MOUNTAINEER REGIONAL SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

PO Box 2381

Morgantown, WV-2381

Email: mountaineer.region.web@gmail.com

Helpline: 304-344-4442 800-766-4442

> MRSCNA Minutes January 6, 2024

OFFICERS:

Chair: Greg Y.

Vice Chair: Daniel M Secretary: Donna C

Treasurer: R.D. C.
Treasurer II: Brian A.
RSD/RD: Dana S.
RSD/RD Alt: Vacant

RSD/RD Alt: Vacant

SUBCOMMITTEE CHAIRS:

Convention: Cooper B. Literature: Inactive

PR: Krista W.
H&I: Daniel M

Finance: Brian A Phone Line: R.D. C. Web Servant: Kay M.

Web Servant II: Brooke P

REGIONAL COMMITTEE MEMBERS:

NCASCNA: Sheena G.

Alt:

AFASCNA: Garrett N.

Alt: NANA: Alt: Jess F.

METRO ASR: Krista W

Alt ASR: Liz F

MANA: Cooper B.

Alt:

GTO: Drew A.

Alt:

FANA: LeeLee C

Alt.

GMANA: Andy W

Alt:

CONTACT LISTS:

MRSCNA OFFICERS:

Chairperson

Greg Y. <u>gregfromniles@gmail.com</u> 304-989-1493

Vice Chairperson

Daniel M. Mcpherson21@hotmail.com 304-678-7706

Treasurer

RD C. Ronnie.dael@gmail.com 304-228-0704

Treasurer II

Brian A akersbrian79@gmail.com 304-920-9787

Secretary

Donna C. colemandonna 619@gmail.com 304-761-0611

RD

Dana S. Hepmejesus@gmail.com 321-446-0130

RDA

Vacant

SUBCOMMITTEE CHAIRS:

P & A Chair:

Daniel M. <u>Mcpherson21@hotmail.com</u> 304-678-7706

Finance Chair:

Brian A akersbrian79@gmail.com 304-920-9787

PR Chair

Krista W. <u>Kristalee4502@gmail.com</u> 304-906-3459

Convention Chair

Cooper B. Cpbenedict52@gmail.com 304-661-0507

Phone Line Chair

RD. C ronnie.dael@gmail.com 304-228-0704

H&I Chair

Daniel M <u>Mcpherson21@hotmail.com</u> 304-678-7706

Web Servant

Kay M. Krmit_1999@yahoo.com 304-661-3832

Web Servant II

Brooke P Bparker9094@gmail.com 304-995-9667

RCM AND RCM ALTS

Drew A.

304-661-0507

AFASCNA Alt.

Garrett N. garrett.nunn@gmail.com 740-350-0590

METROAlt.Krista W.Liz F.kristalee4502@gmail.combethfarr93@gmail.com

304-906-3459 304-575-2244

GTOASCNA Alt.

Adkinsandy105@gmail.com

MANA Alt.
Cooper B.
cpbenedict52@gmail.com

NANA Alt.

Jess F. shoaldancer@gmail.com 304-410-1370

NORTH CENTRAL WVASCNA Alt.

Shenna G. Sheshe0509@gmail.com 681-495-2331

FREEDOM AREA (FANA) Alt.

LeeLee C. swvfh.lee@gmail.com 304-860-5535

GMANA Alt.

Andy W.

Andwagon123@yahoo.com
304-481-4961

Those in attendance to the MRSCNA RSC meeting for 01-06-2024

- 1. Ama H
- 2. Robyn S
- 3. Rickina S
- 4. Brooke P Webservant II
- 5. Liz F PR Vice
- 6. Frank Z
- 7. Dwayne B Audio Chair
- 8. Barbara W
- 9. Tia M
- 10. Brittany O
- 11. Megan P
- 12. Shannon R
- 13. Garrett N RCM AFASCNA, Convention Merch Chair
- 14. Greg Y Chair / Convention Vice
- 15. Donna C RSC Secretary / Convention Registration Chair
- 16. RD C Treasurer 1 / Phoneline Chair
- 17. Jess F NANA RCM
- 18. Dana S RD
- 19. LeeLee C RCM FANA
- 20. Brian A Treasurer II
- 21. Shenna G. RCM-NCWVASCNA, Convention Secretary
- 22. Daniel M Vice Chair, H&I Chair, Convention Reg. Vice, P&A Chair
- 23. Cooper B. MANA RCM / Convention Chair

MRSCNA Minutes January 6, 2024

- Opened with Serenity Prayer
- Twelve Traditions read by Shenna G
- Twelve Concepts read by Daniel M
- Preamble read by Greg Y
- 6 of 7 RCM's and/or RCM ALTs in attendance

Introductions

September 2023 RSC minutes were read and accepted by the body.

<u>Treasurer Report:</u>

See Appendix

Old Business:

PROPOSAL#: 09-23-P4

MAKER: P & A

PROPOSAL: To add the option "Present, not voting" to our voting procedures.

INTENT: to allow areas to not vote without it being counted as a no.

RATIONALE: Simplification

RESULT: PASSED

Area Reports:

NANA:

The Never Alone Never Again area is saddened to report the No Weekends Off home group has closed after many years of service. However, our area has been fortunate enough to add two new home groups, one on Wednesday night and one on Friday night. We were able to hold ThanksGiving It Away for the first time since COVID! It was a smaller attendance than past years, but we were able to service about 150 addicts. We were happy to provide an atmosphere of recovery during the holidays and we're able to make enough to donate to the regional level. We continue to look for new ways to interact positively with the community and restart recovery after so many have not had stable recovery options in the past few years. We have \$500 donation and no needs from region at this time.

Grateful to serve, Jess F NANA RCM

NCWVASCNA:

Area: North Central WVASCNA

Our Area service has continued to grow. Our Holiday Celebration went well and brought over 40 addicts together. We do not currently have any future activities planned at this time.

H&I is still providing literature at PCU in Clarksburg, WV and holding meetings on Sundays via Zoom when attendees are present.

Donation: None at this time.

Home Groups: Our Area has 7 Home Groups.

We are grateful to be part of our region and hope to continue to grow!

Grateful to serve,

Shenna G.

GTO:

24 active homegoups and at last area added a new one

Donation of \$600 to region

H&I we have H.A.W.C. (Huntington addiction wellness center) River Park, St Mary's, and Pinecrest running smoothly

Celebrations 8th of February the Peace of Mind group has a 1 year celebration and the 16th of February the New Beginnings group has a 3 year celebration

We have an event "In Loving Service" Saturday 2-10-24 1-5 pm at 902 21st St Huntington WV

Grateful to serve Drew A

METRO:

FANA:

Freedom Area Report (FANA) for Region 01-06-23

- High On Life
- Other Home Group
- Primary Purpose
- Uptown Recovery
- Welcome Home
- Gratefully Dedicated
- Uphill Journey
- Addict to Addict

Area News:

December has a lot of celebrations and two of them were twenty-five and thirty-five years – wow!

The holiday dinner was a great success - about fifteen in attendance and several new people signed up for phone line service work.

No donation at this time.

Inspired by service! LeeLee

GMANA:

No report submitted

MANA:

The Mountain Area continues to have our area service meeting on the third Saturday of the month. We have three home groups and one unaffiliated group which we include on the meeting schedule. We have a meeting every day except Sunday. We continue to put out literature in about ten facilities in our area. We had a New Year's Eve party that was well attended, and we almost made it to midnight! We have a donation of \$475. In service, Cooper

AFASCNA:

AFASCNA Report 1/6/24 The Appalachian Foothills Area of Narcotics Anonymous has been doing well. We have 9 active home groups. Participation in the area has continued to increase with more people with willingness in regards to H&I. We recently had an H&I workshop. We had a Christmas function with a speaker that was well attended. We have active members putting on events. We have no needs and no donation at this time. Grateful to serve, Garrett N

Open Sharing

New Area Motions and Proposals:

None submitted

Subcommittee Reports:

PR UMBRELLA:

PR Report 1/6/24

We discussed our region attending the Social Work Conference in April. We need support from other NA members on those days. PR is currently working on getting our YouTube channel going and should be finished by the next region meeting. We also discussed the PR budget of \$1200 and not needing an increase. We also do not need literature for the Social Work Conference.

<u>Humble to Serve,</u> <u>PR Vice, Liz F</u>

Schedules-

Billboards -

PR mailing -

Phoneline

See Appendix,
Phoneline Report

H & I:

We received a shipment of Basic Texts from the East Coast Convention. I have gotten contact information and will be delivering them to the WV Department of Corrections in the next 2 weeks.

Grateful to Serve Daniel M

Web Page:

Web Servant Report January 6 2024

Over the past quarter Webs Servant 1 continued primary maintenance on the website, and Webservant 2 has worked with Kay M for training and help learning operations. We kept the web page up to date, added events and flyers, added the minutes from last RSC, and made necessary updates to the BMLT.

Web Servant Position: Kay M and I have worked together since I was elected to Web Servant 2 in October to get me trained and managing the website. As of end of December I am able to do most everything on my own, with Kay offering support when needed.

Coordinating with Phone Line: The Phone Line Chair and Richard S along with Kay M and myself met 12/7 to discuss progress. Your Phone Line Chair has logged on to the Yap and become familiar with it. I believe we are still working to find volunteers to transfer numbers over, I would be available to help with this at any time.

Events: Waiting on Spring Convention flyer?

If you want your event on the web page event calendar, just send the information or the flyer to the web servant email. mountaineer.region.web@gmail.com

Venmo account: Be sure to list your group or area in the comments when making donations to region.

GoDaddy: payment automatically renewed for webhosting on 12/31/23, for \$128.27

ASRs/RCMs please make sure the following two items are completed:

- 1. PLEASE check your area's meeting schedule frequently, and let your Web Servant know of any changes. It is really easy to pull out your area's meetings:
 - a. just bring up the web page, scroll down to the meeting list and click on the area tab; choose your area, and voila! There are your meetings.

- 2. Also, PLEASE, look at the printed schedule on the web page. Depending on your device, the method may vary a bit. But, from the home page, click on Meetings and then Print List
 - a. The Web Servant always wants to make sure that all the information is showing up on the printed version of the schedule.
 - b. Zoom information and in person meetings will all fit if it is in the right place on the BMLT. The Web Servant needs to know if your information is not correct on the printed version.

As always, please remember to send your requests for the web servants to the mountaineer.region.web@gmail.com email address.

Truly grateful to serve, Brooke P Web Servant 2

Nominations for elections:

CONVENTION:

Regional Convention Committee Report 01/06/2024

Convention Report:

- Although attendance was down, the Fall 2023 Convention went well except for a few
 issues that are being resolved. The state of the meals offered by Cedar Lakes were
 discussed and found that we can make requests for meals in the future. Those requests
 can potentially increase the costs but must be made before the previous convention.
 We can take meal suggestions in April 2024 for the Fall 2024 convention.
- The plumbing issue from the Fall 2023 convention was due to a lighter being flushed so the request to only flush toilet paper will be added to the announcements at the Spring 2024 convention.
- Due to better costs and efficiency, merchandise will be moved from Jackson Hall to one of the classrooms in the Assembly Hall for the Spring 2024 convention.
- Change of vendor for merchandise was discussed and voted on to reduce complications in the future. The merchandise chair will choose the new vendor moving forward.
- Expenses continue to climb for the convention and region as a whole. This has been a consistent concern. Solutions will be discussed in the next meeting at the March 2nd, 2024, committee meeting to help alleviate costs or help increase income requirements.
- Spring 2024 Convention:

- o Art and speaker resumes were reviewed and chosen for the Spring 2024 "Living Clean" convention.
- o Topic meetings were then discussed for the Spring 2024 convention and will be taken from the "Living Clean" book. An "LGBTQ+: Looking Past Our Differences," "Greif in Recovery," and H&I discussion meeting will also be added.

Fall 2024 Convention:

- Fall 2024 slogans were reviewed and discussed. The "We Go All the Way" submission from page 37, Step 7 was chosen. Artwork and speaker resumes for the Fall 2024 convention will need to be submitted by the July 2024 committee meeting.
- Position nominations will begin at the April 2024 committee meeting. Anyone interested is encouraged to submit a resume and attend.

Fall 2023 Merchandise Report

Hi Friends, It wouldn't be a convention if it didn't start with something weird happening. When I arrived at Cedar Lakes on the Friday of the convention, I went to Jackson Hall and it was occupied. I asked the front desk why it was occupied and they didn't really have an answer but all was well as it became unoccupied sooner than expected. Overall, it was a smaller convention with a lot of merchandise. I may have miscalculated and ordered too much as there is a lot of remaining inventory. We had a lot of remaining inventory from the Spring that was printed for the Fall and I don't think I took into account the quantity that remained from the Spring. We continued with another addict printing all of the merchandise for us rather than going through a company to do it. Since we do not have any remaining unprinted inventory, it is possible that we go back to the way we did it before. I still believe that way was easier for all parties involved. As always, we had more than one person helping with merchandise which is always nice. It takes a village. I still am not sure if there is a merchandise co-chair for the upcoming convention. One thing that should be talked about is pricing. More than at any other convention, people commented on the price of things. We strayed from policy for pricing due to the cost we paid having Tish order the merchandise, but going forward I think we need to stick to the policy.

Costs:

Stickers: \$171.60

Merchandise/Shirts: \$4278.03

Mugs: \$1261.00 Total cost: \$5710.63

Total Gross Sales: \$11,129.00

Total pieces of merchandise sold: 537

Total pieces of merchandise remaining: 248

Remaining merchandise breakdown:

Spring 23 Merchandise:

- 35 mugs
- 2 crewneck sweatshirts

- 5 tank tops
- 13 t-shirts

Fall 23 MRSCNA Convention Registration Report

All went well on our end for registration, with help from our friends. We had lots of helpers and are extremely grateful for them. We didn't have as many registrations as usual. We have noticed that there are still quite a few not registering.

There seemed to be confusion with other vendors set up, selling stuff in the assembly hall right next to the registration table.

We are unable to get an extra card reader. They have enabled tap to pay software.

We had a total of 431 registrations. Breakdown of the registrations:

104 - FREE

14 - \$10.00 each

5 - \$15.00 each

14 - \$20.00 each

294 - \$30.00 each

Total registration costs (which was reimbursed on January 7, 2024):

\$85.60 - printing name badges

\$ 26.88 - candy for registration table

\$152.25 - books for cleantime countdown

\$329.42 - lanyards

\$180.00 - printing 600 programs

\$774.15 – Total Registration expenses

Grateful to serve.

Donna C.

Convention Subcommittee Election Nominations:

Chair:

Vice:

Merch Chair:

Merch Vice:

Rea Chair:

Reg Vice:

Refresh Chair:

Refresh Vice:

Audio Chair:

Audio 1:

Audio 2:

Secretary:

RD Report:

No Report

RDA Report:

No Report Submitted

P&A:

Per the proposal that passed at last region we will be adding the phrase "7. Proposals, other than those tabled to go back to Area by their author Areas RCM, can only be tabled by the consensus process." at the end of Section IV, subsection B in our policy.

New proposal 1-6P3 passed to suspend policy to focus on our budget, identifying problems, and finding solutions instead of our scheduled inventory on March 2nd.

In loving service Daniel M

FINANCE:

See Appendix:
Finance Template

Treasurer's Report

See Appendix:

Treasurer Report

YTD report

Finance Subcommittee Report

See Appendix:

Finance Template

New Business:

PROPOSAL#: 01-24-P1 MAKER: Convention

PROPOSAL: Convention budget of \$15,550.00; merchandise - \$6,500, registration - \$800.00, Refreshments - \$750.00, Newcomer packets - \$2,500.00, Cedar Lakes -

\$5000.00

INTENT: To have the convention **RATIONALE:** To carry the message

RESULT: PASSED

PROPOSAL#: 01-24-P2

MAKER: Finance

PROPOSAL: Suspend billboards after this quarter

INTENT: Save money

RATIONALE: Financial stability

RESULT: PASSED

PROPOSAL#: 01-24-P3

MAKER: P&A

PROPOSAL: To suspend policy for inventory meeting in March

INTENT: To focus on financial solutions

RATIONALE: To further carry our message; we need to look at where we are in

order to look at where we are going.

RESULT: PASSED

RSC Election Nominations:

Chair:

Vice Chair: Secretary: Treasurer I: Treasurer 2:

RD: RD Alt.:

NAWS DONATION: \$0

NEXT REGIONAL SERVICE:

03/02/2024

Topic: Greg Y. R.S.C. Chair's Zoom Meeting

Time: Mar 2, 2024 12:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/9151764919?omn=83611750544

Meeting ID: 915 176 4919

REGIONAL SERVICE:

March 2024 RSC Order of the Day 03/2/2024

Opening at 12:00 p.m.
Finance Inventory
Problems and solutions with our finances

We will adjourn by 6:30 pm and reconvene at 9:00 am on Sunday 03/03/2024, if necessary

MOUNTAINEER REGIONAL SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

PO Box 2381

Morgantown, WV-2381

Email: mountaineer.region.web@gmail.com

Helpline: 304-344-4442

800-766-4442

MRSCNA Minutes January 6, 2024

OFFICERS:

Chair: Greg Y.

Vice Chair: Daniel M Secretary: Donna C Treasurer: R.D. C. Treasurer II: Brian A. RSD/RD: Dana S. RSD/RD Alt: Vacant

SUBCOMMITTEE CHAIRS:

Convention: Cooper B. Literature: Inactive

PR: Krista W. H&I: Daniel M Finance: Brian A Phone Line: R.D. C.

Web Servant: Kay M. Web Servant II: Brooke P

REGIONAL COMMITTEE MEMBERS:

NCASCNA: Sheena G.

Alt:

AFASCNA: Garrett N.

Alt: NANA:

Alt: Jess F.

METRO ASR: Krista W

Alt ASR: Liz F

MANA: Cooper B.

Alt:

GTO: Drew A.

Alt:

FANA: LeeLee C

Alt.

GMANA: Andy W

Alt:

CONTACT LISTS:

MRSCNA OFFICERS:

Chairperson

Greg Y. gregfromniles@gmail.com 304-989-1493

Vice Chairperson

Daniel M. <u>Mcpherson21@hotmail.com</u> 304-678-7706

Treasurer

RD C. Ronnie.dael@gmail.com 304-228-0704

Treasurer II

Brian A akersbrian79@gmail.com 304-920-9787

Secretary

Donna C. colemandonna619@gmail.com 304-761-0611

RD

Dana S. Hepmejesus@gmail.com 321-446-0130

RDA

Vacant

SUBCOMMITTEE CHAIRS:

P & A Chair:

Daniel M. <u>Mcpherson21@hotmail.com</u> 304-678-7706

Finance Chair:

Brian A akersbrian79@gmail.com 304-920-9787

PR Chair

Krista W. <u>Kristalee4502@gmail.com</u> 304-906-3459

Convention Chair

Cooper B.

<u>Cpbenedict52@gmail.com</u>
304-661-0507

Phone Line Chair

RD. C ronnie.dael@gmail.com 304-228-0704

H&I Chair

Daniel M <u>Mcpherson21@hotmail.com</u> 304-678-7706

Web Servant

Kay M. Krmit_1999@yahoo.com 304-661-3832

Web Servant II

Brooke P Bparker9094@gmail.com 304-995-9667

RCM AND RCM ALTS

Andy W.

304-481-4961

Andwagon123@yahoo.com

Alt. **AFASCNA** Garrett N. garrett.nunn@gmail.com 740-350-0590 Alt. METRO Krista W. Liz F. bethfarr93@gmail.com kristalee4502@gmail.com 304-575-2244 304-906-3459 Alt. **GTOASCNA** Drew A. Adkinsandy105@gmail.com Alt. MANA Cooper B. cpbenedict52@gmail.com 304-661-0507 Alt. NANA Jess F. shoaldancer@gmail.com 304-410-1370 Alt. NORTH CENTRAL WVASCNA Shenna G. Sheshe0509@gmail.com 681-495-2331 FREEDOM AREA (FANA) Alt. LeeLee C. swvfh.lee@gmail.com 304-860-5535 **GMANA** Alt.

Those in attendance to the MRSCNA RSC meeting for 01-06-2024

- 1. Ama H
- 2. Robyn S
- 3. Rickina S
- 4. Brooke P Webservant II
- 5. Liz F PR Vice
- 6. Frank Z
- 7. Dwayne B Audio Chair
- 8. Barbara W
- 9. Tia M
- 10. Brittany O
- 11. Megan P
- 12. Shannon R
- 13. Garrett N RCM AFASCNA, Convention Merch Chair
- 14. Greg Y Chair / Convention Vice
- 15. Donna C RSC Secretary / Convention Registration Chair
- 16. RD C Treasurer 1 / Phoneline Chair
- 17. Jess F NANA RCM
- 18. Dana S RD
- 19. LeeLee C RCM FANA
- 20. Brian A Treasurer II
- 21. Shenna G. RCM-NCWVASCNA, Convention Secretary
- 22. Daniel M Vice Chair, H&I Chair, Convention Reg. Vice, P&A Chair
- 23. Cooper B. MANA RCM / Convention Chair

MRSCNA Minutes January 6, 2024

- Opened with Serenity Prayer
- Twelve Traditions read by Shenna G
- Twelve Concepts read by Daniel M
- Preamble read by Greg Y
- 6 of 7 RCM's and/or RCM ALTs in attendance

Introductions

September 2023 RSC minutes were read and accepted by the body.

Treasurer Report:

See Appendix

Old Business:

PROPOSAL#: 09-23-P4

MAKER: P & A

PROPOSAL: To add the option "Present, not voting" to our voting procedures.

INTENT: to allow areas to not vote without it being counted as a no.

RATIONALE: Simplification

RESULT: PASSED

Area Reports:

NANA:

The Never Alone Never Again area is saddened to report the No Weekends Off home group has closed after many years of service. However, our area has been fortunate enough to add two new home groups, one on Wednesday night and one on Friday night. We were able to hold ThanksGiving It Away for the first time since COVID! It was a smaller attendance than past years, but we were able to service about 150 addicts. We were happy to provide an atmosphere of recovery during the holidays and we're able to make enough to donate to the regional level. We continue to look for new ways to interact positively with the community and restart recovery after so many have not had stable recovery options in the past few years. We have \$500 donation and no needs from region at this time.

Grateful to serve, Jess F NANA RCM

NCWVASCNA:

Area: North Central WVASCNA

Our Area service has continued to grow. Our Holiday Celebration went well and brought over 40 addicts together. We do not currently have any future activities planned at this time.

H&I is still providing literature at PCU in Clarksburg, WV and holding meetings on Sundays via Zoom when attendees are present.

Donation: None at this time.

Home Groups: Our Area has 7 Home Groups.

We are grateful to be part of our region and hope to continue to grow!

Grateful to serve,

Shenna G.

GTO:

24 active homegoups and at last area added a new one

Donation of \$600 to region

H&I we have H.A.W.C. (Huntington addiction wellness center) River Park, St Mary's, and Pinecrest running smoothly

Celebrations 8th of February the Peace of Mind group has a 1 year celebration and the 16th of February the New Beginnings group has a 3 year celebration

We have an event "In Loving Service" Saturday 2-10-24 1-5 pm at 902 21st St Huntington WV

Grateful to serve Drew A

METRO:

FANA:

Freedom Area Report (FANA) for Region 01-06-23

- High On Life
- Other Home Group
- Primary Purpose
- Uptown Recovery
- Welcome Home
- Gratefully Dedicated
- Uphill Journey
- Addict to Addict

Area News:

December has a lot of celebrations and two of them were twenty-five and thirty-five years – wow!

The holiday dinner was a great success - about fifteen in attendance and several new people signed up for phone line service work.

No donation at this time.

Inspired by service! LeeLee

GMANA:

No report submitted

MANA:

The Mountain Area continues to have our area service meeting on the third Saturday of the month. We have three home groups and one unaffiliated group which we include on the meeting schedule. We have a meeting every day except Sunday. We continue to put out literature in about ten facilities in our area. We had a New Year's Eve party that was well attended, and we almost made it to midnight! We have a donation of \$475. In service, Cooper

AFASCNA:

AFASCNA Report 1/6/24 The Appalachian Foothills Area of Narcotics Anonymous has been doing well. We have 9 active home groups. Participation in the area has continued to increase with more people with willingness in regards to H&I. We recently had an H&I workshop. We had a Christmas function with a speaker that was well attended. We have active members putting on events. We have no needs and no donation at this time. Grateful to serve, Garrett N

Open Sharing

New Area Motions and Proposals:

None submitted

Subcommittee Reports:

PR UMBRELLA:

PR Report 1/6/24

We discussed our region attending the Social Work Conference in April. We need support from other NA members on those days. PR is currently working on getting our YouTube channel going and should be finished by the next region meeting. We also discussed the PR budget of \$1200 and not needing an increase. We also do not need literature for the Social Work Conference.

<u>Humble to Serve,</u> PR Vice, Liz F

Schedules-

Billboards -

PR mailing -

Phoneline

See Appendix, Phoneline Report

H & I:

We received a shipment of Basic Texts from the East Coast Convention. I have gotten contact information and will be delivering them to the WV Department of Corrections in the next 2 weeks.

Grateful to Serve Daniel M

Web Page:

Web Servant Report January 6 2024

Over the past quarter Webs Servant 1 continued primary maintenance on the website, and Webservant 2 has worked with Kay M for training and help learning operations. We kept the web page up to date, added events and flyers, added the minutes from last RSC, and made necessary updates to the BMLT.

Web Servant Position: Kay M and I have worked together since I was elected to Web Servant 2 in October to get me trained and managing the website. As of end of December I am able to do most everything on my own, with Kay offering support when needed.

Coordinating with Phone Line: The Phone Line Chair and Richard S along with Kay M and myself met 12/7 to discuss progress. Your Phone Line Chair has logged on to the Yap and become familiar with it. I believe we are still working to find volunteers to transfer numbers over, I would be available to help with this at any time.

Events: Waiting on Spring Convention flyer? If you want your event on the web page event calendar, just send the information or the flyer to the web servant email. mountaineer.region.web@gmail.com

Venmo account: Be sure to list your group or area in the comments when making donations to region.

GoDaddy: payment automatically renewed for webhosting on 12/31/23, for \$128.27

ASRs/RCMs please make sure the following two items are completed:

- 1. PLEASE check your area's meeting schedule frequently, and let your Web Servant know of any changes. It is really easy to pull out your area's meetings:
 - a. just bring up the web page, scroll down to the meeting list and click on the area tab; choose your area, and voila! There are your meetings.

- 2. Also, PLEASE, look at the printed schedule on the web page. Depending on your device, the method may vary a bit. But, from the home page, click on Meetings and then Print List
 - a. The Web Servant always wants to make sure that all the information is showing up on the printed version of the schedule.
 - b. Zoom information and in person meetings will all fit if it is in the right place on the BMLT. The Web Servant needs to know if your information is not correct on the printed version.

As always, please remember to send your requests for the web servants to the mountaineer.region.web@gmail.com email address.

Truly grateful to serve, Brooke P Web Servant 2

Nominations for elections:

CONVENTION:

Regional Convention Committee Report 01/06/2024

Convention Report:

- Although attendance was down, the Fall 2023 Convention went well except for a few issues that are being resolved. The state of the meals offered by Cedar Lakes were discussed and found that we can make requests for meals in the future. Those requests can potentially increase the costs but must be made before the previous convention. We can take meal suggestions in April 2024 for the Fall 2024 convention.
- The plumbing issue from the Fall 2023 convention was due to a lighter being flushed so the request to only flush toilet paper will be added to the announcements at the Spring 2024 convention.
- Due to better costs and efficiency, merchandise will be moved from Jackson Hall to one of the classrooms in the Assembly Hall for the Spring 2024 convention.
- Change of vendor for merchandise was discussed and voted on to reduce complications in the future. The merchandise chair will choose the new vendor moving forward.
- Expenses continue to climb for the convention and region as a whole. This has been a consistent concern. Solutions will be discussed in the next meeting at the March 2nd, 2024, committee meeting to help alleviate costs or help increase income requirements.
- Spring 2024 Convention:

- Art and speaker resumes were reviewed and chosen for the Spring 2024
 "Living Clean" convention.
- Topic meetings were then discussed for the Spring 2024 convention and will be taken from the "Living Clean" book. An "LGBTQ+: Looking Past Our Differences," "Greif in Recovery," and H&I discussion meeting will also be added.

• Fall 2024 Convention:

- o Fall 2024 slogans were reviewed and discussed. The "We Go All the Way" submission from page 37, Step 7 was chosen. Artwork and speaker resumes for the Fall 2024 convention will need to be submitted by the July 2024 committee meeting.
- Position nominations will begin at the April 2024 committee meeting. Anyone interested is encouraged to submit a resume and attend.

Fall 2023 Merchandise Report

Hi Friends, It wouldn't be a convention if it didn't start with something weird happening. When I arrived at Cedar Lakes on the Friday of the convention, I went to Jackson Hall and it was occupied. I asked the front desk why it was occupied and they didn't really have an answer but all was well as it became unoccupied sooner than expected. Overall, it was a smaller convention with a lot of merchandise. I may have miscalculated and ordered too much as there is a lot of remaining inventory. We had a lot of remaining inventory from the Spring that was printed for the Fall and I don't think I took into account the quantity that remained from the Spring. We continued with another addict printing all of the merchandise for us rather than going through a company to do it. Since we do not have any remaining unprinted inventory, it is possible that we go back to the way we did it before. I still believe that way was easier for all parties involved. As always, we had more than one person helping with merchandise which is always nice. It takes a village. I still am not sure if there is a merchandise co-chair for the upcoming convention. One thing that should be talked about is pricing. More than at any other convention, people commented on the price of things. We strayed from policy for pricing due to the cost we paid having Tish order the merchandise, but going forward I think we need to stick to the policy.

Costs:

Stickers: \$171.60

Merchandise/Shirts: \$4278.03

Mugs: \$1261.00 Total cost: \$5710.63

Total Gross Sales: \$11,129.00

Total pieces of merchandise sold: 537

Total pieces of merchandise remaining: 248

Remaining merchandise breakdown:

Spring 23 Merchandise:

- 35 mugs
- 2 crewneck sweatshirts

- 5 tank tops
- 13 t-shirts

Fall 23 MRSCNA Convention Registration Report

All went well on our end for registration, with help from our friends. We had lots of helpers and are extremely grateful for them. We didn't have as many registrations as usual. We have noticed that there are still quite a few not registering.

There seemed to be confusion with other vendors set up, selling stuff in the assembly hall right next to the registration table.

We are unable to get an extra card reader. They have enabled tap to pay software.

We had a total of 431 registrations. Breakdown of the registrations:

104 - FREE

14 - \$10.00 each

5 - \$15.00 each

14 - \$20.00 each

294 - \$30.00 each

Total registration costs (which was reimbursed on January 7, 2024):

\$85.60 - printing name badges

\$ 26.88 - candy for registration table

\$152.25 - books for cleantime countdown

\$329.42 - lanyards

\$180.00 - printing 600 programs

\$774.15 – Total Registration expenses

Grateful to serve,

Donna C.

Convention Subcommittee Election Nominations:

Chair:

Vice:

Merch Chair:

Merch Vice:

Reg Chair:

Reg Vice:

Refresh Chair:

Refresh Vice:

Audio Chair:

Audio 1:

Audio 2:

Secretary:

RD Report:

No Report

RDA Report:

No Report Submitted

P&A:

Per the proposal that passed at last region we will be adding the phrase "7. Proposals, other than those tabled to go back to Area by their author Areas RCM, can only be tabled by the consensus process." at the end of Section IV, subsection B in our policy.

New proposal 1-6P3 passed to suspend policy to focus on our budget, identifying problems, and finding solutions instead of our scheduled inventory on March 2nd.

In loving service Daniel M

FINANCE:

See Appendix:

Finance Template

Treasurer's Report

See Appendix:

Treasurer Report

YTD report

Finance Subcommittee Report

See Appendix:

Finance Template

New Business:

PROPOSAL#: 01-24-P1 MAKER: Convention

PROPOSAL: Convention budget of \$15,550.00; merchandise - \$6,500, registration - \$800.00, Refreshments - \$750.00, Newcomer packets - \$2,500.00, Cedar Lakes -

\$5000.00

INTENT: To have the convention **RATIONALE:** To carry the message

RESULT: PASSED

PROPOSAL#: 01-24-P2

MAKER: Finance

PROPOSAL: Suspend billboards after this quarter

INTENT: Save money

RATIONALE: Financial stability

RESULT: PASSED

PROPOSAL#: 01-24-P3

MAKER: P&A

PROPOSAL: To suspend policy for inventory meeting in March

INTENT: To focus on financial solutions

RATIONALE: To further carry our message; we need to look at where we are in

order to look at where we are going.

RESULT: PASSED

RSC Election Nominations:

Chair:

Vice Chair: Secretary: Treasurer I: Treasurer 2:

RD: RD Alt.:

NAWS DONATION: \$0

NEXT REGIONAL SERVICE:

03/02/2024

Topic: Greg Y. R.S.C. Chair's Zoom Meeting

Time: Mar 2, 2024 12:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/9151764919?omn=83611750544

Meeting ID: 915 176 4919

REGIONAL SERVICE:

March 2024 RSC Order of the Day 03/2/2024

Opening at 12:00 p.m.
Finance Inventory
Problems and solutions with our finances

We will adjourn by 6:30 pm and reconvene at 9:00 am on Sunday 03/03/2024, if necessary



Workshops

A phoneline workshop was held at the FANA Holiday Dinner at St. Stephen's Episcopal Church in Beckley on December 16. There were 11 members in attendance and 5 members signed up for multiple shifts and 5 more are going to sign up when they have the nine-month requirement.

YAP Progress

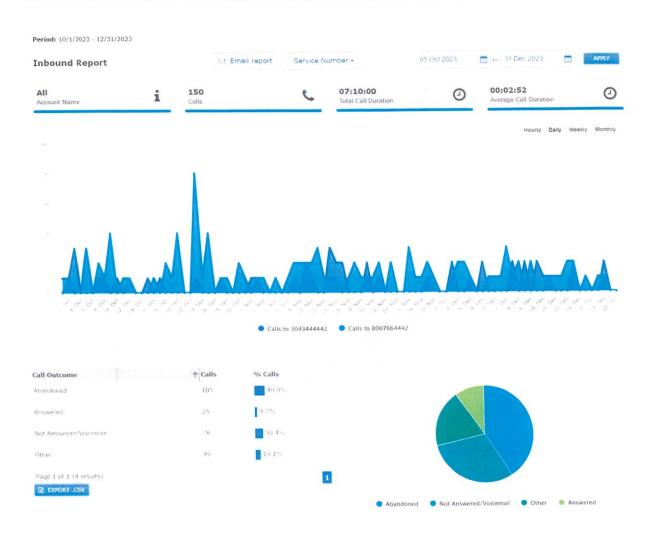
I believe the new phoneline will be up and running within the next 30 days. We've had some technical problems and non-movement due to confusion on certain issues.

Call Data

There were 150 calls to the Helpline from October 1 to December 31, 2023. Of these calls 105 were abandoned (caller hung up), 25 were answered, and 20 went to voicemail and were called back.

One box also compiles call outcomes, so for those 150 calls there were 257 outcomes (or 107 outcomes not directly involving a caller); these included 58 not answered and 49 answered, but call already taken by another member (called other in the data).

	CALLS	OUTCOMES	ABAND	ANSWER	VM	NOT ANS	OTHER
OCT 2023	52	87	38	7	7	24	11
NOV 2023	52	92	36	7	9	26	14
DEC 2023	46	78	31	11	4	8	24
TOTAL	150	257	105	25	20	58	49



Finance Subcomittee Template

1/7/2024	
Balance Carried over from Treasurer's Report	20,182.37
Projected Quarterly Expenses	1,000.00
Available Funds	19,182.37
Donations/Reimbursements	
New Available Funds	19,182.37
Funds already approved	
Social Worker's Conference	635.00
Lamar billboards for 3 cycles	2,625.00
PR Budget	1,200.00
	4,460.00
Newer Available Funds	14,722.37
Proposed Spending. (Money motions)	
Convention budget	15,550.00
	15,550.00
Remaining Available Funds	-827.63
Total expenses	21,010.00

Left funds

-827.63

For Discussion

Treasurer's Report 2nd Quarter 2023.2024 October 1, 2023-January 6, 2024

Beginning Balance INCOME Donations	13,436.99	
Mountain Area NA	300.00	5-Jan
No Reservations Homegroup	12.50	5-Jan
Total Donations	312.50	
Reimbursements		
Metro (Insurance)	70.00	6-Jan
Total Reimbursements	70.00	
Convention		
Pay Anywhere	486.64	30-Oct
CONV Deposit	3,545.50	30-Oct
Pay Anywhere	3,727.57	30-Oct
Pay Anywhere	5,314.93	30-Oct
CONV Deposit	8,043.00	30-Oct
CONV Deposit	40.00	31-Oct
CONV Deposit Venmo Deposit (Registration)	194.00 190.00	8-Nov 5-Jan
Total Convention	21,541.64	2-1411
TOTAL INCOME	21,924.14	
TOTAL INCOME	24,327.17	
EXPENDITURES		
Administrative		
Zoom	17.11	23-Oct
Service Charge	4.00	23-Oct
Assured Partners (Insurance)	2,904.26	24-Oct
Service Charge	4.00	21-Nov
Zoom	17.11	22-Nov
Service Charge	4.00	21-Dec
Zoom	17.11	22-Dec

Total Administrative 2,967.59

,					deal relia income expenses
-10,924.05			6.245.38	-17.169.43	guarterly Income - Fynenses
33,598.19			15,678.76	17,919.43	TOTAL EXPENSES
5,000.00			0	5,000.00	NAWS Donation
0.00			0.00	0.00	RD
6,5/4./4			3,394.67	3,180.07	PR
18,992.53				9,676.03	Convention
3,030.92				63.33	Administrative
)					EXPENSES
22,674.14			21,924.14	750.00	TOTAL INCOME
21,541.64				0.00	Convention
70.00				0.00	Reimbursements
1,062.50			312.50	750.00	Donations
					INCOME
2023.2024			Oct 1 - Jan 6, 2024	July 8 - Sept 29, 2023 Oct 1 - Jan 6, 2024	
Year to Date	4th quarter	3rd quarter	2nd quarter	1st quarter	The state of the s