAL#:** 04-23-P2

**MAKER:** PR

**PROPOSAL:** To continue billboards at current locations

**INTENT:** To raise awareness of NA in the community at large

**RATIONALE:**

**RESULT:** PASS

**PROPOSAL#:** 04-23-P3

**MAKER:** PR

**PROPOSAL:** Spending up to $100.00 for the printing of phoneline flyers to be distributed at the registration table at convention

**INTENT:** distribute phoneline flyers for registration table

**RATIONALE:** do something for PR week

**RESULT:** PASS

**PROPOSAL#:** 04-23-P4

**MAKER:** Finance

**PROPOSAL:** Price at this spring convention for merchandise will be the same as last fall for all items

**INTENT:** Financial stability

**RATIONALE:** This proposal will suspend convention policy for the spring convention ONLY. Issue to be revisited in July.

**RESULT:** PASS

**NAWS DONATION:**

No donation at this time

**NEXT REGIONAL SERVICE**: 7/8/2023 – 7/9/2023

**July 2023 RSC Order of the Day**

**7/8/2023**

**Holt Lodge**

***Opening at 12:00pm***  
Reading of the Twelve Traditions of NA

Reading of the Preamble  
Reading of the Twelve Concepts for NA Service  
Introductions  
Secretary’s Report (Reading of the Minutes from preceding RSC)   
Treasurer I Report  
Old Business  
Area Reports  
Open Sharing Session  
New Area Motions/Proposals

Sub-committees

PR Subcommittee

Web Page

Phoneline

H&I

 PR

Convention Subcommittee

**Will adjourn at 6:30 pm and reconvene at 9:00 am Sunday**

**7/9/2023**

Representative Reports:   
1. Regional Delegate (RD).   
2. Regional Delegate Alternate (RD-Alt.)   
P&A Sub-Committee  
Finance  
New Business  
NAWS Donation  
Set Agenda for Next RSC Meeting  
Open Forum  
Announcements  
Closing Prayer