

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Afri-can Zonal Forum

1 seated region  
15 unseated regions\*  
326 meetings

member regions include

Botswana\*

Cape Verde Islands\*

Ethiopia\*

Ghana\*

Kenya\*

Lesotho\*

Liberia\*

Mozambique\*

Namibia\*

Nigeria\*

Rwanda\*

South Africa

Tanzania\*

Uganda\*

Zanzibar\*

Zimbabwe\*

Established  
2013

## INFORMATION

### Vision/Mission/Purpose

Our vision is that all addicts in Africa have the opportunity to experience the NA message of recovery in their own language and culture.

Our mission is that the Afri-can Zonal Forum is a service body created by the NA regions in Africa to provide a forum for African regions to communicate and cooperate with one another through:

- Sharing experiences and resources
- Enhancing and encouraging unity and mutual support so that the regions can nurture and sustain the growth of NA in Africa
- Collaborating with other NA service bodies

Our purpose is:

- To support NA Fellowship development projects in the African regions
- To encourage and maintain effective communication among member regions
- To enhance connectivity and promote the shared sense of responsibility to those that we serve

### Focus/Services

Currently, the focus of the Afri-can Zonal Forum is understanding the challenges and receiving feedback from the regions on the progress and implementation of any Fellowship development projects.

They have hosted a Fellowship development workshop and are in the process of organizing a PI workshop.

They are planning a virtual conference in early 2023 where they will have elections and address the agenda to include regional and zonal objectives for the next 2-year cycle. Objectives like strategic planning and CAR/CAT workshops. It is their hope that including these in the agenda will ensure that going forward they will have more review and input.

During the pandemic, some member regions were able to introduce virtual meetings using the NAWS Zoom account.

## SUCCESSSES

The AZF feels that given its challenges, to continue functioning as a zone is a tremendous indication of carrying the message to the still suffering addict.

**Chair:** Open  
azf.chairperson@gmail.com  
**Vice-chair:** Gogs T. (Namibia)  
azf.vicechairperson@gmail.com  
**Secretary:** Nkele S. (South Africa)  
azfsecretary@gmail.com

**Zonal Delegate:** Open  
**ZD Alternate:** Gogs T.

## COLLABORATION

Although the zone does not officially provide collaboration opportunities, the zonal forum meetings do help member regions understand the needs of other regions. Some member regions have taken the initiative to assist with Fellowship development in neighboring regions. South Africa helped Namibia and Zimbabwe with posters and Afrikaans literature. Namibia helped Botswana with literature and Group Starter Kits.

Mozambique had the opportunity to work with the Brazilian regions for interpreters and assistance with Fellowship development workshops.

## FINANCIAL

All zonal expenses are funded by NAWS for the annual in-person meeting. The chair and vice-chair are funded to attend.

Each African region elects a delegate and alternate and they are both funded. Both attend the annual AZF meeting and one or both participate in the virtual meetings. They are elected by their individual NA communities, regardless of level of local service structure, and participate in attendance, right to speak, taking part in consensus process, and voting.

Any costs related to attending the virtual meetings is the responsibility of the trusted servants and delegates.

## CONCERNS

The AZF has few trusted servants. They feel a key issue is Fellowship development in their regions so they can mentor members in service and practice trusted servant rotation.

They are in desperate need of developing a service infrastructure for the newer regions and those that are still developing.

### Zonal Meetings

In-person\*  
once a year  
(2-3 days long)

Virtual  
twelve times a year  
(average length 1 hour)

Consensus-Based  
Decision Making  
(CBDM)

Trusted servants  
2-year terms

\*The last in-person meeting was 2019

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Asia Pacific Forum

9 seated regions  
21 unseated regions\*  
24,628 meetings

member regions include  
Afghanistan\*  
Aotearoa New Zealand  
Australia  
Bahrain\*  
Bangladesh\*  
Bhutan\*  
Cambodia\*  
China\*  
Guam\*  
Hawaii  
Hong Kong\*  
India (SOSONA)  
Indonesia\*  
Iran  
Japan  
Kuwait\*  
Malaysia\*  
Maldives\*  
Nepal  
NERF  
Oman\*  
Pakistan (North & South)\*  
Philippines  
Saudi Arabia\*  
Singapore\*  
South Korea\*  
Thailand\*  
UAE\*  
Vietnam\*

Established  
1992



### INFORMATION

#### Focus

The main focus of the APF is to support unseated communities to establish a service structure that delivers PR, H&I, workshops, and quality communications to groups, so they can apply for WSC seating. Since the initial long-term plan (2016–2021), no further strategic planning has been carried out. There is a newly elected Strategic Planning chairperson to continue the work. They conduct both in-person and virtual CAR workshops.

#### Services

These are the current workgroups of the APF:

**Fellowship Development Workgroup:** Encourages and supports member communities by coordinating workshops, learning days, and meetings. Organizes trips and outreach to member communities

**PR Workgroup:** Uses different external and internal strategies including continuing to work with NAWS and other Zonal Forums. Establishes and maintains an increasing number of relationships with institutions and agencies within the APF communities. Organizes virtual workshops for member communities to help them do PR locally.

**Merchandise Workgroup:** Produces different kinds of APF merchandise and sells them in communities and at events including at the WSC. Assists APFCNA with merchandise.

**Newsletter Workgroup:** Gathers NA news, stories, sharing, and event information within the zone and from different zones to publish in a bi-monthly newsletter.

**Web & Technology Workgroup:** Continuously explores different means of technological support which will provide better communication and secure information.

**Strategic Planning Workgroup:** Provides leadership with regard to planning. Monitors and reviews strategies assigned to each workgroup on an ongoing basis.

**Women's Fellowship Development Workgroup:** This workgroup is dedicated to FD for women. They encourage, support, and raise awareness of and for women in recovery across the communities within the zone. They are currently working on learning workshops, literature for women, and sponsorship.

**Incorporation Workgroup:** Helps ensure APF compliance with Aotearoa NZ charities commission and produces the yearly performance report.

**Guidelines Review Workgroup:** Reviews the APF guidelines for submission at annual meeting.

www.apfna.org

**Chairperson:** Reza A. (Bangladesh)  
chair@apfna.org

**Secretary:** Bijay L. (Nepal)  
secretary@apfna.org

**Treasurer:** Hasib Y. (Bangladesh)  
treasurer@apfna.org

**Webservant:** Mark H. (New Zealand)  
web@apfna.org

**Strategic Planning:** Clay N. (UAE)  
sp@apfna.org

**FD Coordinator:** David T. (Australia)  
fdc@apfna.org

**Women's FD Point Person:** Joanne N. (UAE)  
women@apfna.org

**Merchandise Coordinator:** Karen W. (Hawai'i)  
merchandise@apfna.org

**PR Coordinator:** Nita K. (Indonesia)  
pr@apfna.org

**Newsletter Coordinator:** Meysam M. (Iran)  
newsletter@apfna.org

**Incorporation:** Roger S. (New Zealand)

**Guidelines:** Elliot B. (Australia)

**Zonal Delegate:** Ash D. (Thailand)  
zd@apfna.org

#### Zonal Meetings

In-person  
once a year  
(4 days long)

Trusted servants  
2-year terms

### COLLABORATION

The APF workgroups allow member regions to collaborate together on projects. Mentoring from the more experienced communities takes place through the shared participation of workshops.

Although they do not presently coordinate services with other zones, they do keep in regular contact with the European Delegates Meeting.

### FINANCIAL

Their annual budget is \$30,000–\$40,000 (annual meeting: \$24,000–\$28,000) and is funded from member communities, profit from merchandise sales, and the APF Convention. The administrative committee is fully funded to attend. Delegate teams are funded by their regions; however, developing communities can request funding help.

### EVENTS

The APF meeting usually occurs right before a local convention or the APF Convention (which is held every other year).

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Autonomy Zonal Forum

3 seated regions  
0 unseated regions  
1,398 meetings

member regions include

Central Atlantic  
Chesapeake & Potomac  
Free State

Established  
1992

### INFORMATION

#### Mission and Purpose

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole.
- Train, mentor and/or inform participants about the Fellowship of Narcotics Anonymous.

The Autonomy Zone is ultimately responsible to the groups it serves, inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

#### Focus/Services

The Autonomy Zone discusses regional issues, collaboration with other zones, current Information Discussion Topics, NAWS issues, AZF guidelines, web site, and conference participant webinars. They have strategic planning in their guidelines but have not yet implemented them.

The AZF presents CAR/CAT workshops at their 2-day weekend events. They usually have World Board presenters and all are welcome to attend and participate.

All AZF projects, task teams, and workgroups invite members to join and participate in the activities. Past workshops include revisions to Informational Pamphlet *The Loner*, virtual meetings, CBDM, and other workshops to disseminate information.

### CHANGES/SUCCESSSES

From 2022 to 2023, The Autonomy Zone lost two of their member regions: Eastern Pennsylvania Region (which was disbanded as a region) and Greater Philadelphia.

The AZF has consistently been a resource of information and mentorship throughout the zone. Their biennial workshops provide tools for Fellowship development, discussions on IDT's, CAR/CAT dissemination, learning about CBDM, and information on virtual meetings.

[www.autonomyzonalforum.org](http://www.autonomyzonalforum.org)

Facilitator: Open  
[facilitator@autonomyzonalforum.org](mailto:facilitator@autonomyzonalforum.org)

Secretary: Open  
[secretary@autonomyzonalforum.org](mailto:secretary@autonomyzonalforum.org)

Treasurer: Open  
[treasurer@autonomyzonalforum.org](mailto:treasurer@autonomyzonalforum.org)

Zonal contacts: Patricia J. (C&P)  
David H. (Central Atlantic)  
[AZF-contacts@autonomyzonalforum.org](mailto:AZF-contacts@autonomyzonalforum.org)

### COLLABORATION

The AZF participates in the Collaboration of US Zones\* and the NAWS Virtual Meeting of Zones. They are currently discussing the merits and feasibility of creating an Eastern States Zone consisting of the zones on the eastern USA. Many members within the AZF have participated in projects sponsored by the Northeast Zone and Southeastern Zone.

*\*The Collaboration of US Zones is a quarterly virtual meeting of all 8 United States Zonal Forums. They discuss how shared service efforts can benefit the addict that still suffers in the United States.*

### FINANCIAL

The AZF annual budget for 2020–2021 was \$6,324. The zone is funded by member, group, area, and region contributions. Trusted servants are funded by the zone for hybrid meetings. Each member region funds their respective delegates to attend hybrid meetings. The AZF meetings are open for all to attend and participate.

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Brazilian Zonal Forum



Established  
2009

6 seated regions  
4 unseated regions\*  
4,429 meetings

member regions include

Brazil

Brazil Central\*

Brazil Sul

Grande São Paulo

HOW

Minas

Nordeste Brazil\*

Rio de Janeiro

Rio Grande do Sul\*

10 Brazil\*

### Zonal Meetings

#### In-person

twice a year  
(3 days long)

#### Virtual

twice a year  
(average length 7-8 hours)

Consensus-Based  
Decision Making

### Mission

The mission of the Brazilian Zonal Forum is to bring together all the regional communities of NA in Brazil, through exchanging experiences and working together, to promote the vision of Narcotics Anonymous and to fulfill the Fifth Tradition, where the common purpose must always be taking the message of recovery to the addict who still suffers.

Zonal Delegate and Alternate  
2-year terms

## INFORMATION

### Planning

Strategic planning for the zone is complicated as the regions are very different from one another. It is difficult for the zone to envision the needs of each individual region. However, most of the regions have a solid service structure, so regional motions are presented in the form of projects which serves as their planning. Usually the region that presents the project is responsible for the execution and the BZF helps with funding. Planning is carried out every six months. Motions are voted on 3 or 6 months after they are presented, depending on urgency. Surveys are sometimes distributed to collect member input. All the Brazilian Regions must approve all projects.

### Services

**Fellowship Development:** There are many projects dedicated to the growth of the regions of BZF. One project provided outreach to the Republic of Guyana with the help of ABNA and NAWS. There is also FD planned for an area that contains an Institutional Group. The Accessibility Project addresses the needs of addicts all over the world who still suffer and have additional needs. This workgroup meets once a month and is organized with Brazil, an area in the US, and Canada. The Carrying the Message Project in the Nordeste Brazil Region was started post-pandemic to open new groups, reopen meetings, and reach out to professionals. The Rio Grande do Sul FD Project followed, and recently the FD project in the countryside of Minas Region has started.

**Public Relations:** The zone maintains a single Brazilian NA website which contains tools to find meetings, links to NA social networks, service materials (manuals, bulletins), periodicals, and magazines. They have also implemented a national phonenumber.

**H&I:** The groups of Brazil have decided to create a National H&I Subcommittee. The H&I Prison Sponsorship Project is a sponsorship behind the walls correspondence project.

**National Service Conference:** This event is held every two years and is hosted by the zone. It is attended by trusted servants from all over Brazil where they exchange experiences about H&I services, PR/PI, literature review and translation, and Fellowship development.

**Other Services:** Mapping is a new service for the zone. It brings together all the diverse data of the zone so that projects can be created to quickly take the message to the still suffering addict.

Virtual service forums that existed prior to the pandemic have increased dramatically bringing many newcomers to meetings and into service. In Brazil, there are now virtual-only service bodies that serve virtual groups that attract Portuguese-speaking members from around the world. The regions of the BZF have about 800 virtual meetings.

[www.na.org.br](http://www.na.org.br)  
[faleconosco@na.org.br](mailto:faleconosco@na.org.br)

**Chair/Facilitator:** Tereza C. (Rio de Janeiro)

**Vice-chair:** Francelle F. (Brazil)

**Treasurer:** Nelson P. (10 Brazil)

**FD/H&I:** Open

**PR/PI:** Lucas B. (10 Brazil)

**Literature:** Open

**Zonal Delegate:** Raimundo S. (Nordeste)

**ZD Alternate:** Alex S. (Rio Grande do Sul)

## COLLABORATION

All projects and discussions that take place in the Brazilian zone are endorsed, coordinated, and funded by all member regions. However, the work is done on the regional level so that local culture, ideas, and services are respected.

The ZD team promotes meetings and the exchange of experience with other zones, including translations (which was started by the Latin American Zonal Forum) and H&I efforts with the Russian-speaking community. BZF helped with the supply of literature to the African community of Cape Verde, and maintains contact with Mozambique as these are Portuguese-speaking countries. There is also an initiative to create a virtual project that involves all Portuguese-speaking members

## FINANCIAL

The Brazilian Zonal Forum and the Brazilian Service Office of NA are unified as the Brazilian Association of Narcotics Anonymous, or ABNA.

The annual budget for ABNA is \$18,016 USD — \$10,297 is allocated for services and the rest is used to cover the expenses of the office. In 2022, ABNA gave discounts on literature orders (\$32,624) and free shipping (\$27,082) for a total of \$59,706. Funds are received through the sale of literature and contributions from member regions.

ABNA funds all trusted servants except for the ZD team. They are regional delegates of unseated regions and all Brazilian RDs are funded by their regions.

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Canadian Assembly

5 seated regions  
0 unseated regions  
1,342 meetings

member regions include

AL-SASK  
British Columbia  
Canada Atlantic (CARNA)  
Ontario  
Quebec

Established  
1990

### INFORMATION

#### Routine Services

- National phoneline
- National bilingual website
- National Recovery Celebration (Canadian Convention)
- Fellowship Development/Public Relations booth displays
- Local workshops
- CANA video (highlighting what CANA is and what they do)
- French translations including all meeting documents (ability to provide French translation has increased)
- CANA digital newsletter (in English and French)
- CANA pamphlet (in English and French)
- Public service announcements
- Membership email distribution list
- Annual environmental scan
- Attend national professional events (virtual or in-person)
- Respond to requests/invitations from Fellowship to either facilitate workshops or staff a booth

#### Projects for 2023

- PSA Project: CANA will again fully fund a country-wide campaign in both English and French. They are also working with a company that takes advantage of free TV airtime.
- Develop guidelines for PR through social media and maintain CANA's social media presence.
- National professional development: Contact agencies to provide information that NA is a viable program of recovery.
- Follow up with contacts.
- Improve website: Build a WordPress website in French and English that meets current industry standards in architecture, structure, security, functionality, content, and appearance.
- Re-evaluate convention processes, including the coordinator role.
- Approach former trusted servants to work on projects.
- Communicate, engage, and encourage involvement in workgroup projects for members.
- Translations: **IK (Inuktitut)**: finalize IP#1. **Cree**: check IP#1 for conceptual fidelity. **Blackfoot**: start new IP#1.
- PR: Open the lines of communication and foster awareness of NA in northern treatment centers.

#### Zonal Meetings

In-person  
once a year  
(4-5 days long)

#### Virtual

2-3 times a year  
(average length 4 hours)

#### Consensus-Based Decision Making

CANA has these goals:

1. Improve external recognition and develop relationships (professionals, government agencies, and potential members)
2. Identify, coordinate, and assess resources (human & financial)
3. Build relationships with member communities and foster unity
4. Build, develop, and support NA in remote communities

Trusted servants  
2-year terms

[www.canaacna.org](http://www.canaacna.org)

**Chair:** Roxanne K. (AL-SASK)  
[chair@canaacna.org](mailto:chair@canaacna.org)

**Vice-chair:** Merry G. (BC)  
[vicechair@canaacna.org](mailto:vicechair@canaacna.org)

**Secretary:** Susan G. (CARNA)

**Treasurer:** Adrian M. (BC)

**FD/PR West:** Mark S. (BC)

**FD/PR Central:** Brian S. (Ontario)

**FD/PR East:** Louise G. (CARNA)

**National Convention Coordinator:** Open

**Zonal contacts:** Roxanne K. and Merry G.

### COLLABORATION

CANA provides opportunities for collaboration in their member regions via the strategic planning session at the in-person meeting, held in non-WSC years. The RD teams are sent a scanning survey to workshop at their respective areas and groups that is compiled and brought to the planning session. From there workgroups are created which may become routine services. For 2023 they are considering a full-body inventory.

Although the Northwest Territories, Yukon Territory and Nunavut have a few NA meetings, they have no discernible service structure and do not attend CANA. The services provided by CANA do, however, reach those communities.

### FINANCIAL

The annual budget changes from year to year and depends on projects that are prioritized and revenue available. The 2022–2023 budget is \$49,906 with projected revenue of \$37,500. Funding comes from regions, areas, members, and any profit from the national convention. All elected trusted servants are fully funded for the in-person meeting.

### EVENTS

The annual in-person meeting co-occurs with the national convention — Canadian Convention of NA (CCNA) — which follows a rotation of eastern, central, and western Canada. CCNA XXXI will be held in Saint-Hyacinthe, Quebec, 1–3 September 2023.

[www.canadianconvention.com](http://www.canadianconvention.com)

# SNAPSHOT OF THE ZONES OF

Based upon information provided by zones in February 2023



## European Delegates Meeting



18 seated regions  
14 unseated regions\*  
7,886 meetings

member regions include

Adriatic\*  
Belgium\*  
Bulgaria\*  
Czech-Slovak\*  
Denmark  
Egypt  
Finland  
France  
Germanspeaking  
Greece  
Hungary\*  
Iceland\*  
Iran Region No.1\*  
Ireland  
Israel  
Italy  
Latvia\*  
Lithuania  
Malta\*  
Moldova\*  
Netherlands  
Norway  
Poland  
Portugal  
Romania\*  
Russian Speaking Transitzit\*  
Spain  
Sweden  
Switzerland\*  
Turkey\*  
UK  
Ukraine

Established  
1993

### INFORMATION

#### Focus

The biggest focus of the European Delegates Meeting (EDM) is on questions and answers between regions. During the meeting, they also hear reports from task teams and workgroups, including European Conference & Convention (ECCNA), Fellowship Development, and Public Relations. There is also a report from the Zonal delegate team, a NAWS report, and an EDM budget report.

Strategic planning is carried out within the subcommittees. Input is collected via RDs through workshops and small/large group discussions during the zonal meetings.

#### Services

The EDM has both FD and PR committees, an active ZD team, and its own website.

The Fellowship Development Committee is a stand-alone committee that is accountable to the EDM. It organizes task teams/workgroups, on an as-needed basis, that perform different FD duties, such as workshops or webinars on a variety of topics that are of interest to the regions of the zone. They are also responsible for the European Service Learning Days, which is held every other year. This is a three-day conference around different topics about service.

The EDM has recently formed a PR Committee that was started from a workgroup. They have hosted several webinars open to all members in the EDM who are interested in PR and provide services that their regions/communities request from them.

The CAR/CAT material is handled in a few ways: First, it is discussed in the monthly ZD webinars; then, workshopped in a series of virtual presentations, which are translated in five languages; and finally the motions are discussed during the ZD session of the EDM.

The EDM sees the ZD team as a developing service and believe it's becoming a more effective and integral part of how the EDM supports its regional delegates

At the start of the pandemic, the EDM held monthly virtual "Community Dialogue" meetings in which regions could share their experiences. They are now held three times a year. These meetings are only for discussions, not for decisions. This has increased virtual participation in local service forums, and decreased the need to postpone some activities.

[www.edmna.org](http://www.edmna.org)  
[contact@edmna.org](mailto:contact@edmna.org)

<b>Steering Committee Chair:</b>	Vasco (Portugal)
<b>SC Vice-chair:</b>	Guilherme (Portugal)
<b>Secretary:</b>	Open
<b>Vice-secretary:</b>	Mahmoud (Egypt)
<b>Treasurer:</b>	Open
<b>Vice-treasurer:</b>	Sony (Egypt)
<b>FD Chair:</b>	Ayman (Egypt)
<b>FD Vice-chair:</b>	Alessandro (Italy)
<b>PR Chair:</b>	Simon (UK)
<b>PR Vice-chair:</b>	Patricia (Portugal)
<b>Media Coordinator:</b>	Open
<b>Vice-media Coordinator:</b>	Hani (Egypt)
<b>Zonal Delegate:</b>	Matthew (UK)
<b>ZD Alternate:</b>	Zeynep (Turkey)

### COLLABORATION

The EDM FD and PR Committees provide regional collaboration within the zone by bringing regional subcommittee members together on the same platform. This is vital due to the diverse nature of the body—all EDM activities are multi-lingual and multi-cultural. They have the possibility to exchange experience, service materials, and get in direct contact with other FD subcommittees around the zone. Participants include present and past trusted servants, RDs, WB members, NAWS staff, and any interested members.

There is no formal collaboration with other zones; however, the APF requested the ability for their RDs to participate in the EDM CAR/CAT presentations. The EDM has also experienced good cooperation and sharing between PR committees in other zones and has reached out to some regions in the Afri-can Zone.

### FINANCIAL

Their annual budget fluctuates and is funded by member groups, areas, and communities plus 60% of the surplus from ECCNA. The budget for 2022 was about \$69,500. All the elected trusted servants are fully funded. Member delegate teams are funded by the EDM upon request.

#### Zonal Meetings

Hybrid  
twice a year  
(4 days long)

Consensus-Based  
Decision Making

Trusted servants  
2-year terms

# SNAPSHOT OF THE ZONES OF

Based upon information provided by zones in February 2023



## Latin American Zonal Forum

21 seated regions  
8 unseated regions\*  
8,293 meetings

member regions include

Argentina  
Baja Son  
Bolivia\*  
Brazil Central\*  
Chile  
Colombia  
Costa Rica  
Cuba\*  
Ecuador  
El Salvador  
Grande São Paulo  
Guatemala  
Honduras\*  
HOW Brazil  
Mexico  
Minas  
Nicaragua  
Occidente-Mexico  
Panama  
Paraguay\*  
Peru  
Quesqueyana  
Region Del Coqui  
Spain  
Uruguay  
Venezuela  
Spanish-speaking Area of Southern California\*  
Spanish-speaking Area of South Florida\*  
Spanish-speaking Area of Texas\*

Established  
1993

### INFORMATION

#### Focus

The focus of the meeting is primarily public relations, Fellowship development, and how to provide services to their member regions. They do this through informational reports from the executive committee, zonal delegates, HRP, workgroups, and member regions. There are discussions on topics presented from these bodies which include: ideas, proposals, motions, projects, processes, procedures, and pending/new issues. They also conduct workshops.

They get the work done through a mixture of CBDM and parliamentary procedures. They do hear all opinions on a topic but when necessary there are votes and decisions are made according to the majority.

#### Services

There are seven workgroups that perform the services of the zone: Public Relations, Fellowship Development, Internet, Revisions and Translations, InfoLatina (FZLA Magazine), Policy and Procedures, and the Latin American Convention on Narcotics Anonymous. The work of the workgroups benefit all of LAZF.

The PR and FD workgroups are available for virtual or in-person workshops scheduled through the region's delegate. The workgroup for the convention is comprised of members of the region that will host the next convention.

CAR/CAT workshops are hosted virtually for all who wish to attend. However, only the RD teams have a voice on the floor.

### CHANGES/SUCCESSSES

The biggest changes and successes for the LAZF have happened due to the pandemic. A service platform called Recovery at a Distance (RAD) was implemented and they now host a daily virtual recovery meeting for Spanish-speaking members.

The PR workgroup created a virtual international H&I panel with 90 trusted servants that provide panels to more than 25 prisons and institutions all over Latin America.

The FD workgroup has provided mapping to identify and connect members in isolated and rural areas. They help them open virtual groups and eventually an in-person group. Efforts such as this have provided support to Cuba and Honduras where the very existence of NA was at risk. Now the LAZF is providing FD and strategic planning in both communities.

[www.forozonalatino.org](http://www.forozonalatino.org)  
[ce-fzla@forozonalatino.org](mailto:ce-fzla@forozonalatino.org)

**Chair:** Tomas T. (Peru)  
**Vice-chair:** Guillermo J. (Paraguay)  
**Treasurer:** Bettina (Uruguay)  
**Secretary:** Diniz M. (Brasil)

#### Human Resources Panel

**Chair:** Belen C. (Uruguay)  
**Vice-chair:** Jose Luis (Quisqueyana)  
**Secretary:** Augustin (Panama)  
**Alternate Secretary:** Gonzalo (Colombia)

#### Working Group Chairs

**Public Relations:** Alonzo G. (AHHSCNA)  
**FD:** Gaby C. (Costa Rica)  
**Internet:** Alejandro G. (Argentina)  
**Revisions and Translations:** Charly S. (Costa Rica)

**InfoLatinas - FZLA Magazine:** Tania (México)  
**Policy and Procedures:** Lucía (Argentina)  
**CLANA:** Auric O. (Mexico)

**Zonal Delegate:** Andrea F. (Costa Rica)  
**ZD Alternate:** Julio F. (Uruguay)

[delegadozonal@forozonalatino.org](mailto:delegadozonal@forozonalatino.org)

### COLLABORATION

All workgroups of the LAZF meet virtually and are open to all Spanish-speaking members with approval of the delegate of their region.

The LAZF and the Brazilian Zonal Forum are working together on the Interzonal Services Convention schedule for August 2023. They periodically have other zonal trusted servants share in their RAD morning meeting.

### FINANCIAL

The biennial budget is \$17,840 and it is funded, for the most part, through the profits of their convention. The executive committee and ZD team are fully funded. Some regions are partially financed with 20% coming from the regions and 80% from LAZF.

#### Zonal Meetings

In-person  
twice a year (4 days long)

Virtual  
four times a year  
(average length 4 hours)

Hybrid  
twice a year (4 days long)

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Midwest Zonal Forum

10 seated regions  
0 unseated regions  
3,519 meetings

member regions include

Buckeye  
Chicagoland  
Greater Illinois  
Indiana  
Metro Detroit  
Michigan  
Minnesota  
Ohio  
Tri-State  
Wisconsin

Established  
1987

### INFORMATION

#### Mission/Purpose

**Mission Statement:** The Midwest Zonal Forum (MZF) is a consensus-based service body that seeks to further NA's primary purpose by facilitating communication, cooperation, and growth in the midwestern United States and NA World Services.

**Statement of Purpose:** To provide participants a forum for the discussion and exchange of information on problems and issues confronting the regions of the midwest US. The Forum is a place to network and share ideas with the focus on finding solutions.

#### Focus

The focus of MZF meetings is basic business, trusted servant reports, member region reports, and prioritized issue topics that were raised at the meeting or specifically requested for the meeting. The first meeting after the World Service Conference is a hybrid planning meeting. They often discuss the status of their Multi-Region Service Learning Days.

#### Services

Here is a list of services provided by the MZF:

- Zonal website and calendar
- Their virtual meeting account (Zoom) is available for virtual meetings at the regional level on a first-come, first-serve basis. Some member regions are taking advantage of this for regional business meetings, regional committee meetings, and convention committee meetings.
- PR presentations and training for local members
- Large- and small-group workshop presentations on topics including current and past IDTs, literature development, and Steps, Traditions, or Concepts
- Forum for participating regions to share best practices, issues, and solutions
- Forum for member region RDs and RDAs to establish a support community they can utilize at the WSC
- Host a weekend for hybrid CAR/CAT workshops that any member may attend

#### Zonal Meetings

##### Virtual

twice a year  
(2.5 hours long)

##### Hybrid

twice a year  
(2 days long)

Consensus-Based  
Decision Making  
with all in attendance  
considered full  
participants

Trusted servants  
term is a single  
WSC cycle

[www.mzfna.org](http://www.mzfna.org)  
[cofacilitators@mzfna.org](mailto:cofacilitators@mzfna.org)

**Co-facilitators:** Doug H. (Metro Detroit)  
Rick C. (Metro Detroit)

**Secretary:** Patti K. (Michigan)

**Treasurer:** Dave L. (Ohio)

**Web tech:** Kevin G. (Indiana)

**Multi-Region Service Learning Days Chair:** Patti K. (Michigan)

**Zonal contacts:** Louis H. (Chicagoland)  
Jim B. (Chicagoland)

### COLLABORATION

The MZF supports and coordinates with the Southern and Plains States zones on the Multi-Zonal Service Symposium (MZSS).

The zone hosts a biennial service convention patterned after MZSS called Multi-Region Service Learning Days (MRSLDNA) which focuses on upper levels of service ([www.mrsldna.org](http://www.mrsldna.org)). The planning committee meetings are all virtual and several areas fund representatives to attend.

### FINANCIAL

This zone does not have a budget. However, they have guidelines that specify how expenses are dispersed (on a cash-available basis) and the priority for the disbursement. There are established reserve amounts to fund zonal trusted servants. For 2023 that amount is \$2,060. Most regions provide funding for their delegate teams.

They receive funds in voluntary donations from regions, areas, and members. They collect a Seventh Tradition at the face-to-face meetings. They also receive donations from MRSLDNA and MZSSNA.

### EVENTS

At the request of the region that is hosting the hybrid meeting, the MZF offers to present workshops as well as a PR event during the weekend.

The next Multi-Zonal Service Symposium will be in Detroit, Michigan, USA, 13–15 October 2023.



# SNAPSHOT OF THE ZONES OF

Based upon information provided by zones in February 2023

## North East Zonal Forum

11 seated regions  
0 unseated regions  
2,933 meetings

member regions include

ABCD

Connecticut

Eastern New York

Greater New York

Mid-Atlantic

New England

New Jersey

Northern New England

Northern New Jersey

Northern New York

Western New York

Established  
1992

### INFORMATION

#### Focus

Meetings of the North East Zonal Forum focus on reports by its subcommittees and workgroups, proposals submitted by its regions and subcommittees, discussion topics raised during the open forum, and submissions to the agenda.

The NEZF also conducts annual strategic planning. Their Steering Committee prepares a survey that is sent out to member regions to provide input. This committee also monitors the process and selects facilitators. A full day is spent identifying and prioritizing issues, and the goals and approaches needed to solve them. Open participation of members is welcomed. Project plans are developed and sent to the regions for approval. A point persons is assigned and the progress of active plans are reviewed and given direction as needed.

#### Services

The services of the NEZF are:

- Public Relations Subcommittee (pr@nezf.org)
- Fellowship Development Subcommittee (fd@nezf.org)
- Website (with US meeting info)

The FD Subcommittee provides services to regions within the zone and, by request, outside the zone. NEZF FD provided mentorship, support, and facilitated connection in a variety of forums. This included workshops at various events, support to areas and regions with planning and in the creation and implementation of service bodies. Through one of the FD workgroups, there is an ongoing Video Workgroup creating training with involvement from members of the Fellowship from multiple zones. They supported a local area to create a website and developed virtual service materials for RDs, RCMs, and GSRs.

The PR Subcommittee hosts a monthly virtual meeting where 15 PR chairs regularly attend. They support regional PR committees directly by providing planning templates for professional roundtables and events, PowerPoints, and sample letters. The PR Subcommittee may also attend regional meetings (by invitation) and assist in coordinating workshops. They supported four professional roundtable/panel events, conducted several international PR workshops, and organized a virtual conference for correction professionals.

At the start of the pandemic, NEZF held several virtual FD workshops that provided training for a range of service positions. The PR Subcommittee held virtual workshops to support meetings on reopening protocols.

NEZF has looked at the gap between H&I services and considered a zonal position to address this.

www.nezf.org

**Chair:** Wilvena G. (Greater NY)  
chair@nezf.org

**Vice-chair:** James P. (New England)  
vicechair@nezf.org

**Secretary:** Sandy M. (ABCD)  
(acting) secretary@nezf.org

**Treasurer:** Sam S. (New England)  
treasurer@nezf.org

**FD Chair:** Sarah L. (Western NY)  
fd@nezf.org

**Zonal contacts:** Wilvena G. and James P.

#### Zonal Meetings

##### Virtual

twice a year  
(average length 1.5 hours)

##### Hybrid

twice a year  
(3 days long)

#### Consensus-Based Decision Making

Trusted servants  
2-year terms

### COLLABORATION

The NEZF member regions collaborate on projects through the strategic planning process and the FD and PR subcommittees.

Three regions in the zone conducted a North Eastern States Service Symposium (NESSNA) which became a Zonal workgroup.

NEZF PR coordinated with the Southeastern Zonal Forum PR Task Force for PR Week events in 2020 and 2021. NEZF PR has also participated in PR events with the European Delegates Meeting and Multi-Zonal Forums.

### FINANCIAL

The NEZF treasurer prepares an annual budget that is approved at the October hybrid meeting. The member regions agreed to fund equally the cost of technical expenses (Zoom account and website hosting/domain registration). Member regions donate at their discretion. Zonal t-shirt and merchandise sales has been considered to help with funding.

The zonal trusted servants may submit for reimbursement of expenses related to food, travel, and lodging for in-person NEZF meetings within the geographic boundaries of the zone.

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Plains States Zonal Forum

6 seated regions  
0 unseated regions  
1,226 meetings

member regions include

Best Little

Iowa

Mid-America

Nebraska

OK

South Dakota

### Zonal Meetings

#### Virtual

twice a year  
(average length 3 hours)

#### Hybrid

twice a year  
(3 days long)

Consensus-Based  
Decision Making

Trusted servants  
2-year terms

Established  
1995

## INFORMATION

### Purpose

The Plain States Zonal Forum fulfills these purposes:

- We coordinate services between our member regions.
- We provide an opportunity for discussion and exchange of information on problems and issues confronting NA.
- We facilitate communication, cooperation, and growth among regions in the Great Plains of the United States and NA World Services (NAWS).
- We help regional delegates prepare for the biennial World Service Conference and learn from each other, former delegates, and other experience trusted servants.
- We assist local NA members or communities who have questions about NA service or how to handle challenging situations.
- We conduct workshops and learning days on various topics in NA service.
- We sponsor multi-regional events with participation from NAWS.

### Focus

The focus of the PSZF is Fellowship development through workshops/IDTs, training for delegate teams, sharing best practices, Public Relations, and Sponsorship Behind the Walls.

At the start of each cycle, after the election of trusted servants, they conduct a planning session where members are asked for input by their delegates. A Zonal Assessment Workshop PowerPoint is used during this meeting. The ideas generated from this meeting are sent to a workgroup for further development. The details are brought back to the member regions for a vote.

### Services

The services that the zone provides:

- Zonal website with Basic Meeting List Toolbox (BMLT) support to all regions
- Zonal website with a Yap server for phonline services
- Access to three Zoom meeting accounts
- Calendar and scheduling available for any service body of any group, area, or region within the zone
- Funding available for literature, booth rent, etc. for professional conferences located within the zone
- Funding of Sponsorship Behind the Walls (SBTW) for any facility located within the zone
- PR to Professionals event on the Friday of hybrid zonal meeting
- CAR/CAT workshops with World Board participation (if available) that is open to all members

www.pszfna.org

**Facilitator:** Barry B. (Nebraska)  
facilitator@pszfna.org

**Co-facilitator:** Beth N. (Mid-America)  
co-facilitator@pszfna.org

**Secretary:** Tonya H. (Iowa)  
recorder@pszfna.org

**Treasurer:** Natalie S. (Best Little)  
treasurer@pszfna.org

**PR Coordinator:** Sally R. (Mid-America)  
pr@pszfna.org

**IT Coordinator:** Open  
it@pszfna.org

**Sponsorship Behind the Walls:** Sam B. (Best Little)  
sbtw@pszfna.org

**Zonal contacts:** Barry B. and Beth N.

## COLLABORATION

The zone does provide opportunities for collaboration in their member regions but no projects have taken place this cycle. They support and attend the Multi-Zonal Service Symposium (MZSS) and work with the Collaboration of US Zones.

## SUCCESSSES

During the pandemic, the zone added an additional Zoom account for local service bodies to use. They also started hosting a virtual recovery meeting, which continues today. They provided weekly, then monthly, training sessions for groups on how to host virtual meetings. Because of these actions, members gained a better understanding of the zone and the services they can provide.

## FINANCIAL

Their biennial budget for 2022–2024 is \$11,311 and is funded by group, area, and region contributions and biannual fundraising auctions at hybrid zonal meetings.

The trusted servants and delegates are funded through their member regions. PSZF can provide funds for travel and lodging if regional funds are not available.

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided by zones in February 2023



## Rocky Mountain Zonal Forum

6 seated regions  
0 unseated regions  
793 meetings

member regions include

Colorado

Montana

Southern Idaho

Upper Midwest Region

Upper Rocky Mountain

Utah Region

### Zonal Meetings

#### In-person

once a year in even-numbered years and twice a year in odd-numbered years (1.5 days long)

#### Virtual

twice a year with meetings added as necessary

### Consensus-Based Decision Making

Trusted servants  
2-year terms

Established  
1998

## INFORMATION

### Mission Statement

The Rocky Mountain Zonal Forum is a problem/discussion/solution(s) clearinghouse for the NA Regions in Colorado (and part of New Mexico), Idaho (and part of Oregon), Montana, Utah, Wyoming (and part of Nebraska) and North Dakota (and part of Minnesota). We meet once per year, rotating through member region locations in July (4<sup>th</sup> Saturday) of each year. On the odd years, we'll hold an additional meeting in December (2<sup>nd</sup> Saturday) where we will primarily concentrate on the CAR with World Board Members in attendance. Each July, we will hold discussion groups, workshops, and actively share in member regional needs. And, at these annual meetings, we will generate a priority list of member activities for the coming year.

We offer the following for addicts, groups, areas, and regions within the Rocky Mountain Forum boundaries:

- Suggestions for solutions to NA problems given to this body.
- Addicts for outreach if at all possible/if needed.
- Information (meeting lists, world registration help, literature, computer contacts, resource contacts, and computer links).
- Contacts with interested, experienced, and service-oriented addicts (resource people).
- A website ([www.rmfna.org](http://www.rmfna.org)), which has our Mission Statement, contact methods, topics currently posted to discuss, an activities list, an archive of our documents, and a discussion of Rocky Mountain Forum website through the Traditions of NA.

We are action-based with web and postal contacts. We are here to serve the addicts within the boundaries of the Rocky Mountain Forum through the spiritual principles of unity and love.

### Focus/Services

The Rocky Mountain Zonal Forum focuses on collaborating and sharing best practices with members of the zone. They share regional reports and CAR/CAT related discussions. Agenda items are added as requested.

During the pandemic, the zone met after Conference Participant webinars to help train the alternates who were coming on board and to discuss the impact to the fellowship in the member regions.

[www.rmfna.org](http://www.rmfna.org)  
[rmfna@googlegroups.com](mailto:rmfna@googlegroups.com)

Webserver: Chuck C. (Colorado)

Zonal contacts: Dawn P. (Montana)  
Chuck C. (Colorado)

## COLLABORATION

The RMZF has collaborated with other zones to hold a National Multiple-Zone CAR/CAT Workshop. They participate in the Collaboration of US Zones. They have also been discussing other opportunities to increase their collaboration.

## CHANGES

The CAR workshop in December 2022 was a hybrid meeting which allowed all members of the zone the ability to attend. There have been discussions about meeting only virtually for future meetings.

## FINANCIAL

The Rocky Mountain Zonal Forum does not have a budget. Their only expense is the website domain and that is \$99 US every 5 years, which is covered by one or more member regions. The facilitator and secretary for the meetings are provided by the hosting region. The hosting region also funds the meeting weekends.

## EVENTS

On occasion, there is a local activity, such as a PR presentation, held in conjunction with the zonal forum meetings

# SNAPSHOT OF THE ZONES OF NA

Based upon information provided  
by zones in February 2023



## Russian-speaking Zonal Forum

2 seated region  
7 unseated regions\*  
3,767 meetings

member regions include

Big Moscow\*  
Blacklands\*  
Far East Russia\*  
Nevskiy\*  
North-West Russia  
Povolzhye\*  
Siberia\*  
Ural & West Siberia\*  
Western Russia

Established  
2010

### INFORMATION

#### Focus

During the meeting of the Russian-speaking Zonal Forum, they hear reports from their member regions, conduct workshops, hold elections, and plan for the services they will carry out during the following year. Although they do not utilize strategic planning, they do take regional requests into account when preparing the annual budget. They also conduct virtual *CAR* workshops.

#### Services

They have a website and provide these services: PR coordination, translations, H&I, Narcotics Anonymous Community Assistance Fund, Fellowship development, and literature production and distribution.

The PR and H&I services are mostly meeting points for regions and areas to exchange experiences and ideas. They also coordinate common activities like at a service assembly or similar projects.

Fellowship development is relatively new for the RZF. They are working to support weaker Russian speaking communities. FD became a fully functioning committee with a chairperson and ongoing duties.

Narcotics Anonymous Community Assistance Fund is an independent nonprofit organization with the full legal capacity necessary to ensure the activities of the Narcotics Anonymous community in the Russian Federation. This helps the zone with rental contracts, bank accounts, and assuming their literature production responsibilities.

[delegate.rzf@gmail.com](mailto:delegate.rzf@gmail.com)

**Chair:** Dmitry (Povolzhye)  
**Secretary:** Daniil  
(Ural & West Siberia)  
**Treasurer:** Sergey (Western Russia)  
**Zonal Delegate:** Anton (Big Moscow)  
**ZD Alternate:** Vladimir (Big Moscow)

### CHANGES

The zone produces NA literature through an agreement with NA World Services, on NAWS behalf. They finished the process of legalizing the financial aspects of literature distribution. They took on this responsibility for many reasons, some internal, some external but all with the desire to make the process fully legal according to their laws.

### FINANCIAL

The annual budget for the zone is funded through profit from the convention, and Seventh Tradition contributions. The zone funds the elected trusted servants to attend the meetings and regional delegates by request.

### EVENTS

In 2023, the Russian-speaking Zonal Forum plans to hold a huge zonal convention 21–23 July in Samara, Russia. The last zonal convention was held in 2021 in Kazan, Russia, and brought together approximately 3,000 addicts to celebrate their recovery and new way of life. Here is the link to the website for the event: <https://rzf4.ru/>.

#### Zonal Meetings

In-person  
once a year  
(3 days long; can  
be joined virtually if  
needed)

Virtual  
12–24 times a year  
(average length  
1.5–2 hours)

Consensus-Based  
Decision Making

Trusted servants  
2-year terms

# SNAPSHOT OF THE ZONES OF

Based upon information provided  
by zones in February 2023



## Southeastern Zonal Forum

6 seated regions  
0 unseated regions  
3,709 meetings

member regions include

Alabama/  
Northwest Florida

Carolina

Florida

Georgia

North Carolina

South Florida

Established  
1992

## INFORMATION

### Mission

The mission of the SEZF is to provide a regularly scheduled time and place where representatives of the member regions come together to further our primary purpose, "to carry the message of recovery to the still suffering addict," through service-oriented discussions, workshops, events, and task forces. The SEZF's primary function is to facilitate joint, multi-regional efforts that serve our member regions and are directly responsible to the Regional Service Committees within the zone.

1. The Forum is comprised of regional delegates and alternate delegates from within the geographical boundaries of the Southeastern Zone.
2. To accomplish its primary purpose, the Southeastern Zonal Forum has established guidelines that provide direction and accountability for its actions. Changes to the guidelines require consensus.
3. The Southeastern Zonal Forum will conduct itself in accordance with the Twelve Traditions and the Twelve Concepts for NA Service so that a spirit of selfless service and not of government remains always as its guidepost.
4. The SEZF shall act as a service to the Regions and not as another level of service between the Regions and NAWS.

### Focus/Services

The SEZF meetings focus on support for member regions through reports and delivery of services. At each zonal meeting, they try to cater workshops for the local community. The host region selects the topics to discuss.

They have four standing task forces which deliver services to their member regions: H&I, PR, Additional Needs, and BMLT. These meet virtually and are comprised of trusted servants and interested members from regions and areas within the zone and Additional Needs includes members from around the world.

The PR Task Force has started using surveys to work towards implementing strategic planning. The zone hopes to expand planning in the future. As a result of the pandemic, the PR Task Force created and released suggested guidelines for reopening meetings.

The Additional Needs Task Force provides support and works to carry the message to those with physical disabilities, and the hearing- and vision-impaired. It has also raised awareness within the Fellowship of the barriers that limit our message from being carried to those members with disabilities.

The SEZF also commits to special local projects as needed.

They also have hybrid CAR and CAT workshops that are separate from the zonal meetings.

[www.sezf.org](http://www.sezf.org)  
[SEZFNA@googlegroups.com](mailto:SEZFNA@googlegroups.com)

**Facilitator:** Jeff P. (South Florida)

**Secretary/Treasurer:** Harold H. (ALNWFL)

**PR Liaison:** Ramon R. (Florida)

**H&I Coordinator:** Joanne R. (S. Florida)

**Additional Needs Coordinator:** Jocho B (Georgia)

**Zonal contacts:** Neal S. (North Carolina)

John R. (ALNWFL)

### Zonal Meetings

#### Hybrid

three times a year  
(the meeting itself is  
3-4 hours long but  
workshops can be  
held the day before)

#### Consensus-Based Decision Making

Trusted servants  
terms match WSC  
cycle

## COLLABORATION

The SEZF provides collaboration opportunities for the member regions with the standing task forces.

They participate in multi-zonal workshops and reach out to other zones often, especially in the areas of PR and Additional Needs. The SEZF collaborates in a Multi-Zonal Service Video Tool Project group. Their PR Week activity has included other zones in the planning and implementation. Their PR Week event has since become virtual.

They participate in the Collaboration of US Zones, and are in a workgroup to look at combining the eastern US zones.

## FINANCIAL

The biennial budget for 2023 is \$10,888. Member regions send funds to the zone. The attendance of the facilitator and secretary/treasurer are funded by the zone. Regional delegates are funded by their regions to attend each SEZF meeting.

# SNAPSHOT OF THE ZONES OF

Based upon information provided  
by zones in February 2023



## Southern Zonal Forum

8 seated regions  
2 unseated regions\*  
3,574 meetings

*member regions include*

Arkansas  
Bluegrass-Appalachian\*  
Kentuckiana  
Lone Star  
Louisiana  
Mississippi  
Red River\*  
Show-Me  
Tejas Bluebonnet  
Volunteer

### Zonal Meetings

Hybrid  
three times a year  
(2.5 days long)

Consensus-Based  
Decision Making  
with all in attendance  
included in the process

Trusted servants  
2-year terms

Established  
1992

### INFORMATION

#### **Focus/Services**

The focus of the Southern Zonal Forum meetings is to hear reports from member regions and from trusted servants. Topics of discussion are chosen by the hosting region and workshops are presented by delegates to address the region's needs.

The SZF does help with FD and PR efforts in their member regions and communities when requested.

The zone also provides a website where all workshop presentations are posted for the Fellowship to use.

They also provide CAR/CAT workshops with World Board participation.

### CHALLENGES

The zone considers themselves a work in progress. They are attempting to create an IT position for hybrid meetings and are looking to broaden their FD/PR efforts.

[www.szfna.org](http://www.szfna.org)  
[all@szfna.org](mailto:all@szfna.org)

**Facilitator:** Linsey P.  
(Bluegrass-Appalachian)

**Secretary:** Lucy O. (Volunteer)

**Treasurer:** Sharon S. (Lone Star)

**FD Coordinator:** Lee P. (Louisiana)

**PR Coordinator:** Craig G. (Volunteer)

**Zonal Delegate:** Staci H. (Lone Star)

### COLLABORATION

The SZF does collaborate with member regions to host a public relations event in conjunction with their zonal meeting.

They support and attend the Multi-Zonal Service Symposium (MZSS) and work with the Collaboration of US Zones.

### FINANCIAL

The zone does not have a formal budget; however, they keep a prudent reserve and all funds that exceed this amount are forwarded to NAWS. The funds come from groups, areas, and regions. They also have a registration fee for the zonal meetings and sell t-shirts. Travel and two half-room nights are funded for each trusted servant.

### EVENTS

The Southern Zone holds one of their in-person meetings in conjunction with the Multi-Zonal Service Symposium (13–15 October 2023, Detroit, Michigan, USA — [www.mzssna.org](http://www.mzssna.org))

# SNAPSHOT OF THE ZONES OF

Based upon information provided  
by zones in February 2023



## Western States Zonal Forum

13 seated regions  
0 unseated regions  
5,604 meetings

*member regions include*

Alaska  
Arizona  
California Inland  
California Mid-State  
Central California  
Northern California  
Pacific Cascade  
Region 51  
Rio Grande  
San Diego  
Imperial Counties  
Sierra Sage  
Southern California  
Washington  
Northern Idaho

Established  
1991

### INFORMATION

#### Mission

The Western States Zonal Forum is a service-oriented sharing session that joins the regions of the Western States Zone to collectively share our service challenges and share our solutions to challenges through annual meetings and ongoing communication. The Forum provides training opportunities to benefit zonal and local members and their service bodies. The interaction and collaborative exchange with NAWS and the World Board serve our body and help us prepare for the WSC and support Fellowship development.

#### Focus

The focus of the Western States Zonal Forum is to administer workgroups, and provide training, sharing of best practices, challenges and solutions, Fellowship development, and preparation for the World Service Conference.

#### Services

WSZF implements Fellowship development in conjunction with their annual weekend meeting, and they maintain a zonal website. In order to further the goal of providing more services within the zone, they have open webinars for Fellowship development, H&I, and PR sharing opportunities throughout the year.

They conduct CAR/CAT workshops for delegate teams with the World Board in attendance. Visitors are welcome and may be invited to participate if time allows.

WSZF provides opportunities for members within the zone to get involved on projects. They form internal workgroups that are open to past and present RDs and RDAs. They also form external workgroups that are open to any member who lives in the zone.

They utilize planning by prioritizing issues of concern and forming workgroups that meet in-person and virtually to take the next steps and report back to the forum at large.

[www.wszf.org](http://www.wszf.org)

**Facilitator:** Dave T. (San Diego/  
Imperial Counties)

**Alternate  
Facilitator:** Tina N. (Region 51)

**IT Workgroup  
Facilitator:** Alan B.  
(Washington Northern Idaho)

**Zonal contacts:** Dave T. and Tina N.

### COLLABORATION

The zone has been using online collaboration tool (Loomio) for discussion, posting documents, and information sharing. This works for the members that use it and check it consistently.

The process of identifying areas of focus, creating workgroups that meet virtually, and then posting progress on the online collaboration tool is showing some success. They have been able to provide Fellowship development, tailored to the local needs, at the annual weekend meetings for the local community in which they meet.

For the 2020 CAR workshop, they invited the Rocky Mountain Zonal Forum to attend. Two members from that zone participated in the meeting.

### FINANCIAL

The WSZF has an annual budget of up to \$3,900. Contributions to the budget are made by member regions at a suggested rate of \$300 per region. The budget includes funding trusted servants (travel, lodging, per diem), some costs associated with the zonal meetings, and other expenses as agreed to by the zone and its member regions, such as technology.

Any zonal forum member may submit a request for reimbursement for expenses. Each request will be considered individually.

### EVENTS

During the three- to four-day formal meeting, they plan an event or session that serves the needs of the local Fellowship. This could be either Fellowship development, training, or some other event. One of the informal meetings co-occurs with Western Service Learning Days (WSLD).

#### Zonal Meetings

In-person  
once a year  
(4 days long)

Virtual  
twice a year  
(average length 2 hours)

Hybrid  
once a year  
(average length 2 hours)

Consensus-Based  
Decision Making  
(consensus is reached  
when 2/3 of the voting  
RDs are in favor of a  
proposal/topic.  
(9 out of 13 for full vote)

